

SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Extension Activities

1. Extension Activity : **“International yoga day”** celebrations.
2. Date : 21-06-2017.
4. Students Participated : 23.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Extension Activities

1. Extension Activity : **“Independence day”** Celebrations.

2. Date : 15-08-2017.

3. Students Participated : 105.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Eco-club Activity

1. Eco-club Activity : Organized “**Plantation Programme**” in college campus.
2. Date : 10-08-2017.
3. Students Participated : 32.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Eco-club Activity

1. Eco-club Activity : Organized **“Clean and Green”** Programme
in college campus.

2. Date : 18-09-2017.

3. Students Participated : 27.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Extension Activities

1. Extension Activity : Participation in “**Clean and Green**”
programme organized by NSS.

2. Date : 23-09-2017.

3. Students Participated : 48.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Extension Activities

1. Extension Activity : Participation in “**International girls day**”
programme organized by **Women
empowerment cell.**
2. Date : 11-10-2017.
3. Students Participated : 52.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Student extension activities

1. Activity : “Plantation Programme” in
college campus.

2. Date : 26-07-2017.

3. Students Participated : 32.

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SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2017-2018

Extension Activities

1. Extension Activity : Organized **“International Womens day”**
programme through **Women empowerment cell.**
2. Date : 08-03-2017.
3. Students Participated : 65.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2018-2019

Extension Activities

1. Extension Activity : Participation in “**Blood Donation and Blood Grouping**” programme organized by NSS.
2. Date : 28-07-2018.

3. Students Participated : 166.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2018-2019

Extension Activities

1. Extension Activity : **“Food donation Camp”** at

Charla Suseela Vruddasramam organized
through NSS.

2. Date : 06-10-2018.

3. Students Participated : 18.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2018-2019

Women empowerment cell Activities

1. Extension Activity : Celebrated “ Girl Child day”
through Women
empowerment cell.

2. Date : 24-01-2019.

3. Students Participated : 27.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2018-2019

Women empowerment cell Activities

1. Extension Activity : Organized “ International Womens day”
through Women empowerment cell.

2. Date : 08-03-2019.

3. Students Participated : 126.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2019-2020

Extension Activities

1. Extension Activity : **“International yoga day”** celebrations.
2. Date : 21-06-2019.
3. Students Participated : 135.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2019-2020

Women empowerment cell Activities

1. Extension Activity : Organized “**Women equality day**”..
2. Date : 26-08-2019.
3. Students Participated : 64.
- 4.Chief Guest : Dr.Rubina, Gynecologist,Nidadavole PHC.





SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2019-2020

Extension Activities

1. Extension Activity : **“Blood Donation and Blood Grouping”**
programme organized by NSS.
2. Date : 24-09-2019.
3. Students Participated : 118.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2019-2020

Women empowerment cell Activities

1. Extension Activity : Organized “**Awareness programme on Women Rights**”.
2. Date : 24-09-2019.

3. Students Participated : 96.

4. Chief Guest : Nidadavole circle inspector.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2019-2020

Women empowerment cell Activities

1. Extension Activity : Celebrated “ Girl Child day”

through **Women empowerment cell.**

2. Date : 24-01-2020.

3. Students Participated : 96.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2019-2020

Extension Activities

1. Extension Activity : **“AIDS awareness”**
programme organized by NSS and RRC.
2. Date : 03-02-2020.
4. Students Participated : 116.

