

ROLE PLAYER CARD		MEDICINE
SETTING	Suburban clinic	
PATIENT	You have brought your 7-year-old child who has been experiencing a very sore throat, difficulty swallowing, and headaches. Last night you're sure they had a fever. The symptoms have lasted about a week and are getting worse.	
TASK	• Explain their symptoms to the doctor • Ask the doctor to explain tonsillitis and its causes • Find out about treatment • Insist on immediate surgery	

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SETTING	Suburban clinic	
DOCTOR	The parent has brought their child to see you because of a very sore throat. On inspection, you find that their tonsils are red and swollen with white patches. You diagnose tonsillitis.	
TASK	● Ask for permission to examine their throat and inform them that their tonsils appear red and swollen ● Explain the diagnosis and the cause of tonsillitis (inflammation of the tonsils, two round lumps at the back of the throat which trap pathogens, caused by infection with a virus or bacteria) ● Recommend ways to facilitate recovery at home (rest, fluids, saltwater gargle, humidify the air, lozenges) ● Offer to prescribe pain killers for the throat pain ● Explain that surgery to remove tonsils (tonsillectomy) is used to treat frequently recurring tonsillitis and chronic tonsillitis and that you don't recommend it at this stage because the strategies you've discussed are likely to be sufficient	