

Dance

Year 1- To be able to perform a simple sequence, movement, shape or pattern

Year 2- To be able to perform a simple sequence, movement, shape or pattern with rhythm

Year 3- To be able to perform and sequence of linked skills to create a routine

Year 4- To be able to perform and evaluate a sequence to linked skills to create a routine

Year 5- To know elements of choreography can be used as part of a linked sequence of skills to create a routine.

Year 6 - To select and apply elements of choreography and use them to create a routine. Evaluate and amend routines with technical language.

Striking and Fielding

Year 1- To be able to move around a confined area, stop a ball and return accurately.

To be able to hold an implement correctly and strike a stationary ball off a tee

Year 2- To be able to move around a confined area, stop a ball and return accurately overarm

To strike a rolling ball.

Year 3- To stop a ball using two hands, creating a barrier behind it with feet or legs and return accurately using appropriate throw

- To be able to bowl underarm accurately.
- To be able to strike an underarm bowled ball.

Year 4- To stop a ball using two hands, creating a barrier behind it with feet or legs and return accurately using appropriate throws.

To be able to return the ball in one fluid motion

To bowl effectively at a target

Year 5 – To develop an awareness of fielding positions and communicate effectively as a team

To be able to strike accurately into a chosen space

Year 6 – To be able to select and apply specific striking and fielding skills in order to play a game

- To show an awareness and understanding of relevant rules

Invasion Games

Year 1 – To learn how to use fundamental games skills as part of a team.

Year 2- To explore attack and defence as part of a team in preparation for a range of sports.

Year 3- To learn the skills of attack and defence as part of a team in a range of sports.

Year 4- To learn different strategies of attack and defence as part of a team in a range of sports.

Year 5- To select a range of attacking and defensive tactical strategies as part of a team in a range of sports.

Year 6- To select, apply and evaluate tactical strategies as part of a team in a range of sports.

Gymnastics

Year 1- To be able to explore fundamental gymnastics skills safely on a range of apparatus.

Year 2- To learn and develop fundamental gymnastics skills safely on a range of apparatus.

Year 3- To be able to perform sequences using fundamental gymnastic skills safely on a range of apparatus skills.

Year 4- To be able to perform technical gymnastic skills safely on a range of apparatus.

Year 5- To be able to select, perform and evaluate technical gymnastics skills safely on a range of apparatus.

Year 6- To be able to select, perform, evaluate and amend technical gymnastics skills safely on a range of apparatus.

Fundamental Skills

Year 1- To learn the fundamental movement skills

Year 2- To develop the fundamental movement skills

Year 3- To be able to perform the fundamental movement skills with an element of control

Year 4- To be able to perform the fundamental movement skills with an element of control whilst competing against myself

Year 5- To be able to select and perform appropriate movement skills with control in a range of competitive events and to evaluate performance

Year 6- To be able to perform technical movement skills with control in a range of competitive events and evaluate performance

Net & Wall

Year 1: To have been introduced to net and wall games and the skills involved in the games they will play.

Year 2: To be able to play shots/strokes as part of a rally on a court.

Year 3: To be able to play a range of different strokes/shots.

Year 4: To be able to play a range of different shots/strokes while moving around the court.

Year 5: To be able to play a repertoire of strokes with increasing accuracy and control.

Year 6: To be able to select and apply the correct shots/strokes, use tactics and rules to play in a game situation.

Outdoor Adventurous Activity

Year 3 and 4

To be able to plan and communicate as part of a group before and during physical challenges

Year 5 and 6

To use verbal and non-verbal communication and teamwork to solve a variety of team challenges.

List of units of work on PE passport to support the different strands above

	Invasion Games	Net and Wall	Striking and fielding	New Sports	Athletics	OAA
Year 1 and 2	Invasion Games Skills 1 and 2 Object Manipulation	Net and Wall 1 and 2 Object Manipulation	Striking and Fielding 1 and 2 Object Manipulation Target Games 2 and 3 Tri Golf		Fundamental Skills 1, 2 and 3 Athletics 2 Locomotion 2	
Year 3 and 4	Invasion Games skills 3 and 4 Basketball Dodgeball Football Handball Hockey	Badminton Tennis Volleyball Goalball Table Tennis Seated Volleyball	Cricket Rounders Tri Golf Curling Archery Boccia Kinball	Danish Longball Flag Football Street Tennis	Health Related Fitness Athletics	OAA
Year 5 and 6	Netball Tag Rugby Pop Lacrosse Ultimate Frisbee Futsal			Danish Longball Skittleball Pickleball		OAA Leadership Team Building and Problem Solving

Suggested sports that are not on PE Passport but fit the strand

Gymnastics

Movement Balance Partner/Group work	Strands
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Year	Unit
1	● Wide, Narrow, Curled Rolling ● Pathways ● Balancing
2	● Pathways: Straight, Zig Zag and Curving ● Spinning, turning, twisting ● Stretching, curling, arching
3	● Linking movements ● Receiving bodyweight ● Symmetry and asymmetry
4	● Rolling and travelling low ● Arching and bridging ● Pushing and pulling (partner)
5	● Synchronisation and cannon ● Matching, mirror and contrast ● Under/over (partner)
6	● Flight ● Counter balance and counter tension ● Group sequencing