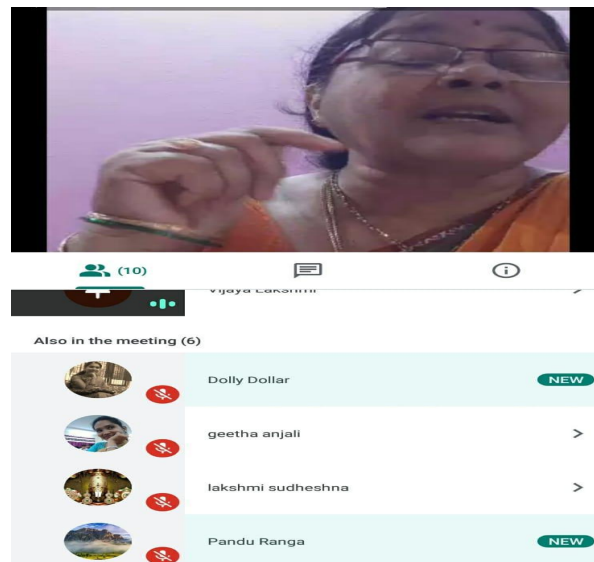
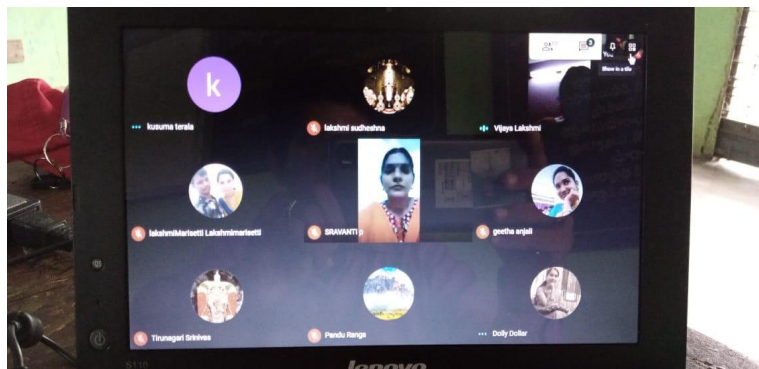


SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2020-2021

Women empowerment cell Activities

1. Extension Activity : Organized online “**Women equality day**” programme during Covid –19 lockdown .
2. Date : 26-08-2020.
3. Students Participated : 16.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2020-2021

Eco-club Activity

1. Eco-club Activity : Organized “**Plantation Programme**” in college campus.
2. Date : 2-10-2020
3. Students Participated : 24.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2020-2021

Women empowerment cell Activities

1. Extension Activity : **“World AIDS day”** Rally and awareness

programme was Organized in association
with NSS.

2. Date : 1-12-2020.

3. Students Participated : 44.

4. Chief Guest: P.G.Pramoda Kumari, ICTC Counselor, PHC-
Nidadavole.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2020-2021

Women empowerment cell Activities

1. Extension Activity : Celebrated " Girl Child day"

through **Women empowerment cell.**

2. Date : 24-01-2021.

3. Students Participated : 52.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2020-2021

Extension Activities

1. Extension Activity : Participation in “**Blood Donation and Blood Grouping**” programme organized by NSS.

2. Date : 1-03-2021.

3. Students Participated : 96.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2021-2022

Extension Activities

1. Extension Activity : Participation in “**International yoga day**” celebrations.
2. Date : 21-06-2021.
3. Students Participated : 37.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2021-2022

Extension Activities

1. Extension Activity : Participation in “**NSS day**” celebrations.
2. Date : 24-09-2021.

3. Students Participated : 47.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2022-2023

Extension Activities

1. Extension Activity : **“Blood Donation and Blood Grouping”** programme organized by NSS.

2. Date : 08-02-2022.

3. Students Participated : 80.



SVRK Govt. Degree College, Nidadavole (M)

IQAC ACTIVITIES 2022-2023

Extension Activities

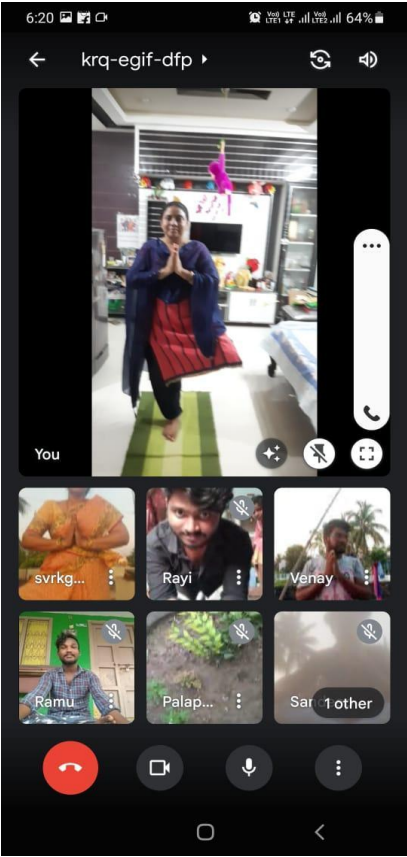
1. Extension Activity : Yoga awareness program conducted in view

of International Yoga day.

2. Date

: 13-06-2022.





