

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <input checked="" type="checkbox"/>	1	Cold Shower
2. <input checked="" type="checkbox"/>	1	Read 10 pages (HW)
3. <input checked="" type="checkbox"/>	1	Look items to flip
4. <input checked="" type="checkbox"/>	1	TRW Learning
5. <input checked="" type="checkbox"/>	1	Start looking for clients
6. <input checked="" type="checkbox"/>	1	gym(pull)
7. <input checked="" type="checkbox"/>	1	No sweet food
8. <input checked="" type="checkbox"/> /X	1	
9. <input checked="" type="checkbox"/> /X	2	
10. <input checked="" type="checkbox"/> /X	2	
11. <input checked="" type="checkbox"/> /X	2	
12. <input checked="" type="checkbox"/> /X	2	
13. <input checked="" type="checkbox"/> /X	2	
14. <input checked="" type="checkbox"/> /X	3	
15. <input checked="" type="checkbox"/> /X	3	
16. <input checked="" type="checkbox"/> /X	3	
17. <input checked="" type="checkbox"/> /X	3	
18. <input checked="" type="checkbox"/> /X	3	
19. <input checked="" type="checkbox"/> /X	3	
20. <input checked="" type="checkbox"/> /X	3	

Day Number:







Date:

Start Of The Day - Time:

	 3 Things That I Am Excited To Have In The Future? 
1.	Traveling
2.	Financial, Location, time freedom
3.	Retire my mom

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 7 am: Task \$	Sleep
🔔 Intention 🔔	sleep
✍️ Reflection ✍️	dome

\$ 8 am: Task \$	sleep
🔔 Intention 🔔	sleep
✍️ Reflection ✍️	done

\$ 9 am: Task \$	Wake up and cold shower
🔔 Intention 🔔	Start the day with everything
✍️ Reflection ✍️	I did it but almost dont on time

\$ 10 am: Task \$	Breakfast and learning
🔔 Intention 🔔	Take a nutritive breakfast and watch videos that will help me
✍ Reflection ✍	Done





\$ 11 am: Task \$	Prepare to go to the gym
🔔 Intention 🔔	Get ready to go to the gym
✍ Reflection ✍	done





\$ 12 am: Task \$	gym
🔔 Intention 🔔	Crash my back
✍ Reflection ✍	done





\$ 1 pm: Task \$	gym
🔔 Intention 🔔	Crash my back
✍ Reflection ✍	done





\$ 2 pm: Task \$	Get back home and read 10 pages
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 Intention 	As soon as I get home, eat something fast and read the book
 Reflection 	done



\$ 3 pm: Task \$	Looking for items to flip
 Intention 	Look for 1-2 items and contact for pick up
 Reflection 	done


\$ 4 pm: Task \$	TRW learning
 Intention 	Go to the campus and watch the videos
 Reflection 	done







\$ 5 pm: Task \$	TRW Learning
 Intention 	Go to the campus and watch the videos
 Reflection 	done







\$ 6 pm: Task \$	Start looking for clients
 Intention 	Research possible clients and save all the info
 Reflection 	Not done, family came and couldn't do any more stuff for the day







 7 pm: Task 	clients
 Intention 	Research possible clients and save all the info
 Reflection 	Couldnt do it

 8 pm: Task 	TRW learning
 Intention 	learn
 Reflection 	Not done, FAMILY dinner

 9 pm: Task 	TRW Learning
 Intention 	Learn
 Reflection 	Long family dinner

 10 pm: Task 	
 Intention 	
 Reflection 	


 11 pm: Task 	
 Intention 	
 Reflection 	

 12 pm: Task 	
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 
I learn more about my family

 What Do I Plan To Do Differently Tomorrow? 
DO stuff faster

 What Do I Plan To Do The Same Tomorrow? 
Just be better than today

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
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<div><div></div><div>What Tasks Were Left Undone?</div><div></div></div>
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Start looking for prospects

Brain Dump: