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Insert title

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Abstract. You should leave 8 mm of space above the abstract and 10 mm after the abstract. The heading Abstract should be typed in bold 9-point Arial. The body of the abstract should be typed in normal 9-point Times in a single paragraph, immediately following the heading. The text should be set to 1 line spacing. The abstract should be centred across the page, indented 17 mm from the left and right page margins and justified. It should not normally exceed 200 words.

Keywords: *Research Paper, Keyword Selection, Academic Writing, SEO*

1 Page layout/Introduction

Use 170 x 250 mm paper size (W x H mm) and adjust the margins to those shown in the Table 1. The final printed area will be 130 x 210 mm. Do not add any page numbers.

Table 1. Setting Word's margins.

Margin	**mm**
Top	24
Bottom	16
Left	20
Right	20

1.1 Formatting the title, authors and affiliations

1.1.1 Formatting the title

The title is set in bold 16-point Arial, justified. The first letter of the title should be capitalised with the rest in lower case. You should leave 22 mm of space above the title and 6 mm after the title.

1.1.2 Formatting author names and author affiliations

The style for the names is First Names, typed in italic 10-point Times, then Last Name, typed in 10-point Times, with a comma after all except the last author, which is separated by comma + "and". Do not use academic titles.

Affiliations of authors should be typed in 9-point Times. They should be preceded by a numerical superscript corresponding to the same superscript after the name of the author concerned. Please **ensure that affiliations are as full and complete as possible and include the country.**

1.2 Formatting the text

The text of your paper should be formatted as follows:
- 10-point Times, Times Roman or Times New Roman (TNR).
- The text should be set to single line spacing.
- Paragraphs should be justified.
- The first paragraph after a section or subsection should not be indented; subsequent paragraphs should be indented by 5 mm.

The use of sections to divide the text of the paper is optional and left as a decision for the author. Where the author wishes to divide the paper into sections the formatting shown in Table 2 should be used.

Table 2. Formatting sections, subsections and subsubsections.

	Font	Spacing	numbering

Section	12-point **TNR bold**	6 mm before 3 mm after	1, 2, 3, etc.
subsection	10-point **TNR bold**	6 mm before 3 mm after	1.1, 1.2, 1.3, etc.
subsubsection	10-point *TNR Italic*	6 mm before 3 mm after	1.1.1, 1.1.2, 1.1.3, etc.

2 Figures and tables/ Methods

Figures and tables, as originals of good quality and well contrasted, are to be in their final form, ready for reproduction, pasted in the appropriate place in the text. Try to ensure that the size of the text in your figures is approximately the same size as the main text (10 point). Try to ensure that lines are no thinner than 0.25 point.

2.1 Captions/numbering

Captions should be typed in 9-point Times. They should be centred above the tables and flush left beneath the figures.

2.2 Positioning

Place the figure as close as possible after the point where it is first referenced in the text. If there is a large number of figures and tables, it might be necessary to place some before their text citation.



Fig. 1. Caption of the Figure 1. Below the figure.

2.3 Colour illustrations

You are free to use colour illustrations for the online version of the proceedings, but any print version will be printed in black and white unless special arrangements have been made with the conference organiser. Please check whether this is the case. If the print version will be black and white only, you should check your figure captions carefully and remove any reference to colour in the illustration and text. In addition, some colour figures will degrade or suffer loss of information when converted to black and white, and this should be considered when preparing them.

3 Equations and mathematics/ Results/ Discussion/ Conslusion/ Implication

Equations should be centred and should be numbered with the number on the right-hand side.

$$T_{s(}l,t_{)}=T_{g(}l,t_{)} \quad (1)$$

$$T_{s(}l,t_{)}=T_{g(}l,t_{)}\ T_{b(}x\ \ ,t_{)=0} \quad (2)$$

Use italics for variables (*u*) and bold (**u**) for vectors. The order for brackets should be {[()]}, except where brackets have special significance.

Acknowledgements:

Funding:

Data Availability:

Authors' Contributions Statement:

Competing Interest:

References

Online references will be hyperlinked to their original source, only if possible. To enable this linking extra care should be taken when preparing reference lists. If your reference citations are incorrect or incomplete (e.g., missing author name, or an incorrect volume number or page), the associated hyperlinks may fail, and the usefulness of your paper in the online environment may be diminished. References should be written by referring to the American Psychological Association (APA) 7th Edition, 2020. Quick guides can be found here.

Fairburn, C. G., & Beglin, S. J. (1994). Assessment of eating disorders: Interview or self-report questionnaire? *International Journal of Eating Disorders*, 16(4), 363–370.
Jonker, N. C., Bennik, E. C., de Lang, T. A., & de Jong, P. J. (2020). Influence of hunger on attentional engagement with and disengagement from pictorial food cues in women with a healthy weight. *Appetite*, *151*, 104686. https://doi.org/10.1016/j.appet.2020.104686
(For the number of authors from two to six, all authors are called complete by using the last name and initials of the first and middle names and marked "&" before the last name).
BBC Online. (2011, April 29th). Indonesia 'suicide bomber' wounds 28 in mosque blast. Retrieved from http://www.bbc.co.uk/news/world-asia-pacific-13090306.
(Source from online mass media with no author, type the media name and given the month and year date as in the example above, along with the link)
Beck, C. A. J., & Sales, B. D. (2001). *Family mediation: Fact, myths, and future prospects* (Rev. ed.). American Psychology Association.
(Above is an example of how to write a reference in the form of a dictionary)
Smith, J. A., & Eatough, V. (2007). Interpretative Phenomenological Analysis. In E. Lyons & A. Coyle (Eds.). *Analysing Qualitative Data in Psychology* (pp. 35-50*)*. Sage.
(For a reference in the form of a chapter in a collection of writings with an editor, it is written as above and the page number of the chapter is written)

Yu, K., Lin, W., Wang, L., Ma, J., Wei, W., Wang, H., Shi, J. (2016). The role of affective commitment and future work self-salience in the abusive supervision-job performance relationship.*Journal of Occupational and Organizational Psychology, 89*(1), 28-45. http://dx.doi.org/10.1111/joop.12101

Appendix

If any, the appendix should appear directly after the references without numbering, and not on a new page