YOGA

ASANAS

MOUNTAIN POSE

Tadasana
Tada = Mountain

Standing upright, with your spine long, spread your body weight evenly across the feet. Relax the a tight body without becoming too rigid. Look straight ahead at a fixed point in front of you and concentrate on breathing in a relaxed manner.



BREATH/PRANA

Breath is a good gauge for determining whether you are doing a posture correctly. If breath is shallow or stops, it is usually an indicator that you are using too much effort. The breath must always support the asana. This means breath and movement are united during all phases of the asana: moving into it, while deepening and holding and when coming out of a posture.

- 1 The first general rule is to inhale while moving into postures that open the front of the body: the raising arms overhead or back bending, and to exhale when compressing the front or side of the body: as in forward or side bends and twists.
- 2 The second general rule is to use exhalation while holding the asana in order to elongate the spine and deepen the posture. Use inhalation to soften the joints and rest for a moment before going deeper.



REVOLVED SEATED ANGLE

Parivrtta Upavistha Konasana
Parivrtta = Revolved, Navel turned
Upavistha = Seated, Sitting
Kona = Angle



Sitting with legs wide apart, bend sideways from the waist as you focus on keeping your chest facing upward. Bring your opposite arm up and over your head and reach for your footloose.

CHILD'S POSE

Balāsana
Bala = Child, Young



Use the Child's pose to rest between difficult poses. It is a good counterbalance to use after any inverted poses. Stretch your arms out in front or behind you.

HALF LORD OF THE FISHES

Artha Matsyendrasana
Artha = Half
Matsyendra = King of the fish



From a sitting position, pull your left foot right up to your buttocks, then put your right foot on the other side of your left knee. Sit up straight and use your left arm around your knee to intensify the stretch.

WARRIOR 1

Virabhadrasana I
Virabhadra = "Warrior"
(Reverence of Shiva)



Start by standing in a wide stance. Kneel forward bending into the front knee and raising your hands over your head, palms together. Your front shin should be perpendicular to the floor and your back leg straight or knee touching the floor. Square hips to front.

TREE POSE

Vrikshasana
Vriksha = Tree



From Mountain pose, shift your weight on to one foot and bring the other up to rest on your upper inside thigh. Focus on a point in front of you to maintain balance. Focus on breathing.

STANDING FORWARD BEND

Uttanasana
Uta = Intense
Tan = To stretch or extend



Start by bringing your hands high above your head and then folding forward at the hips. You can place your hands behind your calves, on your shins, or on the floor in front of you.

CAMEL POSE

Ushtrasana
Ustra = Camel



On your knees, reach back, one hand at a time to grasp your ankles. Keep the arms perpendicular and breathe normally.

WARRIOR 2

Virabhadrasana II
Virabhadra = "Warrior"
(Reverence of Shiva)



Start by standing in a wide stance and turning your feet out to 90 degrees and back foot to 20 degrees. Bend into the front knee and raising your hands to shoulder level. Your front shin should be perpendicular to the floor.

LOW POSE

Chandrasana
Chandra = Bow



Lying face down on the floor reach back to grab your ankles. Continue breathing normally. Note: Don't force this pose and let the back bend naturally.

ROUND ANKLE POSE

Baddha Konasana
Baddha = Bound
Kona = Angle



Sitting, place the soles of your feet together. Hold your ankles and rest your forearms on your thighs (lightly pressure to push your thighs further toward the floor. Keep your back straight, shoulders down.

ONE LEGGED PIGEON

Eka Pada Kapotasana
Eka = One
Pada = Foot
Kapot = Pigeon



Start in the Downward Dog position. Bring one leg straight up behind you and then swing it forward, pulling the knee into your chest. Lower the leg to the floor as you sit down, stretching your rear leg out behind you.

UPWARD WARRIOR 2

Urdhva Virabhadrasana II
Urdhva = Upward
Virabhadra = "Warrior"
(Reverence of Shiva)



Follow the steps to Warrior 2 and then look to the ceiling, bringing your forward arm up and behind you as the rear hand slides down your back leg.

UPWARD BOW POSE

Urdhva Dhanurasana
Urdhva = Upward
Dhanu = Bow



Start by lying face up and placing your heels as close as you can to the sit bones and placing the palms of your hands at the shoulders. Start by straightening your legs and then straightening your arms.

DOWNWARD FACING DOG

Adho Mukha Svanasana
Adho = Downward
Mukha = Face
Svana = Dog



Begin on your hands and knees, spreading your fingers and pushing your knuckles into the mat. On your next exhale raise your hips by straightening your legs and arms until your body makes an inverted "V". For tight hamstrings, bend your knees slightly to allow for a long straight spine.

CHAIR POSE

Ukhasana
Ukha = Pencil, Pencil



From standing, exhale as you raise your arms up and bend the knees until your thighs are parallel with the floor. Keep your head and neck in neutral alignment. Do not let your toes go beyond your knees.

EXTENDED SIDE ANGLE

Uttirya Parsvakonasana
Uttirya = Extended
Parsva = Side, Flank
Kona = Angle



With a wide stance, lift your arms straight out to shoulder height (Warrior 2). Raising your back heel into the floor, turn your front foot to face forward slightly. Lean forward your front knee lightly ending your forearm on your thigh.

CRANE

Bakasana
Baka = Crane



Squat down, placing your hands on the floor between your knees. Create tension between your hands and upper arms by squeezing them together as you lean forward rising up on your fingers. Look forward, not at your hands. Continue until feet come off the floor.

MORNING SEQUENCE



General Rules

- Stop if you experience any pain
- Work both sides when doing one sided poses.
- Eat lightly before a practice.
- Do a light warm-up before each practice.

WE STRONGLY RECOMMEND YOU CONSULT A PHYSICIAN BEFORE BEGINNING ANY EXERCISE REGIME.

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SRI VELAGAPUDI RAMA KRISHNA GOVT. DEGREE COLLEGE

Chagallu Road, Nidadavole, East Godavari Dist., A.P - 534301

Re-Accredited by NAAC with 'B' Grade An ISO 9001:2015 Certified College

Affiliated to Adikavi Nannayya University

Phone No: 08813-221103

e-mail: nidadavolen.jkc@gmail.com



Name of the Program : s

Date : 30-07-2022

Venue : S.V.R. Govt. Degree College to Ganesh Chowk

Brief Report of the Event :

1. Number of students participated : 200
2. Number of Lecturers participated : 15

The staff and N.S.S. Volunteers of S.V.R.K. Govt. Degree College and students and teachers of Govt. Z.P. Boys High School Nidadavole collectively organized a cycle rally as a part of Azadi Ka Amrit Mahotsav under the able guidance of the Vice Principal Sri E. Nageswara Rao flagged off the rally from the college campus in presence of the other staff members. The cycle rally passed through Ganesh chowk. Nearly 200 students and 15 faculty members participated in the rally. The purpose of the Central Government is to celebrate and commemorate 75 years of independence and glorious history of its people, culture and achievements.





S V R K Government Degree College (M)

Nidadavole, West Godavari Dt.



Name of the Program : AIDS DAY RALLEY

Date : 01-12-2021

**Venue : S V R K Government Degree college to
Ganesh Chowk , Nidadavole.**

Brief Report of the Event :

The NSS Unit of S V R K Govt. Degree College has organised a RALLEY to mark The World AIDS Day from SVRK Degree college to Ganesh Chowk to create awareness among the people on AIDS Day.

Sri E.Nageswara Rao,Vice Principal of our College flagged off the RALLEY and said that The World AIDS Day symbolically a call to enhance Social protection mechanism for people with HIV and AIDS. Staff and more than 100 students participated in the program.





S V R K Government Degree College (M)

Nidadavole, West Godavari Dt.



Name of the Program : AIDS DAY RALLEY

Date : 01-12-2021

**Venue : S V R K Government Degree college to
Ganesh Chowk , Nidadavole.**

Brief Report of the Event :

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e-mail: nidadavolem.jkc@gmail.com



Name of the Program : NATIONAL N.S.S. DAY

Date : 24-08-2022

Venue : S.V.R.K. GOVT. DEGREE COLLEGE - NIDADAVOLE

Brief Report of the Event :

1. Number of students participated : 10
2. Number of Faculty participated : 5

Tree Plantation program was organized at S.V.R.K. Govt. Degree College through N.S.S. Unit on 24-08-2022 on the occasion of National N.S.S. Day.

