

Hazelden Betty Ford Foundation: (More information about Prevention Solutions/FCD. Also contains links to articles and recorded podcasts about prevention topics)

<https://www.hazeldenbettyford.org/prevention>

Stanford Tobacco Prevention Toolkit: (from Stanford University – a toolkit designed for adults to utilize in teaching young people about nicotine products. Also contains information about creating health-based non-disciplinary responses to teens using nicotine)

<https://med.stanford.edu/tobaccopreventiontoolkit.html>

National Institute on Drug Abuse: (Helpful information for both teens and adults about various drugs and how they work and impact the brain/body)

<http://www.nida.nih.gov>

Common Sense Media: (information about developmentally appropriate media; guides for parents and caregivers about setting boundaries and having discussions about technology use)

www.commonsensemedia.org

Stacey and PW/FCD will compile and share additional resources, especially around healthy screen time/technology use, for me to share next week.