

## **Teen PEP Program Objectives**

Teen PEP is a peer education program that equips students with the knowledge and skills to make healthy decisions and have healthy relationships

To achieve this objective, Teen PEP develops the leadership skills of high school juniors and/or seniors so that they can effectively provide outreach to 9th graders. Both peer educators and 9th graders benefit as a result.

Some of the skills and attitudes that peer educators will develop through Teen PEP include:

- Knowing accurate sexual health information
- Improving decision-making skills
- Exploring their attitudes and values about sex and sexuality (both independently and with family and other relationships)
- Increasing communication about sexual health issues with parents/guardian, friends, and partners
- Facilitating inclusive and engaging group discussions
- Developing an appreciation for differences among peers
- Learning how to collaborate effectively
- Becoming positive role models for peers
- Understanding a wide variety of leadership styles