



NEW YORK

2023 Summer Meals New York Toolkit

We know that when kids and teens have consistent access to healthy food, they have the fuel they need to grow and thrive. That is why we are excited to share this toolkit to help you connect kids and teens 18 and under to free and healthy summer meals across our community! Please spread the word that enjoying summer meals can save families time and money and help support our community.

Summer Meals Program Key Details:

- Meals are free for children and teens ages 18 and under.
- No application or registration required!
- Designated public schools, community pool centers, parks, and food trucks will be open for service.
- The summer meals program is a federal program.
- The meals served are healthy and follow USDA nutrition guidelines.
- Non-congregate, or meals "to-go," may be an option in rural areas this summer. Allowable models may include grab-and-go, parent pick-up, and home delivery.

Sample Social Media Posts:

English

Free summer meals for kids and teens are no hassle! No application, no sign-up... just stop by and enjoy. Text FOOD or COMIDA to 304-304 to find a site near you. To learn more, call 1-866-3-HUNGRY or visit: summermealsny.com

Kids and teens across our community can get free meals all summer long. Text FOOD or COMIDA to 304-304 to find a site near you or to learn more, call 1-866-3-HUNGRY or visit: summermealsny.com

Participating in summer meals can save families time spent grocery shopping and meal prepping. Just stop by and enjoy! Text FOOD or COMIDA to 304-304 to find a site near you. To learn more, call 1-866-3-HUNGRY or visit: summermealsny.com

Kids and teens can eat right this summer! Free meals that follow USDA nutrition guidelines are served at summer meal sites across the community. Text FOOD or COMIDA to 304-304 to find a site near you or to learn more, call 1-866-3-HUNGRY or visit: summermealsny.com

Spanish

¡Las comidas de verano gratuitas para niños y adolescentes no son un problema! No hay que solicitarlas, no hay que inscribirse... sólo hay que llegar y disfrutar. Textea FOOD o COMIDA al

304-304 para encontrar un sitio cerca de ti. Para obtener más información, llama al 1-877-8-HAMBRE o visita: summermealsny.com

Los niños y adolescentes de nuestra comunidad pueden recibir comidas gratuitas durante todo el verano. Textea FOOD o COMIDA al 304-304 para encontrar un sitio cerca de ti o para más información, llama al 1-877-8-HAMBRE o visita: summermealsny.com

Participar en las comidas de verano puede ahorrar a las familias el tiempo que dedican a la compra y a la preparación de las comidas. Sólo tienes que llegar y disfrutar. Textea FOOD o COMIDA al 304-304 para encontrar un sitio cerca de ti. Para más información, llama al 1-877-8-HAMBRE o visita: summermealsny.com

¡Los niños y adolescentes pueden comer bien este verano! Comidas gratuitas que siguen las pautas de nutrición del USDA se sirven en sitios de comidas de verano en toda la comunidad. Textea FOOD o COMIDA al 304-304 para encontrar un sitio cerca de ti o para obtener más información, llama al 1-877-8-HAMBRE o visita: summermealsny.com

WhatsApp:

This summer, families can use WhatsApp to find free summer meals for kids and teens in your community! WhatsApp is a popular messaging app. Families can also visit NoKidHungry.org/WhatsApp to find local summer meal sites.

WhatsApp - Sample Social Media Posts:

English

Need help feeding your kids this summer? @NoKidHungry can help! Just go to NoKidHungry.org/WhatsApp to find free meals sites in your neighborhood. No questions asked, just free and healthy meals for your kids and teens! #ShareSummer

.@NoKidHungry is helping kids and teens get the food they need this summer - especially critical when school is out. Families can find free meals nearby by going to NoKidHungry.org/WhatsApp. No questions asked - just free, healthy meals for anyone 18 and under! #ShareSummer

Spanish

¿Necesitas ayuda para alimentar a tus hijos este verano? Simplemente visita NoKidHungry.org/WhatsApp para encontrar sitios de comidas gratuitas en tu comunidad. ¡Sin preguntas, solo comidas gratis y saludables para tus niños y adolescentes! @NoKidHungry #ShareSummer

.@NoKidHungry está ayudando a los niños a obtener la comida que necesitan este verano, especialmente cuando no hay clases. Ayúdanos compartiendo nuestro chat de WhatsApp donde las familias pueden encontrar comidas gratuitas cerca de ellos; solo tienes que visitar NoKidHungry.org/WhatsApp. ¡Sin preguntas, solo comidas gratis y saludables para niños y adolescentes! #ShareSummer

Sample Language for Newsletter/Website:

English

Save your family time and money with free summer meals for your kids this summer! No application or registration needed, just stop by and enjoy. To find meal sites near you, visit summermealsny.com or text FOOD or COMIDA to 304-304. You can also call the National Hunger Hotline at **1-866-3-HUNGRY** for more information.

Spanish

¡Ahorre tiempo y dinero a su familia con las comidas de verano gratuitas para sus hijos este verano! No es necesario hacer una solicitud ni inscribirse, sólo llegar hasta allí y disfrutar. Para encontrar sitios de comidas cerca de usted, visite el summermealsny.com o textee FOOD o COMIDA al 304-304. También puede llamar a línea nacional contra el hambre al **1-877-8-HAMBRE** para obtener más información.

Summer Meal Graphics:



(Right click and save desired graphics above)

[Complete No Kid Hungry Summer Meals Outreach Toolkit](#)