

Resources for Parents of Gifted & Talented Students -- Anxiety

Most of the following articles discuss how and why gifted students experience anxiety.

This article discusses anxiety and gifted children. There are multiple resources toward the bottom.

<https://www.davidsongifted.org/gifted-blog/anxiety-and-gifted-children/>

This article from Davidson Gifted discusses some ways parents can help with gifted students' anxiety.

<https://www.davidsongifted.org/search-database/entry/a10750>

This article discusses the problem of GT anxiety and gives some resources at the bottom.

<https://www.byrdseed.com/high-anxiety/>

This article is part 2 of a two-part series. This part lists some strategies.

<https://rainforestmind.wordpress.com/2018/08/29/a-gifted-kids-anxiety-and-perfectionism/>