WHAT YOU CAN DO![1]

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Join an Organization!

Nationally
(listed alphabetically)

50501
https://www.fiftyfifty.one/
"50 protests. 50 states. 1 movement." A grassroots movement fighting to uphold the Constitution and end executive overreach. Find a protest event or lead one.

American Civil Liberties Union (ACLU)
https://www.aclu.org/
Nonprofit civil rights organization founded in 1920. ACLU affiliates are active in all 50 states, Washington, D.C., and Puerto Rico.

ACLU's People Power
https://www.aclu.org/action
ACLU's grassroots army. We work with volunteers and supporters in every corner of the country to defend civil liberties and civil rights.

Chop Wood, Carry Water
https://chopwoodcarrywaterdailyactions.substack.com/
Jessica Craven sends daily missives that summarize the positive things that have been happening and provides a number of actions you can take to help more good things happen. You can sign up for a free or paid subscription to her Substack.

Indivisible (Find your local group)

[1] Document assembled by Sharon McQueen, Ph.D. Library & Information Science. Last Updated 7 June 2025

https://indivisible.org/
We're a grassroots movement of thousands of local Indivisible groups with a mission to elect progressive leaders, rebuild our democracy, and defeat the Trump agenda.

MoveOn
https://front.moveon.org/
A progressive public policy advocacy group and political action committee.

The People's Union USA
https://thepeoplesunionusa.com/
A grassroots movement dedicated to economic resistance, government accountability, and corporate reform. Check the website for economic blackouts.

Red Wine and Blue
https://redwine.blue/
Red Wine and Blue is a national community of over half a million diverse suburban women working together to defeat extremism, one friend at a time. We train and connect women from across the country of all political backgrounds – including many who have never been political before – to get sh*t done and have fun along the way. Join us!

Hampton Roads, Virginia
Do a bit of digging and place your own local groups here!

COVA Coalition (Coastal Virginia)
https://covacoalition.org/
A women's group that works to promote progressive issues and candidates. A Network NOVA affiliate.

Indivisible, South Hampton Roads Indivisible
Email: Indivisible-HRSouthside@proton.me
We're a grassroots movement of thousands of local Indivisible groups with a mission to elect progressive leaders, rebuild our democracy, and defeat the Trump agenda.

Network NOVA
https://networknova.org/
We are a grassroots organizing hub run by the unstoppable, badass, and fearless women of Network NOVA. Our mission is to inspire, inform and empower each other and our allies for powerful year-round political action.

Red Wine and Blue, Virginia
https://redwine.blue/virginia/

We're a community of more than 25,000 women and 70 TroubleNation teams standing up to extremism in Virginia. We're all about helping you make meaningful connections and organize locally in every county of our state.

Virginia Grassroots
https://www.virginiagrassroots.org/
The Coalition brings together grassroots groups working in Virginia.

Resistance Events! Bookmark it!
https://www.virginiagrassroots.org/action-calls-to-action.php?type=Events

Donate!

American Civil Liberties Union (ACLU)
https://action.aclu.org/give/now
Nonprofit civil rights organization founded in 1920. ACLU affiliates are active in all 50 states, Washington, D.C., and Puerto Rico.

Bernie Sanders Fighting Oligarchy Tour
Fund it!
https://secure.actblue.com/donate/not_me_us?refcode=website-fighting-oligarchy-tour-nav-card

Common Cause
https://www.commoncause.org/donate/
Common Cause is a nonpartisan, grassroots organization dedicated to upholding the core values of American democracy.

Democracy Forward
https://democracyforward.org/
Democracy Forward is a national legal organization that advances democracy and social progress through litigation, policy and public education, and regulatory engagement.

Indivisible
https://secure.actblue.com/donate/indivisible-action-1
A grassroots movement of thousands of local Indivisible groups with a mission to elect progressive leaders, rebuild our democracy, and defeat the Trump agenda.

MoveOn
https://front.moveon.org/ways-to-give/

Planned Parenthood
https://www.plannedparenthood.org/

Planned Parenthood is the nation's leading provider and advocate of high-quality, affordable sexual and reproductive health care for all people, as well as the nation's largest provider of sex education.

Razom for Ukraine
https://linktr.ee/razomforukraine
Razom, which means "together" in Ukrainian, serves as a constant reminder of the community that it takes to create, build and do, to stay the path towards a more prosperous and democratic Ukraine.

Shop!

Many worthwhile organizations have online stores.
You can support them by buying their merchandize.

