

FORT COLLINS & COLORADO TRANSGENDER RESOURCES & SUPPORT

Upcoming Events

Eclectic's meetings are Moving!! New Day, Time, and Place!

Eclectic meets on Every 1st and 3rd Mondays, 5-7pm, at Prue's Place in the Community Impact Center/United Way Building, 525 W. Oak St, Fort Collins

NEXT MEETINGS:

June 16th

July 7th & 21st

August 4th & 18th

Sept. 1st & 15th

Oct. 6th & 20th

Nov. 3rd & 17th

Dec. 1st & 15th

Note - *GenderQueer Peers* meets 2nd and 4th Thursdays. See support groups, Section 28, below, or check out the Yarrow Collective.

Sharable Link to this Google document, (view only)

https://docs.google.com/document/d/16TI9qIJ5G1lu2Yr-TCtlIPcDRfSyTtmeYWvPL_rduBM/edit?usp=sharing.

Or use the link on the Resources page of Northern Colorado Equality <https://www.nocoequality.org/>

RESOURCES LIST - PLEASE SCROLL DOWN

Please Note - I use the extremely broad and inclusive definition of Transgender. Many of the resources here are relevant to the broader LGBTQI community as well.

I hope the resources here are useful for you, many are gathered from community member comments. These are not endorsements, and we are not lawyers, doctors, or psychologists. Please consider your LGBTQI needs and carefully check all resources for yourself.

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That's All Folks !!

Sorry, you have to scroll.

Sorry #2, you may have to go from a home page to Programs / Services / Resources sections by yourself.

Please Help Me Improve This Resource List. Send me links to add, or tell me what is wrong or broken. You have my thanks either way.

Thank you, Laura Michelle, nocoeclectic@gmail.com



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1 - CRISIS & OTHER HOTLINES, PREVENTION & TRAINING.

1.1 - Crisis & Hotlines

- 911

- COLORADO ANTI-VIOLENCE PROGRAM 888-557-4441 303-852-5094

- COLORADO CRISIS AND SUPPORT LINE (091220) 24/7

Call (844)-493-8255

Text TALK to 38255

Walk-in location 24/7:

928 12th st. Greeley 80631

<http://coloradocrisiservices.org>

- CRISIS TEXT LINE crisistextline.org text HOME to 741741

- FAMILY ACCEPTANCE PROJECT (Not an Emergency Service)

<https://familyproject.sfsu.edu/>

- LGBT NATIONAL HELP CENTER (012921)w/corrections

<http://www.glbthotline.org/>

help@LGBThotline.org

LGBT National Hotline (Peer Support)

888-843-4564

M-F 2-10 pm, Sat 1-3 pm Mountain Time

LGBT National Youth Talkline(to age 25)(Peer Support)

800-246-PRIDE (7743)

M-F 2-10 pm, Sat 1-3 pm

Also for Parents

LGBT National Senior Hotline

888-234-SAGE (7243)

OnLine Peer Support Chat

<http://www.glbthotline.org/peer-chat.html>

M-F 2-10 pm, Sat 1-3 pm

MCR / MEDICAL CENTER OF THE ROCKIES (102920) (Loveland Hwy34 & I-25) 2500 Rocky Mountain Ave, Loveland, CO 80538

Go to the EMERGENCY entrance and mention "acute suicidal ideation". Later get a referral to Denver Health.

<https://www.uchealth.org/locations/uchealth-medical-center-of-the-rockies/>

- MENTAL HEALTH FIRST AID COLORADO mhfacolorado.org

Get trained to recognize the signs/symptoms of a Mental Health Crisis and how to respond.

MOUNTAIN CREST BEHAVIORAL HEALTH /UC Health(102920) 24/7

4601 Corbett Dr, Fort Collins, CO 80528

Inpatient and outpatient. Takes Medicaid. Reported Hit or Miss for transgender support.

<https://www.uchealth.org/locations/uchealth-mountain-crest-behavioral-health-center/>

-NATIONAL HUMAN TRAFFICING HOTLINE (081819)

1-888-373-7888

or Text "Help" or "Info" to 233733

- NATIONAL RUNAWAY SWITCHBOARD 800-786-2929

- NATIONAL SEXUAL ASSAULT HOTLINE 800-656-4673

Chat: <https://hotline.rainn.org/online>

- NATIONAL SUICIDE PREVENTION HOTLINE 24/7 800-273-8255

<https://suicidepreventionlifeline.org/>

-PVH / POUDRE VALLEY HOSPITAL / UC Health 24/7 (Fort Collins)(102920)

1024 S Lemay Ave, Fort Collins, CO 80524

Go to the EMERGENCY entrance and mention "acute suicidal ideation". Later get a referral to Denver Health.

<https://www.uchealth.org/locations/uchealth-poudre-valley-hospital/>

- SAGE / National LGBT Elder Hotline.

24/7. (112721)

877-360-LGBT (5428)

<https://www.sageusa.org/what-we-do/sage-national-lgbt-elder-hotline/>

-SAVA / SEXUAL ASSAULT VICTIM ADVOCATE CENTER 24/7 <http://savacenter.org/>

24/7 Rape Crisis Hotline 970-472-4200

Fort Collins Location 8:30-5 M-F

4812 S. College Ave.

Fort Collins, CO 80524

(970) 472-4204

Greeley Location 8:30-5 M-F

921 38th Avenue Court

Greeley, CO 80634

(970) 506-4059

Loveland Location 8:30-5 M-Th

1570 West 1st St.

Loveland, CO 80537

(970) 775-2962

- SUMMITSTONE HEALTH PARTNERS 24/7 Crisis Services (091220)

<http://summitstonehealth.org/>

Call: (970) 494-4200

Text: TALK to 38255

WALK-IN: Mon. 9-5, T-Th 8-5

Fort Collins

114 Bristlecone Drive

Fort Collins, CO 80524
Loveland
1250 N Wilson Avenue
Loveland, CO 80537

Crisis Stabilization Unit: A short-term mental health residential facility serving Larimer County. Those in a mental health crisis can stay for up to five days to receive intensive therapy, including psychiatric and nursing services. Group and individual sessions are offered daily.

1217 Riverside Ave
Fort Collins, CO 80524
(970) 494-4200
8:00 a.m. to midnight

- **TRANS LIFELINE** (877) 565-8860 24/7 <http://www.translifeline.org/>

- **TREVOR LIFELINE**
(866)-488-7386 24/7 <http://www.thetrevorproject.org/>
TrevorChat (laptop)
TrevorText "start" to 678-678
TrevorSpace LGBTQ Social Networking under age 25

-Yarrow Collective

Alternatives to Suicide Peer Support Groups (in-person Fort Collins, and virtual) (082024)
<https://www.yarrowcollective.org/>

- **VETERANS CRISIS LINE** <https://www.veteranscrisisline.net/>
800-273-8255 press 1
Text 838255
Chat <https://www.veteranscrisisline.net/ChatTermsOfService.aspx>

1.2 - Resources / Info.