Tree Plantation program was held in our college on 21st Aug 2022. The students of 1st year students activity participated in the program. Vice Principal E. Nageswara Rao, IQAC Coordinator Dr. T. Hanumantha Rao, G. Prakasam Babu, N.S. S. Volunteers and students planted sapling. Our faculty had who engalized about the trees and importance of tree plantation.





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Name of the Program : Clean and Green

Date : 10-08-2022

Venue : S.V.R.K. GOVT. DEGREE COLLEGE - NIDADAVOLE

Activity Experience :

- 1. Number of students participated : 22**
- 2. Number of Faculty participated : 15**

N.S.S. Volunteer of S.V.R K. Government Degree College Nidadavole Participated in the clean and Green Program Organized by N.S.S. PO Dr. S. Prasada Rao. N.S.S Volunteer Clean the campus for making it green Students took the initiative to clean the surroundings of the vicinity. Principal Dr. K. Jyothi Said: Students are the real ambassadors of Cleanliness and motivate others principal told the students that cleanliness is most important for physical well being and a healthy environment. Staff and students also participated the programme.



**SVRK GOVT.DEGREE COLLEGE(M),
NIDADAVOLE,W.G.DT.
IQAC ACTIVITIES 2021-2022**

Extension Activity : ఎయిడ్స్ డే
CONDUCTED THROUGH : N.S.S.
తేదీ : 01-12-2021
పాల్గొన్న విద్యార్థినీవిద్యార్థులు : 58
పాల్గొన్న అధ్యాపకులు : కళాశాలకు హాజరైన అందరు అధ్యాపకులు



**SVRK GOVT.DEGREE COLLEGE(M),
NIDADAVOLE,W.G.DT.**

IQAC ACTIVITIES 2021-2022

Extension Activity : రక్త దాన శిబిరం
 CONDUCTED THROUGH : N.S.S.
 తేదీ : 08-02-2022
 పాల్గొన్న విద్యార్థినీవిద్యార్థులు : 87
 పాల్గొన్న అధ్యాపకులు : కళాశాలకు హాజరైన అందరు అధ్యాపకులు



రక్తదాన శిబిరం .. నిడదవోలు, న్యూన్టుడే: ఆజాదీ కా అమృత మహోత్సవ్ కార్యక్రమంలో భాగంగా నిడదవోలు ప్రభుత్వ పురుషుల డిగ్రీ కళాశాలలో ఎన్ఎస్ఎస్, ఇండియన్ రెడ్ క్రాస్ సొసైటీ ఆధ్వర్యంలో మంగళవారం రక్తదాన శిబిరం నిర్వహించారు. 47 మంది విద్యార్థులు రక్తదానం చేశారు.



రక్తదానం ప్రాణదానంతో సమానం

నిడదవోలు : రక్తదానం ప్రాణదానంతో సమానమని ప్రిన్సిపల్ డాక్టర్ కె. జ్యోతి అన్నారు. వట్టణంలో ఎన్సీఆర్ ప్రభుత్వ డిగ్రీ కళాశాలలో ఎన్ఎస్ఎస్, ఇండియన్ రెడ్ క్రాస్ సొసైటీ ఆధ్వర్యంలో మంగళవారం నిర్వహించిన రక్తదాన శిబిరంలో 47 మంది విద్యార్థులు రక్తదానం చేశారు. శిబిరంలో ధైర్యంగా ముందుకు వచ్చి రక్తదానం చేసిన విద్యార్థులు అధ్యాపకులు ఆభినందించారు. ఈ కార్యక్రమంలో ఎన్ఎస్ఎస్ సమన్వయకర్త ఎస్. ప్రసాదరావు, రెడ్ క్రాస్ సొసైటీ పీఆర్ఓ కొల్లి వెంకటరమణ, సభ్యుడు భరత్, అధ్యాపకులు ఈ. నాగేశ్వరరావు, పీఎస్ఎస్ ప్రవంధి, టి. హనుమంతరావు, ఎన్ఎస్ఎస్ లక్ష్మీదేవి, ఎం. ప్రకాశంబాబు, రవీంద్ర, డి. జాన్సన్, విద్యార్థులు పాల్గొన్నారు.



