

Brain Science: How brains are built and the impact of trauma

Discussion Prompts: *(choose 1)*

- Each share a highlight from the resources reviewed.
- Compare the resources, how are they similar? Different?
- What does this resource tell us about school readiness from a child, class, school, district or state lens?
- When viewed through the lens of a child living through the pandemic in your community, how might this guide future action?

Articles and Media:

- [Experiences Build Brain Architecture](#) (1:56 video)
- InBrief: Science of child development
 - [Video](#) (3:57)
 - [Article](#)
- [InBrief: The Impact of Early Adversity on Children's Development](#) (article)
- [Play as a stress reducer and trauma intervention](#) (specifically, minutes 5:40-8:00, video)

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