- ALLIANCE FOR SUICIDE PREVENTION FOR LARIMER COUNTY (Prevention Training/Grief Support)(Not an Emergency Service)

<http://allianceforsuicideprevention.org/>

-9 Ways to Help a Loved one at risk of suicide

https://www.npr.org/sections/health-shots/2019/04/20/707686101/reach-out-ways-to-help-a-loved-one-at-risk-of-suicide?utm_source=facebook.com&utm_medium=social&utm_campaign=npr&utm_term=nprnews&utm_content=20190420

-A Guide for Partners and Friends of Transgender Sexual Violence Survivors (081719)

<https://forge-forward.org/2016/05/29/sv-partner-guide/>

-Planning to leave Domestic Violence (01/18/20)

<https://whisper.dailydot.com/woman-shares-detailed-and-informative-plan-for-anyone-trying-to-escape-an-abusive-relationship/>



2

2 - Terms & Definitions on Gender & Sexuality.

Words and Names have Power! Do NOT let Anyone tell you who you are, your Identity, or your Orientation. Do NOT let Anyone tell you what you should be, or that you are not enough of something, or that you are not “really” whatever you decide. YOU are the only one who Decides! The terms and definitions you’ll find here are just a start, an approximation. No one fits perfectly into any name, or category. Find and use what works for you, and if you don't find yourself in here then keep looking or create your own.

2.1 Terms & Definitions

- GENDER & SEXUALITY

A-Z LIST OF SEXUALITIES (082220)

<https://uniteuk1.com/2018/06/a-z-list-of-sexualities/>

<http://transwhat.org/glossary/>

<http://www.refinery29.com/lgbtq-definitions-gender-sexuality-terms/>

<http://itspronouncedmetrosexual.com/2013/01/a-comprehensive-list-of-lgbtq-term-definitions/#sthash.5PaQRYRH.9zkagAUG.dpbs>

<http://www.pinknews.co.uk/2017/11/27/the-ultimate-lgbt-glossary-all-your-questions-answered/>

-AROMANTIC

-Concepts (021620)

<http://www.arocalypse.com/index/>

-Terms (02/16/20)

<http://www.arocalypse.com/index/resources/lexicon> (terms)

-FAQ's (02/16/20)

<https://www.aromanticism.org/en/faq>

-GENDERFLUID (123120)

https://www.health.harvard.edu/blog/gender-fluidity-what-it-means-and-why-support-matters-2020120321544?utm_campaign=shareaholic&utm_medium=facebook&utm_source=socialnetwork

-GENDER NEUTRAL ALTERNATIVES TO LADIES & GENTLEMEN (02/04/20)

<https://equalityspeaks.tumblr.com/post/144067215623/a-list-of-gender-neutral-alternatives-to-ladies>

- INTERSEX Definitions (and some of the more common traits)

<https://interactadvocates.org/intersex-definitions/>

<https://anunnakiray.com/helpful-definitions-with-flags/>

-TITLES (Gender Neutral / Queer)

(For Individuals & Relationships)

<http://genderqueeries.tumblr.com/titles>

(For Gender identities & Definitions) (081719)

<https://genderfluidsupport.tumblr.com/gender>

-YIDDISH TRANSGENDER / NONBINARY TERMS (04/01/20)

<https://medium.com/@sasha.x.berenstein/a-list-of-yiddish-transgender-nonbinary-terms-e6f4a969d171>

2.2 Writing about Transgender People

-Guide for Reporting on Anti-Trans Violence

<https://transgenderlawcenter.org/journalist-resource-series-guide-for-reporting-on-anti-trans-violence/> (092623)

-RadicalCopyEditor Transgender Style Guide (01/24/20)

<https://radicalcopyeditor.com/2017/08/31/transgender-style-guide/?fbclid=IwAR0iMQvvT5LystEx1tjF9wkVpjZZznmQUyHml5Qbsj99bkp0Z6O7N8NTrqQ>

-GLAAD Media Reference Guide - Covering the Transgender Community (011721)

<https://www.glaad.org/reference/covering-trans-community>

-Writing about Transgender People and Issues (011721)

<https://transequality.org/issues/resources/tips-journalists>

-Style Guide. Trans Journalist Association (011721)

<https://transjournalists.org/style-guide/>



3

3 - EQUALITY INDEXES / EMPLOYMENT / WORKPLACE

These are some of the resources available through the Human Rights Council website.

<https://www.hrc.org/resources/workplace> (123020)

- Employer Search
- Healthcare Equality Index (In Employer Search)
- Corporate Equality Index
- Municipal Equality Index
- Employer Search
- Coming Out at Work
- How to Find Employer's Non-Discrimination Policy
- LGBT Professional and Student Associations

-TRANS JOB SEEKER GUIDE: OVERCOMING OBSTACLES IN THE JOB MARKET
(021621) (Note: this is not an endorsement of Zippia)

<https://www.zippia.com/job-search/lgbtq-jobs/trans-job-seeker-guide/>

-Companies paying for Transgender Medical Care (031421)

<https://www.ranker.com/list/transgender-friendly-companies/business-and-company-info>



4

4.0 - Help with Basic Needs- Limited Small Grants

-Rocky Mountain Equality Assistance Programs (Larimer & Boulder County)(01/08/25)

<https://www.rmequality.org/resources/assistance-programs>

4.1 - HOUSING

- Know Your Rights: Housing and Homeless Shelters (011721)

<https://transequality.org/know-your-rights/housing-and-homeless-shelters>

-Resources for LGBTQ Housing Discrimination (011721)

https://www.hud.gov/program_offices/fair_housing_equal_opp/housing_discrimination_and_persons_identifying_lgbtq

-Transgender Roommates & Group Housing

<https://www.facebook.com/groups/GROUPTGRH/>



5

5 - IDENTIFICATION DOCUMENTS - How To Change Name & Gender

5.1 MICRO GRANTS for Identity Documents and Name Changes.

Colorado Name Change Project

<https://www.namechangeproject.org/microgrant/> (11/11/24)

Rocky Mountain Equality- Vital Document Assistance (covers documents only, not getting the court order of name change) (11/11/24)

<https://www.rmequality.org/resources/assistance-programs>

TransLifeline

<https://www.translifeline.org/microgrants> (11/11/24)

5.2 COURT ORDERED NAME CHANGE - COLORADO I am not an Attorney. Consult an Attorney or attend a Name/Gender Change workshop or DIY with Colorado Name Change Project (See Below).

NOTE: Name changes for reasons of gender identity are No Longer Required to be published in newspapers. (11/11/24)

per C.R.S. 13-15-102 (4)

"(4) A petitioner need not give public notice of a name change as required by subsection (1) of this section if the petitioner is changing the petitioner's name to conform with the petitioner's gender identity.