వట్టణంలో ఎన్సీఆర్ డిగ్రీ కళాశాలలో రక్తదానం చేస్తున్న విద్యార్థులు

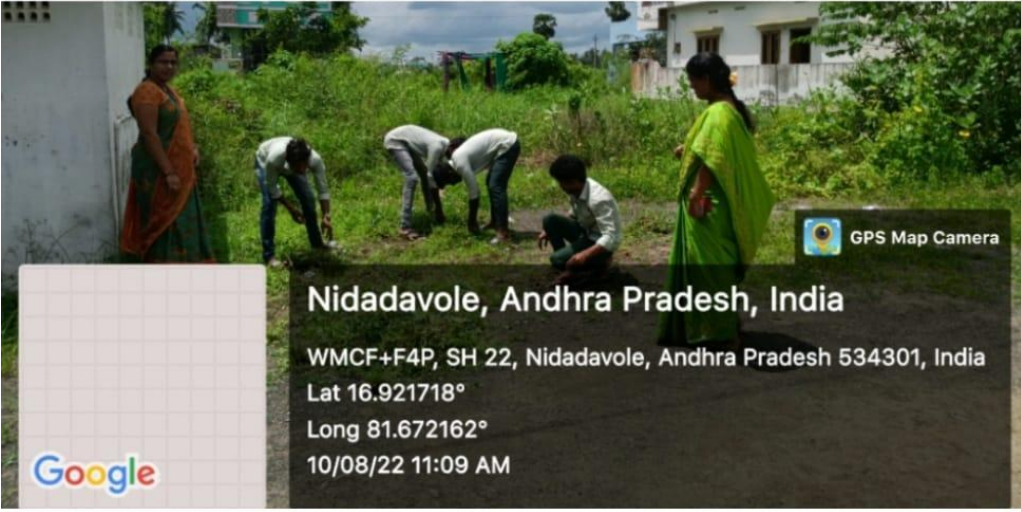
**SVRK GOVT.DEGREE COLLEGE(M),
 NIDADAVOLE,W.G.DT.**

IQAC ACTIVITIES 2021-2022

Extension Activity : పచ్చదనము - పరిశుభ్రత
 Conducted Through : NSS

తేదీ
పాల్గొన్న అధ్యాపకులు

: 10-08-2022
: కళాశాలకు హాజరైన అందరు అధ్యాపకులు



SVRK GOVT.DEGREE COLLEGE(M), NIDADAVOLE,W.G.DT.

IQAC ACTIVITIES 2021-2022

Extension Activity	: రక్తదాన శిబిరం
Conducted Through	: కళాశాల
తేదీ	: 12-09-2022
పాల్గొన్న విద్యార్థినీ విద్యార్థులు	: 51
పాల్గొన్న అధ్యాపకులు	: కళాశాలకు హాజరైన అందరు అధ్యాపకులు



యువత రక్తదానం చేయాలి

నిడదవోలు: రక్తదానం చేయాలని ఎస్సీఆర్సీ పురుషుల డిగ్రీ కళాశాల ప్రధానాచార్యురాలు డాక్టర్ జ్యోతి పేర్కొన్నారు. వెలగపూడి రామకృష్ణ ప్రభుత్వ పురుషుల డిగ్రీ కళాశాలలో సోమవారం ఎన్ఎస్ఎస్, నిడదవోలు సీహెచ్సీ, డాక్టర్ ఏవీ ఆర్ఎస్ తాతారావు పర్యవేక్షణలో 20 మంది రక్తదానం చేశారు. ఆర్.పోతురాజు, ఆర్.సుబ్బారాయుడు, రాజేష్, నవీన్, హేమలత, ప్రసాదరావు పాల్గొన్నారు.



దాతకు ప్రశంసాపత్రాన్ని అందిస్తున్న జ్యోతి

SVRK GOVT.DEGREE COLLEGE(M), NIDADAVOLE,W.G.DT.

IQAC ACTIVITIES 2022-2023

Extension Activities

Extension Activity

CONDUCTED THROUGH :

తేదీ

పాల్గొన్న అధ్యాపకులు

అంతర్జాతీయ పురుషుల దినోత్సవము

కళాశాల

: 19-11-2022

: 26



:

SVR GOVT.DEGREE COLLEGE NIDADAVOLE, W.G.DT.

