

ATTENTION INCOMING Grade 9 STUDENTS!



What better way to learn about your new school and make new friends than to join the Bay Path Football Team?

We are looking for a few athletes who exhibit a positive attitude and are willing to make a season long commitment. A strong desire and willingness to succeed are more important than size, experience, and game knowledge.



Come out and be part of the team.

Questions?

Email Coach:

cgiampa@baypath.net

Coach Giampa

1. Please do some conditioning during the summer. It is your responsibility to report to practice in good shape. There is a weight training/conditioning program offered during the summer in the school gym, on Tuesday and Thursday mornings beginning June 24th from 6:30am to 7:30am, to help prepare you for the season. For workout gear, you should bring a shirt, shorts, sneakers, water, towel, etc.
2. Our football team will attend the Blackstone Football Clinic in Auburn during the week of August 11th (Monday(11th)-Wednesday(13th)), 5:00 to 7:30 P.M. The cost is \$100, and you are welcome to attend. Equipment will be provided by us the week of Aug 5th.
3. A Physical from your family physician is needed to participate in the summer weight training/conditioning program (6/24/23), Football Camp (8/12/23), and practice on August 15th. All sign ups and forms can be submitted through FamilyID.
4. Practice begins August 15th, 8:30 -11:00 a.m. at the school.
 - a. Please report to all practice sessions at least 30 minutes before the scheduled time.
 - b. Equipment will be issued August 8th for Freshmen after lifting. Or for camps as needed.
 - c. A schedule of pre-season practice will be handed out at this time.



d. Car-pooling may be an option.

5. If you have any questions, please email me at cgiampa@baypath.net

GO BAY PATH!