C.R.S. § 13-15-102"

<https://casetext.com/statute/colorado-revised-statutes/title-13-courts-and-court-procedure/change-of-name/article-15-change-of-name/section-13-15-102-publication-of-change>

Jude's Law / Colorado HB19-1039 Identity Documents for Transgender Person (effective 1/1/20)

<https://leg.colorado.gov/bills/hb19-1039>

5.2 A) COLORADO NAME CHANGE PROJECT, CNCP (Automated form generator)(11/11/24)

-Also Name Change Checklist

-Also Gender Change on everything

(For 2nd Gender Change Court Order see section 5.4 below as CNCP website has not included this as of 02/22/25).

<http://www.namechangeproject.org/>

303-335-9753

-They also do income based microgrants to help pay for name changes

-They also hold name change clinics. See their calendar.

5.2 B) COLORADO JUDICIAL BRANCH (11/11/24) -Standard Instructions for Adults / Children / Felony & JD / 70+ / Divorce

https://www.courts.state.co.us/Self_Help/namechange/ (click on name changes)

Felony Conviction - Name Change (11/11/24)

<https://www.coloradojudicial.gov/self-help/prior-felons-name-change>

Form JDF 385

https://www.coloradojudicial.gov/sites/default/files/2023-07/JDF385_0.pdf

5.3 FINGERPRINTING

-COLORADO FINGERPRINTING: (Denver) \$86.50 (11/11/24)

Express Fingerprinting /CBI / FBI Channelers - FBI results in 48 hours

http://www.coloradofingerprinting.com/?gclid=CjwKCAjw96fkBRA2EiwAKZjFTfG5dOWC8acXpom9J5rh4wkUOeethKHZEo-PeW8JC7ZH4GEo66iH_hoCyfUQAvD_BwE

Also Done Every Wednesday from 2:30pm to 4:30pm at The Center on Colfax Please schedule an appointment.

-IDENTIGO: (Greeley/ Longmont/ Boulder/ Denver Metro)(11/11/24)

https://identigo.com/?fbclid=IwAR1KCK6i4KJBBQjkMc1wyC_JzufljyZpagsNdOJToUNCK7eMXI1hc5y81il .

CBI & FBI Appointments can be back to back.

CBI Background Check Appt (11/11/24)

https://uenroll.identogo.com/workflows/25YH7J?fbclid=IwAR1OTUMXMfqr5MjG5wm8M9mc_6H4OPKypad2V4GeVedR8CT9X2G6zfa_u7Y

FBI Background Check Appt (11/11/24)

https://uenroll.identogo.com/workflows/111VVQ?fbclid=IwAR1hwh0dRlfzKdhs3sBcuWJ1V7os5bP8hxJJIHJvhU3cWDLCsN_gkNV1F0M

5.4 COURT ORDER FOR GENDER CHANGE - COLORADO **(02/18/25)**

I am not an Attorney. Please Consult an Attorney for any questions or advice.

-GENERAL INFORMATION - If this is your ***FIRST*** time changing your gender marker on your Colorado Birth Certificate, or it is either your first time ever application or your first time of changing your gender marker on a Colorado Driver License / Permit / or ID card you do not need a court order of gender change.

You only need a court order of gender change if you want to change your gender a ***Second*** time on either a Colorado Birth Certificate or a Colorado Driver License, Permit, or ID card. Second timers Please consult an Attorney or a Name/Gender Change workshop, or the update (Below).

UPDATE FROM COLORADO NAME CHANGE PROJECT, CNCP (02/18/25)

2nd Gender Change Template, CNCP.

Email Colorado Name Change Project for template

<https://www.namechangeproject.org/contact-us/>

Please copy this link above and then make your edits. Don't leave your information on this form!

If you have any questions please contact Colorado Name Change Project. <https://www.namechangeproject.org/contact-us/>

If you encounter problems with this form or with using it in District Court please let us know, nocoeclectic@gmail.com

COST

On 1/1/25 the price in District Court went up to \$265.

Please see this database section 5.1 above for Microgrants.

Or

People with lower incomes can file a "Motion to Waive Fees" with form JDF 205.

<https://www.coloradojudicial.gov/self-help-forms> (enter "JDF 205" as form number)

ALTERNATIVES

-You can use Forms JDF 76 and 77 if you want to write your own court order of gender change. And please consult an Attorney.

<https://www.coloradojudicial.gov/self-help-forms> (11/11/24)

-COLORADO courts will mail you an unofficial court order of Gender change or of Name change once they approve it. This is not the legal, official document that Driver's Licensing, Birth Certificate (CDPHE), or the Passport Agency Requires. (Don't apply for a passport gebder change currently). You must return to (or request by mail) the same court clerk you filed with and buy a certified copy with and original stamp/seal, currently \$20 each. (please get at least 2, for safety and to mail one away to update some records).

5.5 NAME AND GENDER CHANGE WORKSHOPS

A). Colorado Name Change Project.

Monthly, see their calendar. Attorney led Virtual Webinars through Zoom.

<https://www.namechangeproject.org/events/> (11/11/24)

B).GLBT Community Center, 1301 S. Colfax Ave, Denver (11/11/24)

Legal Resource and Legal Referrals. <https://lgbtqcolorado.org/programs/legal/>

5.6 - SOCIAL SECURITY GENDER & NAME CHANGE - Information and General Application Form

Simply Self attest to your gender.

(Binary M/F only currently)

Gender change is not currently allowed.

SSA Gender Change Sample Form, why you should do this, How Do I Change My Name in My Social Security Record?, and other Q & A .

<https://transequality.org/documents/know-your-rights-social-security> (11/11/24)

Social Security allows changes to your gender marker by self report, you don't need to provide any medical or legal evidence, and the gender marker you request does not have to match your other forms of ID.

How to Change Your Gender with Social Security. <https://faq.ssa.gov/en-us/Topic/article/KA-01453> (11/11/24)

SSA FORMS

<https://www.ssa.gov/forms/> (02/22/25)

5.7 - U.S. PASSPORT

GENDER and NAME CHANGE - Information and Forms

July 2, 2025 update

Orr v trump has a temporary stay on no gender change on passport policy by a district Court. This is being appealed by the republican government and may well be reversed, but at the moment it may work.

