

# Responsibilities of a Home Group Member of Lunch Bunch/Extended Family

As Lunch Bunch and Extended Family members, we welcome all while providing a safe and supportive space, especially for LGBTQ individuals. Our focus is unity and recovery, allowing everyone to engage AA steps and traditions without judgment while ensuring a welcoming and secure environment.

A home group member in our group plays a vital role in fostering a supportive and effective recovery environment. The suggestions for responsibilities include:

1. **Speak from Personal Experience** – We suggest people share openly and humbly from personal experience to maintain authenticity and trust.
2. **Contribute Positively** – We suggest members share constructively, keep discussions on track, and support the group's purpose.
3. **Embody AA Principles** – We suggest upholding the AA traditions, especially:
  - **Tradition One: Unity** – Foster a safe and cohesive group.
  - **Tradition Five: Singleness of Purpose** – Focus on recovery.
4. **Stay Aware and Supportive** – We suggest members be attentive to what's happening in the meeting and work together to ensure a safe space for all members.
5. **Engage After Meetings**—We suggest contacting any member as needed to help them understand the importance of unity and cooperation.

We suggest that in fulfilling these responsibilities, Lunch Bunch/Extended Family home group members can help maintain the strength and unity of our meeting.



# Home Group Members Meeting April 19, 2025

Attending: Jeff, Melissa, Grace, Wayland, Phoenix, Joseph

Introduction and purpose of the home group members meeting, safety issues.

Open for topics

1. Question about Homegroup members responsibilities in case a restraining order. If a person has an order with another person and both show up, what is needed to be done. Some discussion but deferred to further research what other organizations do.
2. Discussion on people giving advice in meetings, in particular, making a general declaration. Working together to help home group members understand the need to share from personal experience "for me, this thing is true" rather than "this thing is true".
3. On home group members' responsibilities - move item 2 to item 1.
4. Chat in zoom - Previously noted that some text chat in zoom is cross talk - both distracting and also "giving advice".
5. Pets in the meeting, pets off-leash. Move to add this to the agenda for Business Meeting May 10

Next Homegroup Members Meeting May 17, 1pm.

If you have comments or additions, please talk to Wayland B (503)484-7521

# Home Group Members Meeting March 15, 2025

## Proposed Agenda

- Quick welcome & why we're here (keeping the meeting safe & welcoming).
- Talk about what safety means in our group.
- Have people noticed any recent issues or concerns?
- Main focus: What are the responsibilities of a home group member when it comes to safety? Should we put a statement like the one below on our web page?
- Changes to our meeting script to announce the home group members committee and by what name – Home group, Safety, Unity,?
- Changes to our meeting script: "If someone feels unsafe at this meeting, they should contact a home group member. Home group members' responsibilities are posted on our web page. Would home group members please raise your hands.
- Wrap up with any next steps & close.

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A home group member in our group plays a vital role in fostering a supportive and effective recovery environment. Key responsibilities include:

1. **Contribute Positively** – Share constructively, keep discussions on track, and support the group's purpose.
2. **Speak from Personal Experience** – Share openly and humbly from personal experience to maintain authenticity and trust.
3. **Embody AA Principles** – uphold AA traditions, especially:
  - **Tradition One: Unity** – Foster a safe and cohesive group.
  - **Tradition Five: Singleness of Purpose** – Focus on recovery.
4. **Stay Aware and Supportive** – Be attentive to what's happening in the meeting and work together to ensure a safe space for all members.
5. **Engage After Meetings**—Contact any member acting out to help them understand the importance of unity and cooperation.

By fulfilling these responsibilities, Lunch Bunch/Extended Family home group members help maintain the strength and unity of our meeting.