



Presenter: Francesca Clarke

Session & Time: Oral VI

Room/Time: GUZ 201 / 4:20-4:40

Discipline: Applied Sport and Performance Psychology

Faculty Mentor: Tanner Biwer

Digital Portfolio URL:

Title: Philosophy of Practice of Frankie Clarke

Abstract:

This philosophy of practice outlines a budding framework for myself that Iâ€™ve developed over the past two years in the Master's program of Applied Sport and Performance Psychology at Dominican University of California. In outlining my personal values and experiences, I hope to shed some light on myself and thus illuminate why these theoretical frameworks speak to me as an aspiring practitioner. This presentation will cover three topics: Relational Cultural Theoryâ€™s place in sport psychology, mixing psychodynamic approaches with mental skills, and how I want to move ethically forward in this field. In discussing these frameworks, I will also discuss how these theoretical approaches have roots in greater society, portraying the true meaning of â€œsports is just an echo chamber of greater societyâ€ . My main driver for this presentation is to not only share my perspective and hopes as a future practitioner, but also elicit feedback

and start conversations surrounding a practitioner's role in exploring a person's relationships with others and their history. By the end of this presentation, I believe that the audience will have an understanding of my big wishes for the field of sport psychology and where I desire to grow.

Keywords: Values, Theoretical Framework, Goals, Role, Sport Psychology