<https://travel.state.gov/content/travel/en/passports/passport-help/sex-marker.html>

More info.

https://www.aclu.org/trumps-assault-on-transgender-rights/qa-orr-v-trump?initms_af=f&initms_chan=soc&utm_medium=soc&initms=awr-na-fb-na-nat-na-lgbtq-transrights-tjpassports&utm_source=fb&utm_campaign=tjpassports&utm_content=awr-na-fb-na-nat-na-lgbtq-transrights-tjpassports&ms_aff=nat&ms_chan=soc&ms=awr-na-fb-na-nat-na-lgbtq-transrights-tjpassports&fbclid=IwZXh0bgNhZW0CMTEAAR7Y75gcw72zgrkttfKe4e-PRpsxTpe80Hjyltx1oMF-T0oz8PjapZak8vUVnFg_aem_WwJk1caflGcG2qtaWAAvNQ

Gender Change Attestation form: <https://share.google/SwrJI52Dm2LWCws91>

Feb 13, 2025 update

https://travel.state.gov/content/travel/en/passports/passport-help/sex-marker.html?fbclid=IwY2xjawlbKOhleHRuA2FIbQIxmQABHQo62kmnndkqOAZLeXXH8J4LsoqmP1Pu-Rz5BS6LB6izCYujnqZ3Ts2OBA_aem_RjV05D10ETNkbEm2UCtOKA

Jan 22, 2025

****IMPORTANT****

It appears that the US State Department is no longer processing gender marker correction applications and have been instructed to confiscate the supporting documentation submitted as a part of the application.

Unfortunately, it appears that the ability to get a US passport that accurately matches your gender is not currently possible. We will continue to monitor the situation and provide updates, but at this time we do not recommend applying for a corrected passport.

We will be updating our website ASAP with this development.
(Colorado Name Change Project)

Passport
- GENDER CHANGE
DO NOT USE!

Gender designation on U.S. Passports is now by self report, no medical provider's statement of transition is needed! You can select male (M), female (F), or non-binary, unspecified or another gender identity (X) as your gender marker. NOTE: If you have an X gender marker, you may not be able to travel to some other countries. Also, please consider your safety when planning to travel to other countries. (11/11/24)

<https://travel.state.gov/content/travel/en/passports/need-passport/selecting-your-gender-marker.html>

Thanks to my friend Dana Zzyym and Lambda Legal who fought for 6 years to win our right to a "X" marker. And thanks to the Biden administration.

Passport - NAME CHANGE - Information and Forms (02/22/25)

(Note: there is even an awkward procedure for a non-legal name that you have used for 5 years+)

<https://travel.state.gov/content/travel/en/passports/apply-renew-passport/change-correct.html>

PASSPORT - Children Under 16 Extra information

(02/22/25)

<https://travel.state.gov/content/travel/en/passports/need-passport/under-16.html>

5.8- COLORADO BIRTH CERTIFICATE- GENDER & NAME CHANGES

The new birth certificate will not be marked as amended or otherwise indicate that the gender designation or any name change accompanying the gender designation change, occurred.

How To:

<https://cdphe.colorado.gov/correct-or-change-a-birth-certificate> (11/11/24)

Birth Certificate Correction Form:

https://drive.google.com/file/d/12_rmiKp-awHmLRBuLQiuxulojQAVT93D/view?usp=sharing
(11/11/24)

-Under 18yrs, application may be made by one or both parents, a legal guardian, or a legal representative (must show proof).

Name Change:

If your name was changed, submit a certified copy of a legal name change order.

Sex/Gender Designation Form: **(1st time only)** (11/11/24)

<https://drive.google.com/open?id=1OcAqCa1aonUzR1ZiZEscXa19Ya8oixzx>

-Under 18yrs. needs a licensed (any state or country) Medical or Behavioral provider to attest to your gender identity your sex designation should be changed to M/F/X.

-18yrs and up you just check a box, M/F/X.

WARNING you can change your sex only once on a Colorado Birth Certificate by this form! Any subsequent sex designation changes require a court order, see update or forms in section 5.4 above here, Colorado Court Ordered Gender Change. I do recommend consulting an attorney at namechangeproject.org or virtually attending their name change clinic.

-SAME DAY SERVICE is ONLY at the main office 4300 Cherry Creek Drive South, Denver CO 80246 (and is by appointment only, appointments opening only on the first of every month).

Or Completed materials can be mailed to the address below for service in 45-60 days.

Expedited Shipping \$20 (not service) only shortens the return mail time.

Vital Records

Birth Unit

4300 Cherry Creek Drive South

Denver, Colorado 80246

Phone: 303-692-2226

Email: (Not for your application) cdphe_birthcertificates@state.co.us

-Branch offices such as County health offices will issue you certified birth certificates as they are currently recorded. They do not handle any changes or corrections and they send you away. LARIMER County is by appointment only.

-FEES: \$40 minimum for 1st copy, \$13 each for more. Plus any expedited shipping fees.

-Get 2 copies. (For safety and because you may be require you to mail an original to some agencies sometimes)

5.9- COLORADO DRIVER LICENSE / ID /PERMIT - GENDER & NAME CHANGE

All Offices Require an Appointment.

<https://dmv.colorado.gov/AppointmentScheduling>. (11/11/24)

NAME CHANGE:

-Your new name at Driver's Licensing will be letter for letter what's on your Court Order of Name Change AND it must match Social Security's Records, so be sure to tell SSA in person (301 S. Howes St, Fort Collins) at least one day before coming to the driver's license office and don't let social security use any nicknames or change the order . It helps to bring either your new un-laminated Social Security Card OR their printout/letter with your new name stating they will be mailing you a new card soon.

-You must bring your original, certified Court Order too. (It must have an Original stamp/seal - no copies) In Colorado this is the one you went back to the court clerk and paid \$20 a copy for, not the initial one you got in the mail.(please get at least 2, for safety and to mail one away to update some records).

GENDER CHANGE: M / F / X

No Gender Change paperwork at all is needed in an adult or a minor's Initial Application (first time ever) for a first Colorado License / ID / or Permit, regardless of what is on the birth certificate or passport. This started in 2023 and they may not be used to it. Just tell them. If they disagree ask for a manager or have them check their manual, or both. If you need to change an existing Colorado record then follow the next paragraph.

(1/1/20) You can use a court order of gender change, or a new Colorado Birth Certificate to correct your sex designation. OR you can use Form DR2083 (next)

PDF Form & Instructions DR2083 Change of Sex Designation Form and Instructions:
(updated 3/14/23)

https://drive.google.com/file/d/1ZHx4vMczRhVxiTz2NOcPF__pZQTen8Fq/view?usp=sharing

Link for DR2083 Change of Sex Designation Form and Instructions

<https://www.colorado.gov/pacific/dmv/forms-and-publications-1>

WARNING you can change your sex designation only once at Drivers Licensing using Form DR 2083, not counting initial application. Any subsequent sex designation changes require a court order, see 'Update' or use Forms JDF 76&77, both in Section 5.4 above here in the Colorado Court Ordered Gender Change section. I do recommend consulting an attorney at namechangeproject.org or attending one of their name change clinics (currently virtual).

MINORS < 18 Can use a court order of gender change, or their new Colorado Birth Certificate to correct their sex designation on ID / License. They can also use the form DR2083 which must be completed by a licensed medical or behavioral health care provider, and with a parent present with proof of parentage.

5.10 - ALL STATE'S BIRTH CERTIFICATES / GENDER & NAME CHANGES / DRIVER'S LICENSES /NAME CHANGE

-<http://www.transequality.org/documents> (02/22/25)

<https://translifeline.org/resources/id-change-library/> (05/13/23)

Note: As of Feb. 17, 2020 neither of these organizations are correct for Colorado. Please use the links in section 5.8 above for Colorado Birth Certificates and for Driver Licensing. Also Name Changes due to gender change in Colorado do NOT have to be published.