IQAC ACTIVITIES 2022-2023

Extension Activities

Extension Activity : జాతీయ బాలికా దినోత్సవము
 CONDUCTED THROUGH : మహిళా సాధికారత శాఖ
 తేదీ : 24-01-2022
 పాల్గొన్న విద్యార్థిని విద్యార్థులు : 61



S.V.R. GOVERNMENT DEGREE COLLEGE

Nidadavole, East Godavari Dist, A.P.,



Name of the Program: Campus Cleaning Program

Date: 01-06-2023

Venue: S.V.R Govt Degree College

A Brief Report of the Event:

The NSS Unit of SVR Govt Degree College conducted a Campus Cleaning program on 01-06-2023 with NSS volunteers as a part of AKAM. So the NSS volunteers under the guidance of NSS PO Dr. S. Prasada Rao took initiative to clean and cut the unwanted trees, bushes and grass. A group of volunteers cut down the trees and the others kept away the small pieces of the trees. NSS PO, PD Ravi Kiran also participated in the program with the support of the Principal Dr. K. Jyothi.





S.V.R.GOVERNMENT DEGREE COLLEGE

Nidadavole, East Godavari Dist., A.P.,



Name of the Program : World Blood Donor Day

Date: 14-06-2023

Venue: S.V.R. Govt Degree College

A Brief Report of the Event.

World Blood Donor Day was celebrated on 14-06-2023 by NSS Unit of S.V.R Govt Degree College on this occasion Vice Principal Sri.E.Nageswara Rao spoke the importance of blood.

Blood can be defined as a fluid we have in our bodies that carry Oxygen from the lungs to the rest of the body. We have between 4 and 6 litres of blood in our adult bodies depending on size.

NSS PO Dr.S.Prasada Rao, Staff & Students participated in the above program very actively.





S.V.R.GOVERNMENT DEGREE COLLEGE

Nidadavole, East Godavari Dist., A.P.,



Name of the Program : Blood Donation Camp

Date: 19-06-2023

Venue: Govt General Hospital, Nidadavole

A Brief Report of the Event.

NSS Unit of S.V.R Govt Degree College conducted Blood Donation Camp on 19-06-2023 with a highlighted the quote that "spare only 15 minutes and save one life". It was conducted in association with Govt General Hospital Nidadavole. 5 NSS volunteers of S.V.R Govt Degree College donated blood. It was inaugurated by Dr. Thata Rao. The Principal Dr. K. Jyothi appreciated the students who donated blood for saving the lives of the people in the needy condition of blood.





S.V.R. GOVERNMENT DEGREE COLLEGE

Nidadavole, East Godavari Dist, A.P.,



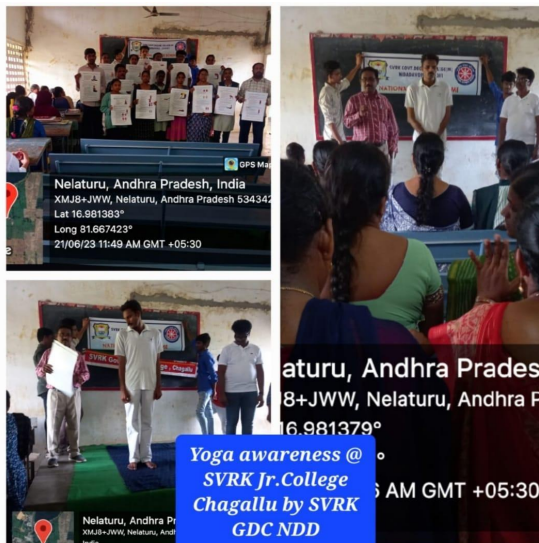
Name of the Program: International Yoga Day

Date: 21-06-2023

Venue: S.V.R.K Govt Junior College, Chagallu

A Brief Report of the Event:

International Yoga Day was celebrated on 21-06-2023 with great eagerness and enthusiasm at S.V.R.K Govt Junior College, Chagallu under the NSS unit and coordinated by NSS PO Dr. S. Prasada Rao, faculty members Dr. S.N. Madduleti, Dr. Sowjanya, Mrs. Padmaja and NSS volunteers participated in the program. Principal of S.V.R.K. Govt Junior College welcomed everyone. Sri. Venu Gopal Yoga trainer did some yoga exercises and talked on Stress Management. A total number of 123 students and 19 faculty members' participated in the program. Finally the session was concluded by Mrs. Padmaja by delivering the Vote of Thanks.







