

**Alexa Novak** will graduate from Glenbard West High School in Glen Ellyn, IL, this upcoming spring. She has achieved numerous accolades throughout her running career, but the peak was this past Cross Country season where she earned All-State honors by finishing in 15th place in 17:04 at the IHSA State Championship in Peoria. Beyond running, she is a member of the National Honor Society as well as the Team Philanthropy Network at her high school. In addition to all of this, she has mentored younger athletes on her team and provided a positive leadership role for them to emulate. She plans on studying Nutrition at the University of Wisconsin - Madison. Alexa wrote on the importance of balance in life: "I will have good days and bad. But even when I struggle, I won't listen to the voice of insecurity. I will stay true to myself. There are plenty of brighter days ahead now that I understand the importance of aligning my body and mind."