5.11 - INS / USCIS (Do Not Use)

<https://www.uscis.gov/newsroom/alerts/uscis-updates-policy-guidance-on-self-selecting-a-gender-marker-on-forms-and-documents> (040723)

<http://www.transequality.org/know-your-rights/immigration-documents>

(02/22/25)(All Federal Policies may have changed in 2025)

Civil Surgeon / USCIS Medical Exam

<https://www.uscis.gov/tools/find-a-civil-surgeon> (02/22/25)

Dr. John Bender at Miramont Wellness Center 4674 Snow Mesa Drive Suite 140 Fort Collins

<https://www.miramont.us/>

5.12 - MILITARY

- DEERS page not found

<http://transveteran.org/faq/update-name-gender-defense-enrollment-eligibility-reporting-system-deers/>

- RECORDS <https://transequality.org/know-your-rights/military-records>
- DISCHARGE UPGRADE -<http://transveteran.org/for-veterans/> (11/13/19)
-<https://www.defense.gov/Spotlights/Dont-Ask-Dont-Tell-Resources/>
(092523)(All Federal policies may have changed in 2025)

5.13 - SCHOOL RECORDS

<https://www.lambdalegal.org/know-your-rights/article/youth-ferpa-faq> (02/22/25)

5.14 - SELECTIVE SERVICE

<http://www.transequality.org/issues/resources/selective-service-and-transgender-people>
(02/22/25) (All Federal Policies may have changed in 2025)

<https://www.sss.gov/Home/Address-Change> see FAQ's 7th from bottom, "sex change" (11/5/19) Page not found

5.15 -STUDENT LOANS (NAME) (02/22/25)(article is 5+Years old)

<https://www.forbes.com/sites/advisor/2019/09/22/student-loans-are-even-more-complicated-for-transgender-borrowers-heres-help/#40cf4823246a>



6

6- INTERSEX

-Definitions, and some of the more common traits)

<https://interactadvocates.org/intersex-definitions/>

<https://anunnakiray.com/helpful-definitions-with-flags/>

- How sexually dimorphic are we? Review and synthesis. American Journal of Human Biology Volume 12, Issue 2 (082019)

<https://onlinelibrary.wiley.com/doi/abs/10.1002/%28SICI%291520-6300%28200003/04%2912%3A2%3C151%3A%3AAID-AJHB1%3E3.0.CO%3B2-F>

-How to add the I responsibly to LGBT (includes UN factsheet/ Guidelines for allies/ info for parents/ model hospital guidelines)(091719)

<https://anunnakiray.com/2018/01/16/how-to-add-the-i-responsibly-to-lgbt/>

-How 9 Young People Found Out They Were Intersex

<https://www.teenvogue.com/gallery/young-people-on-how-they-found-out-they-are-intersex>

-Intersex Campaign for Equality (IC4E)(01/22/20)

<https://www.intersexequality.com/>

-The Spectrum of Sex: The Science of Male, Female, and Intersex (Nieto & Vilorio)(01/22/20)

The Spectrum of Sex: The Science of Male, Female, and Intersex

https://www.amazon.com/dp/B07ZPH6H4T/ref=cm_sw_r_cp_apa_i_yCrkEb22XH13V

- **SEX REDEFINED** (The Idea of two sexes is simplistic)

<http://www.nature.com/news/sex-redefined-1.16943>

-The XX & XY Lie: Our Social Construction of a Sex and Gender Binary (12/22/19)

<https://medium.com/@QSE/the-xx-xy-lie-our-social-construction-of-a-sex-and-gender-binary-4eed1e60e615>

-Beyond XX And XY (10/19/19)

<https://www.scientificamerican.com/article/beyond-xx-and-xy-the-extraordinary-complexity-of-sex-determination/>



7

7 - LEGAL LGBT RESOURCES

7.1 - INFORMATION

ACA Affordable Care Act 1557 Non-Discrimination

<https://www.hhs.gov/civil-rights/for-individuals/section-1557/index.html>

Family Legal Resource Guide - Colorado

https://www.familyequality.org/news__media/2017/11/20/2285/new_legal_guide_released_f_or_colorado_lgbtq_families

Juvenile Justice - National Council of Juvenile and Family Court Judges - Access to Juvenile Justice Irrespective of Sexual Orientation, Gender Identity, and Gender Expression (SOGIE)

https://www.ncjfcj.org/sites/default/files/SOGIE_Benchcard%20-%20%207%2015%2017.pdf

Legal Documents for LGBT Older Adults

<https://www.lgbtagingcenter.org/resources/resource.cfm?r=3>

The LGBT Family Law Institute

<https://lgbtbar.org/what-we-do/member-groups/the-lgbt-family-law-institute/fli-attorneys/>

State Civil Rights Laws <http://statelaws.findlaw.com/civil-rights-laws.html>

Transgender Living Wills/Funeral Directives
<http://www.orderofthegooddeath.com/dying-trans-preserving-identity-death>

7.2 - LGBT LEGAL ORGANIZATIONS

ACLU
<https://www.aclu.org/>

Anti-Defamation League <https://www.adl.org/>

Center for Reproductive Rights <https://www.reproductiverights.org/>

Colorado Division of Civil Rights <https://www.colorado.gov/dora/civil-rights>

Colorado Legal Services <http://coloradolegalservices.org/>

Colorado LGBT Bar Assoc. <http://coloradolgbtbar.org/>

Equality Case Files (Repository of LGBT court cases) <http://files.eqcf.org>

Equity Project (LGBT in Juvenile Delinquency Courts)
<http://www.equityprojects.org/>

GLAD Legal Advocates & Defenders <https://www.glad.org/>

Immigration Equality <http://www.immigrationequality.org/>

Lambda Legal <https://www.lambdalegal.org/>

National Center for Lesbian Rights <http://www.nclrights.org/>

National Immigration Law Center <https://www.nilc.org/>

National Women's Law Center <https://nwlc.org/>

OUTlaw (CU LGBTQ+ Law Student group)
<https://www.facebook.com/queerlawstudents/>

Sylvia Rivera Law Project <https://srlp.org/>

TLDEF (Transgender Legal Defense & Education Fund) <http://transgenderlegal.org/>

Trans (and GNC) Immigrant Defense Effort - Part of the Transgender Law Center
510-587-9670

Transgender Law Center <http://transgenderlegal.org/>

Williams Institute / UCLA Law <http://williamsinstitute.law.ucla.edu/>

7.3 - ATTORNEYS

Christian Griffin Law (Louisville) “your little gay law firm” (trans* friendly)
<https://www.christiangriffinlaw.com/>