American Civil Liberties Union (ACLU)
https://shop.aclu.org/

Common Cause
https://shop.commoncause.org/

Democracy Forward
https://store.democracyforward.org/

Indivisible
https://store.indivisible.org/

MoveOn
https://front.moveon.org/

Planned Parenthood
https://www.plannedparenthood.org/

The People's Union USA
https://thepeoplesunionusa.creator-spring.com/

Red Wine and Blue
https://shop.redwine.blue/

Contact Your Elected Officials!

It is important to call, email, and send postcards.

Find Your Representatives (Federal, State, & Local)
https://www.commoncause.org/find-your-representative/addr/

U.S. Congress (Your Representatives and Senators)
https://www.congress.gov/contact-us

Stay Informed!

(while finding a healthy balance)
"In this moment, despair is not an option." Bernie Sanders

Alt National Park Service
Facebook https://www.facebook.com/AltUSNationalParkService/
The official "Resistance" team of U.S. National Park Service. Our mission is to stand up for the National Park Service to help protect and preserve the environment for present and future generations.

Chop Wood, Carry Water
https://chopwoodcarrywaterdailyactions.substack.com/
Jessica Craven sends daily missives that summarize the positive things that have been happening and provides a number of actions you can take to help more good things happen. You can sign up for a free or paid subscription to her Substack.

Heather Cox Richardson
https://heathercoxrichardson.substack.com/
Facebook https://www.facebook.com/heathercoxrichardson
An historian who works as a professor of history at Boston College. She writes *Letters from an American*, a nightly newsletter that chronicles current events in the larger context of American history. Richardson focuses on the health of American democracy.

National Public Radio
https://www.npr.org/
If you don't have time for Morning Edition or All Things Considered, try asking Alexa, Siri, or Google to play NPR News Now, the latest news in five minutes.

PBS NewsHour
https://www.pbs.org/show/newshour/

Brooks & Capehart
https://www.pbs.org/newshour/tag/brooks-and-capehart

Robert Reich
https://www.youtube.com/@RBReich
HOPE in Spite of Trump | Robert Reich

I catch the following on YouTube and they help keep me sane:
Jimmy Kimmel, Stephen Colbert, John Stewart (Monday nights on The Daily Show), The Liberal Redneck (Trae Crowder), Randy Rainbow.
And Eleanor Bancroft on Facebook.
https://www.facebook.com/profile.php?id=100011277042494

Tools!

50501
https://www.fiftyfifty.one/
"50 protests. 50 states. 1 movement." A grassroots movement of protest events.

Action Network
https://actionnetwork.org/
Action Network, a 501(c)(4) nonprofit organization, trains and educates progressives on how to use technology to organize for change.

Alliance for Justice (AFJ)
https://afj.org/
Nonprofit organization committed to fortifying the progressive movement through its unwavering focus on federal and state courts and building power by providing unique resources to maximize nonprofits' advocacy capacity.

Build the Resistance
https://www.buildtheresistance.org/
A resource hub and movement megaphone.

Choose Democracy
https://choosedemocracy.us/
Prepares US Americans to prevent and stop undemocratic power grabs.

Fact Checking Sites!

American Library Association (ALA) guide to Evaluating Information
https://libguides.ala.org/InformationEvaluation
ALA has put together "Resources for librarians to use to equip students and the general public to identify reliable sources of news and other information."

ALA's Evaluating Information page lists the following Fact Checking Sites:

- FactCheck.org
  https://www.factcheck.org/
  FactCheck.org is a project of the Annenberg Public Policy Center of the University of Pennsylvania, a nonpartisan, nonprofit “consumer advocate” for voters that aims to reduce the level of deception and confusion in U.S. politics.
- PolitiFact
  https://www.politifact.com/
  A fact-checking website that rates the accuracy of claims by elected officials and others who speak up in American politics. PolitiFact is run by editors and reporters from the Tampa Bay Times, an independent newspaper in Florida, as is PunditFact, a site devoted to fact-checking pundits.
- PunditFact
  https://www.politifact.com/punditfact/
- A project of the Tampa Bay Times and the Poynter Institute, dedicated to checking the accuracy of claims by pundits, columnists, bloggers, political analysts, the hosts and guests of talk shows, and other members of the media.
- Snopes
  https://www.snopes.com/
  The snopes.com website was founded by David Mikkelson, who lives and works in the Los Angeles area. What he began in 1995 as an expression of his interest in researching urban legends has since grown into what is widely regarded by folklorists, journalists, and laypersons alike as one of the World Wide Web's essential resources.
- TruthOrFiction
  https://www.truthorfiction.com/
  Get the truth about rumors, inspirational stories, virus warnings, hoaxes, scams, humorous tales, pleas for help, urban legends, prayer requests, calls to action, and other forwarded emails.