S.V.R. GOVERNMENT DEGREE COLLEGE

Nidadavole, East Godavari Dist, A.P.,



Name of the Program: International Day Against Drug Abuse

Date: 26-06-2023

Venue: S.V.R Govt Degree College

A Brief Report of the Event:

The NSS Unit of SVR Govt Degree College conducted awareness program on Anti Drug. World Drug Day is marked on 26th of June every year to strengthen action and cooperation in achieving a world free of Drug abuse. On this occasion Sri. Veera Brahmam, Circle Inspector spoke that usage of Drug is very dangerous and it destroys the life's of the users. The Principal Dr. K. Jyothi spoke to students taking drugs spoil your career, NSS PO Dr. S. Prasada Rao, staff and students participated in the program.







S.V.R. GOVERNMENT DEGREE COLLEGE

Nidadavole, East Godavari Dist, A.P.,



Name of the Program: “Meri Maati Mera Desh”

Date: 05-08-2023

Venue: S.V.R Govt Degree College

A Brief Report of the Event:

“Meri Maati Mera Desh” program was organized on 05-08-2023 in our College Seminar Hall as a part of Azadi Ka Amrit Mahotsav with a sacred purpose to pay tributes to the Veers who have made supreme sacrifice for the country by collecting soil and to create Azadika Amrit Mahotsav Memorials.

On this occasion the Principal Dr. K Jyothi said that it is our responsibility of all of us to provide sustainable development with environmental protection to future generations and she also added that both Central and State Governments are conducting the programmes with high ambitions to instill patriotism. Vice Principal Sri. E. Nageswara Rao, said that it was the time to step towards a new direction with new resolve i.e; Panch Pran. Dr. T. Hanumantha Rao, IQAC Coordinator, NSS PO Dr. S. Prasada Rao, Staff members and the students took Panch Pran Pledge holding mitti diya in hands to integrate the Panch Pran Idea. Nearly 100 students and 25 staff members participated in the program.

డిగ్రీ కళాశాలలో ఆజాది కా అమృత్ మహోత్సవ్

నిదావోలు: ఆజాదికా అమృత్ మహోత్సవ్లో భాగంగా స్థానిక ఎస్సీఆర్ కే ప్రభుత్వ డిగ్రీ కళాశాలలో శనివారం ఆధ్యాపకులు, విద్యార్థులు మట్టిని చేతులతో తీసుకొని వంద ప్రాణ ప్రతిజ్ఞ చేశారు. ప్రిన్సిపాల్ డాక్టర్ కె.జ్యోతి ఆధ్వర్యంలో ఈ కార్యక్రమం జరిగింది. విద్యార్థులు జ్యోతులను వెలిగించి దేశభక్తిని చాటారు.

జ్యోతులను ప్రదర్శిస్తున్న దృశ్యం





S.V.R. GOVERNMENT DEGREE COLLEGE



Nidadavole, East Godavari Dist, A.P.,

Name of the Program: National Deworming Day

Date: 10-08-2023

Venue: S.V.R. Govt Degree College

A Brief Report of the Event:

On the occasion of National Deworming day (NDD), NSS Unit of S.V.R. Govt Degree College created awareness among the students about the importance of taking Deworming tablets on 10-08-2023. A total number of 303 tablets were received from Primary Health center, Nidadavole. They were distributed to students. The activity was coordinated by NSS PO Dr. S. Prasada Rao, Ward Counselor Sri. Gopireddy Srinivas and Staff participated in the program. On this day Principal Dr. K. Jyothi spoke that worms are parasites which live in Human Intestines for food and survival. The worms consume nutrients meant for the human body cause blood loss, poor nutrition and stunted growth.







S.V.R. GOVERNMENT DEGREE COLLEGE

Nidadavole, East Godavari Dist, A.P.,



Name of the Program: 5K Marathon Red Run

Date: 22-08-2023

Venue: S.V.R. Govt Degree College to Brahmanagudem

A Brief Report of the Event:

The NSS Unit of S.V.R. Govt Degree College organized 5K Marathon Red Run from S.V.R. Govt Degree college to Brahmanagudem as a part of Azadi Ka Amrit Mahotsav. In this program Vice Principal Sri. E. Nageswara Rao, IQAC coordinator Dr. T. Hanumantha Rao, Academic coordinator Dr. Sravanthi, NSS PO Dr.S. Prasada Rao, PD Sri. K. Ravi Kiran, Staff and 26 students very actively participated in the program.