Civil Rights Education and Enforcement Center (Denver)
<https://creeclaw.org/>

King & Greisen (esp. Paula Greisen) (Denver)

<https://www.kinggreisen.com/>

Employment and Civil Rights

Rathod Mohamedbhai (Denver)

<http://www.rmlawyers.com/>

Employment and Civil Rights

Lowery Parady (esp. Sarah Parady)(Denver)

<http://lowrey-parady.com/>

Employment & Civil Rights & Family

Scardina Law (Denver) (LGBT) (trans* Supportive)

<http://www.scardinalaw.com/Family-Law/LGBT-Law.shtml>

Trachman Law Center (01/22/20)

legal counsel and representation in assisted reproductive technology matters, family protection for LGBTQ parents including wills, trusts, advance directives and powers of attorney. <https://www.trachmanlawcenter.com/about-trachman-law-center>

303-243-5014

ALSO:

-BRINGING JUSTICE HOME PROJECT (051523)(from Crossroads Safehouse)

CIVIL LEGAL REPRESENTATION FOR SURVIVORS OF DOMESTIC VIOLENCE,
SEXUAL ASSAULT, DATING VIOLENCE, AND STALKING

<https://www.crossroadssafehouse.org/get-help/bjh/>

-Legal Support Resources (thank you OutBoulder) includes 2 lawyers in Boulder and several organizations

<https://www.outboulder.org/legal-support>



8

**8 - MEDICAL : PROFESSIONALS, & INFORMATION for
the TRANSGENDER COMMUNITY**

8.1 - Addiction:

<https://www.drugrehab.com/guides/lgbtq/>

8.2 - After Surgery:

-After Bottom Surgery(081719)

<https://www.thebody.com/article/what-to-expect-after-bottom-surgery-one-transgender>

-Gender Affirming After Surgery Care (081719)

<https://www.thebody.com/article/gender-affirming-aftercare-for-trans-women-healing>

8.31 - Binding

- Binding Study Results (See: Results, Care Seeking, Open Access Article)

<https://bindinghealthproject.wordpress.com/results/>

- Binders some have recommended

<https://www.gc2b.co>

<https://www.shapeshifters.co/>

-Binder Brands and Free Binders(081819)

<https://neutralwolf.com/2017/09/22/binders-and-free-binder-programs/>

-Binding: Creating a Male Looking Chest (122020)

<http://ftmguide.org/binding.html>

-A Binding Guide for All Genders and Gender Expressions (111121)(sizing, free/low cost sources too)

<https://translifeline.org/binding-guide/>

-Chest Binding Tips (121920)

<https://helloclue.com/articles/cycle-a-z/chest-binding-tips-and-tricks-for-trans-men-n-onbinary-and-genderfluid>

-Free Binders: Point of Pride (081819)

<https://pointofpride.org/chest-binder-donations/>

-FTM Resource Guide (121920)

<http://www.ftmguide.org/>

8.32 Tucking (090821)

(Please NEVER use duct tape or an adhesive, and even trans tape or medical tape only rarely and short term. Tearing your skin is no joke)

-<https://www.healthline.com/health/transgender/tucking#how-tountuck>

-<http://www.phsa.ca/transcarebc/Documents/HealthProf/Tucking-Handout.pdf>

-<https://www.verywellhealth.com/tucking-5093120>

8.4 - Doctors / Physician Assistants - Individuals: (These resources are based on community member comments. These are not endorsements. Please ask about your LGBTQI care needs and carefully check them out yourself)

NORTHERN COLORADO

-Dr. John Bender for Civil Surgeon / USCIS Medical Exam

Miramont Wellness Center 4674 Snow Mesa Drive Suite 140 Fort Collins

<https://www.miramont.us/>

See also:

<https://www.uscis.gov/tools/find-a-civil-surgeon> (091623)

-Treanna Anastasia / Harmony Roots Wellness, WHNP-BC, APN-RXN, MSN (Fort Collins)(06/02/25)

<https://harmonyrootswellness.org/>

-Dr. Brianna Anthony, D.O. (Fort Collins)(Village Medical)(080923)

<https://www.villagemedical.com/our-providers/brianna-anthony>

-Dr. H. Davis Blanton, MD.(Fort Collins) (092521)

<https://www.uchealth.org/provider/h-davis-blanton-md/>

-Dr. Lisa Block

-Casey Cash, FNP-C, RN.

Banner Health (Fort Collins)

Tba (07/05/25)

Caitlyn Davis, PA-C (Fort Collins)

(Salud)(010223)

<https://www.saludclinic.org/fort-collins-blue-spruce>

- Dr. Anthony Doft (Windsor) <http://health.usnews.com/doctors/anthony-doft-211687>

- Dr. Beverly Donnelley (Ft Collins) <http://doctor.webmd.com/>

[doctor/beverly-donnelley-md- e18b73d6-1757-41b2-872a- 9db3b11a206d-overview](http://doctor.webmd.com/doctor/beverly-donnelley-md-e18b73d6-1757-41b2-872a-9db3b11a206d-overview)

-Dr. Christopher Drysdale, MD (Fort Collins)(092421)

<https://www.uchealth.org/provider/christopher-r-drysdale-md-internal-medicine/>

-Danika Forgach MD | Obstetrics and Gynecology | UCHealth

(Timnath)(07/05/25)

<https://share.google/24tNY1GkVqUvgvuU0>

--The Iris Center /Dr. Stacy Johns (501C3 Non-Profit)(Fort Collins)
(NOT YET OPEN)

<https://www.theiriscenter.org/>

-Dr. Frankie Jeney, UCHHealth Family Medicine Center (Fort Collins)
(010224)

<https://www.uchealth.org/locations/uchealth-family-medicine-center-fort-collins/>

- Dr. Stacie Johns, MD (Ft Collins) (07/05/25) see The Iris Center

-Dr Virginia Kew (Ft Collins)(092421)

<https://pediatricassociatesnc.com/>

-Margaret Kareus, NP (Fort Collins) (07/05/25)

<https://share.google/ERWXm9NGZKHhC4DmQ>

- Dr. Christina Kuriowa (Fort Collins)

CSU Health Network 970-491-7121

-Anna Marie Lease (NP)(Loveland)(07/07/25)

<https://www.uchealth.org/provider/anne-marie-lease-np/>

-Dr. Mayer @ Salud (Fort Collins)(12/25/19)

<https://www.saludclinic.org/>

-Dr. Richard Millstein (Greeley)UHC Endocrinologist (12/25/19)

<https://www.uchealth.org/provider/richard-j-millstein-do--endocrinology/>

-Dr. Joseph Prows (Fort Collins)(092421)

<https://afmnoco.com/practitioner/joseph-prows/>

- Emma Richardson, PA-C (Fort Collins) (080923)

<https://www.villagemedical.com/our-providers/emma-richardson>

- **Dr. Corin Sadler** (Endocrinologist)(Loveland) <http://www.healthcare4ppl.com/physician/colorado/loveland/corinn-sadler-1508060351.html>

