Policy 8 - Appendix N

Terms of Reference for Standing Committees

TERMS OF REFERENCE

WRSD WELLNESS COMMITTEE

The Wellness Committee is established as a standing committee of the Board, with responsibility for work as detailed below:

- **Vision**

Create a culture that empowers healthy lifestyles and supportive relationships".

- **Purpose**

The Wild Rose Wellness Committee works in collaboration with school communities and partners to identify and provide a network of wellness supports.

- **Membership**
    - One Board member and one alternate Board member
    - Director of Wellness
    - Mental Health Capacity Building Coordinator
    - One School Based Administrator
    - One Family Wellness Representatives
    - One Teacher Representative
    - One Educational Assistant Representative
    - Alberta Health Services School Health Facilitator
    - Alberta School Employee Benefit Plan Rep
    - Chair of the First Nations, Métis and Inuit Committee
    - Additional resource people as deemed necessary

Every effort will be made to balance representation between North and South

- **Meetings and Procedures**

Meetings will be held three times per year.

Meetings will be conducted without the requirement of formal motions. The committee may make recommendations to The Board.

The committee will be chaired by the Director of Wellness or designate.

The Committee chair or designate, will draft the agenda and send copies to Committee members at least one day prior to the meeting.

A written record of proceedings will be taken by a secretary chosen by the Committee, and distributed to all members of the Committee and all trustees.