- **Dr. David Schmidt, MD** (Fort Collins) (07/05/25)
<https://www.uchealth.org/provider/david-schmidt-md/>

-**A J Schuster, Residency.** (Fort Collins) (092424)
<https://opengovco.com/license/1449284>
(At UCHealth Family Medicine Center,<https://www.uchealth.org/locations/uchealth-family-medicine-center-fort-collins/>)

- **Kirsten Sampera - The Youth Clinic**
970-267-9510

-**Roxanne Slayden, PA. The Women's Clinic.** (Fort Collins) (102920)
<https://womensclinicnoco.com/>

-**Erin Stalker, FNP-C** (Fort Collins)(092421)
<https://afmnoco.com/practitioner/erin-stalker/>

- **Dr. Amber Steves, MD** (Ft Collins) <https://afmnoco.com/practitioner/amber-steves/>

-**Dr. Barbara Windom (MD)**
(Endocrinologist)(FortCollins & Loveland)(UC Health)
<https://www.uchealth.org/provider/barbara-widom-md-internal-medicine-endocrinology-diabetes-and-metabolism/>

-**Morgan Wolfe Jr (MD). The Women's Clinic.** (Fort Collins)(102920)
<https://womensclinicnoco.com/>

- **Dr. Aida Yavari** (Ft Collins)

<https://www.healthcare6.com/physician/fort-collins-co/aida-yavari-1965371.html>

ESTES PARK

-**Dr. Hannah E. Fields MD. MSPH.** (Estes Park)(091919)

Salud Family Health Centers

1950 Redtail Hawk Dr, Estes Park

303-697-2583 or 970-484-0999

DENVER METRO

- **Dr. Kristen Moreau** (Wheatridge) <http://health.usnews.com/doctors/kristin-moreau-39730>

- **Dr. Daniel Reirden** (Aurora)

Children's Hospital of Colorado

13123 E.16th Ave

Aurora CO 80445

720-777-6131

- **Abby Simon LSW** (Aurora)

www.childrenscolorado.org/doctors-and-departments/departments/adolescent-medicine/

transgender clinic & adolescent medicine clinic

Abby.Simon@childrenscolorado.org 720-777-3587 13001 E colfax Ave Aurora

- **Dr. Katherine Weber** (Endocrinologist)(Denver)

<https://healthy.kaiserpermanente.org/colorado-denver-boulder-mountain-northern/clinicians/katherine-weber-6079415#/map>

- **Dr. Anna Wegleitner** (Youth)(Denver) <https://www.healthgrades.com/physician/dr-anna-wegleitner-358pm>

(also willing to consult with other doctors unfamiliar with trans* health)

Denver Health (12/27/19)

<https://www.denverhealth.org/services/lgbt-services>

Colorado Springs:

Meghan Rush MD Endocrinologist

<https://www.uchealth.org/provider/meghan-t-rush-md--endocrinology/>

8.45 DOCTORS - ONLINE SERVICES:

(Folx and Plume both have some free care scholarships)

-Folx (online only)(081723)

Evaluation / Prescriptions / Lab Tests / Letters/ also PrEP and ED

<https://www.folxhealth.com/>

-Plume (online only)(081723)

Evaluation/ Prescriptions/ Surgery Letter / Behavioral Health

<https://getplume.co/>

-Planned Parenthood of Rocky Mountains / Colorado Virtual Care Center (uses local clinics for lab work)(online only, 2 in-person offices in Denver)(081723)

<https://www.plannedparenthood.org/health-center/colorado/denver/80207/colorado-virtual-care-center-vc-3894-90210/transgender-hormone-therapy>

Or

<https://www.plannedparenthood.org/planned-parenthood-rocky-mountains>

-True U Clinic (online only)(081723)

Evaluation/ Prescriptions/ PrEP

<https://trueuclinic.com/>

-TELE-PrEP (online only)(081723) <http://www.idgp.org/Home> (Then Click on TelePreP in the sidebar)

8.5 - SITES LISTING DOCTORS:

-Civil Surgeon / USCIS Medical Exam

<https://www.uscis.gov/tools/find-a-civil-surgeon> (091623)

Dr. John Bender at Miramont Wellness Center 4674 Snow Mesa Drive Suite 140 Fort Collins

<https://www.miramont.us/>

-CSU Health Network (Fort Collins)

Transgender, Non-Binary, Intersex Care For Students. (083123)

<https://health.colostate.edu/transgender-care/>

151 W. Lake St.

970-491-7121

-Gay & Lesbian Medical Association(GLMA) Provider Database

<http://www.glma.org/index.cfm?fuseaction=Page.ViewPage&PageID=939>

- **Health Professionals Advancing LGBT Equality** (Search for Providers)

<http://www.glma.org/index.cfm?fuseaction=Page.viewPage&pageId=939&grandparentID=534&parentID=938>

- **Healthy Trans** (Finding Surgeons, FFS, Bottom, Insurance)

<https://www.healthytrans.com/resources/>

-**HRC Healthcare Equality Index (04/01/20)** Evaluates 1600 healthcare facilities nationwide for LGBT policies.

<https://www.hrc.org/hei/search>

-**Informed Consent Hormone Providers. Crowd sourced map.**(10/29/19)

<https://www.google.com/maps/d/viewer?mid=1DxyOTw8dl8n96BHFF2JVUMK7bXsRKtzA&ll=42.47025816653199%2C-97.03854516744877&z=4>

- **LGBTQIA Denver Healthcare Guild** <http://healthcareguild.com/denver.html>

-**Murphy Gender Center (Denver)**(02/04/20)

<https://murphygendercenter.com/>

Top Surgery/ FFS/ MTF Cosmeetic & Body Shaping

-**Northern Colorado Aids Project (NCAP)/ Colorado Health Network**

<http://www.ncaids.org/>

- **Planned Parenthood** (Transgender Health Services)(Denver only for in person)

<https://www.plannedparenthood.org/planned-parenthood-rocky-mountains/patient-resources/transgender-services>

- **RAD Remedy** <https://radremedy.org/>

- **Trans Health Boulder County**

<http://www.transhealthbouldercounty.org/general-practitioners/>

-**True Center for Gender Diversity/ Children's Hospital of Colorado** (11/11/19)

<https://www.childrenscolorado.org/doctors-and-departments/departments/endocrinology/true-gender-diversity-center/>

-True U Clinic. Online Transgender and Nonbinary Informed Consent Clinic (082220)
<https://trueuclinic.com/>

- VA (Cheyenne) LGBT Veterans Care Specialist 307-757-7251 Michael Moore

-WPATH Provider Search Directory
<https://www.wpath.org/provider/search>

8.6 - Fertility:

-Fertility Preservation (081719)
<https://www.chicagotribune.com/news/ct-met-transgender-reproduction-20180308-story.html>

-Fertility/ Trans-Family Building. (Transgender and Non-Binary) (10/05/19)
<https://www.familyequality.org/family-building/trans-family-building/>

8.7 - Financial Assistance / Grants for Transition Related Healthcare:

- Genderbands. Annual Grants for all sorts of Medical and Social or Legal Transition Costs (1/6/25)
<https://www.genderbands.org/grants>

- The Jim Collins Foundation (1/6/25) (paused, check here to see if restarted yet)
<https://jimcollinsfoundation.org/apply/>

-Point of Pride (Annual Trans Surgery Fund)(1/6/25)

<https://pointofpride.org/annual-transgender-surgery-fund/>

Point of Pride (HRT Access Fund)(1/6/25)

<https://www.pointofpride.org/hrt-access-fund>

- Transformative Freedom Fund (1/6/25)

<https://transformativefreedomfund.org>

-See Also Section 5.1 for microgrants for identity documents

8.8 - Gender Affirming Care Resources (Supporting the Transgender Community)

<https://www.registerednursing.org/articles/gender-affirming-care-resources/> (062524)

8.9 Guidelines for Trans/NB Care (Very Detailed)

-UCSF Transgender Care, Department of Family and Community Medicine, University of California San Francisco. Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People. 2016

(081819)

<https://transcare.ucsf.edu/guidelines>

8.10 - Hormones:

-Endocrine Treatment of Gender-Dysphoric /Gender-Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (060820)(Published 2017)

<https://academic.oup.com/jcem/article/102/11/3869/4157558>

-Injection (122323)

<https://www.folxhealth.com/library/hormone-self-injection-guide>

Gender Affirming Hormone Therapy Injection Guide - Planned Parenthood (122322)

https://www.plannedparenthood.org/uploads/filer_public/fc/b0/fcb07ab8-4f33-4e1b-8b15-3754c34e3aae/pplm_gender_affirming_hormone_therapy_injection_guide_2.pdf

-Microdosing Testosterone(122720)

<https://www.vice.com/en/article/z3v4nj/beginners-guide-to-microdosing-testosterone-during-transition>

-Overview of Feminizing Hormone Therapy (060820)

<https://transcare.ucsf.edu/guidelines/feminizing-hormone-therapy> (Published 2016)

-Progesterone Is Important for Transgender Women's Therapy (060820)

<https://academic.oup.com/jcem/article/104/4/1181/5270376>. (Published 2019)

-Research on Sublingual vs. Oral Estrogen

<http://transascity.org/sublingual-versus-oral-estrogen/>

-No Venous Thromboembolism Increase Among Transgender Female Patients Remaining on Estrogen for Gender-Affirming Surgery (011721)

<https://academic.oup.com/jcem/advance-article-abstract/doi/10.1210/clinem/dgaa966/6071537?redirectedFrom=fulltext>

8.11 - Insurance Complaints:

<https://www.colorado.gov/pacific/dora/consumer-complaint-portal>

(02/16/20)

8.11.1 Colorado Insurance Transgender Procedure Coverage

The benchmark plan lays out these services that insurance companies must cover for individual plans (meaning not from an employer) and small group plans (for small employers with 2 - 100 employees) starting on January 1, 2023.

<https://doi.colorado.gov/for-consumers/consumer-resources/special-insurance-topics/lgbtq-health-care-rights/gender-affirming>

(030923)

8.12 - Medicaid (Colorado)

-Colorado Transgender Medicaid Coverage (03/07/20)

<https://www.colorado.gov/pacific/sites/default/files/Doc%2003%20MSB%2017-03-21-B%20Tansgender%20Svcs%20Initial%20-%20June%202017.pdf>

-Colorado Transgender Medicaid Coverage (03/07/20)

<https://one-colorado.org/wp-content/uploads/2019/08/Colorado-Transgender-Medicaid-Benefit.pdf>

Fix Number Order

8.13 - Prosthetics (Trans men) (011921)

-<https://www.emisil.com/>

-<https://transthetics.com/cart/>

-<https://www.gendergear.ca/products/mr-fenis>

8.14- Non-Binary

Communicating with Patients who have Non-Binary Gender Identities

<http://www.annfammed.org/content/16/6/559.full>

8.15 - Social Support:

-Social Support Reduces Risk of Heart Attacks and Stroke for Transgender People (12/23/19)

<https://newsroom.heart.org/news/social-support-may-reduce-heart-stroke-effects-of-discrimination-in-transgender-and-gender-non-conforming-adults>

8.16 - WPATH-7 & ICD-11

- WPATH 7 Standards of Care - free download (12/2/19)

<https://www.wpath.org/publications/soc>

ICD-11 GENDER INCONGRUENCE

(17. HA60/61)(091719)

The International Classification of Disease, Eleventh Revision (ICD-11) is a system of medical coding created by the World Health Organization (WHO) for documenting diagnoses, diseases, signs and symptoms and social circumstances

<https://icd.who.int/browse11/l-m/en#/http%3a%2f%2fid.who.int%2fcd%2fentity%2f411470068>.

8.17 Puberty Blockers

https://transequality.org/news/lifeline-trans-youth-puberty-blockers-explained?fbclid=IwY2xjawGeaEtleHRuA2FibQlxMQABHbFU_4kJJ-QXQPgnq10IHbjLsxTB3k5KarJ8KkoXlclwZUmsvylKDN5VZPQ_aem_Nh-B4OTgbLHbY1vNbDWD2A

(111024)



9

9 - MEDICAL & MENTAL HEALTH PROVIDERS FOR LGBTQI, and HIV+, STI TESTING, HORMONE PROVIDERS

This list is for LGBTQI individuals, but it is not marked for who is Transgender supportive or knowledgeable. These are not endorsements. Please ask about your LGBTQI care needs and carefully check these providers out for yourself.

(This is from 2017 and is courtesy of Northern Colorado Health Network. Sadly it is their most recent list)

Primary Care Providers				
Provider's Name	Agency Name	Agency Address	Phone Number	Insurance
Dr. Daniel Bates	Sunrise Community Health Clinic	302 3rd St Se Suite 150 Loveland, CO 80537-6419	(970) 669-4855	Medicaid/Medicare and Private Insurance
Dr. Prows	Associates of Family Medicine	2001 S Shields St, Fort Collins, CO 80526	(970) 221-5255	Medicare and

				Private Insurance
Dr. Stacie Johns	Kaiser Permanente	2950 E Harmony Rd, Fort Collins, CO 80528	(970) 207-7171	Kaiser
Dr. Michelle Glasgow	Kaiser Permanente	2950 E Harmony Rd, Fort Collins, CO 80528	970-207-7171	Kaiser
All Providers (Dr. Aida Yavari and Dr. Amelia Virotsko)	Salud Family Health Center	1635 Blue Spruce Dr, Fort Collins, CO 80524	(970) 484-0999	Medicaid/Medicare, Private Insurance and Sliding Scale
All Providers	Children's Clinic- Salud Family Health Center	114 Bristlecone Dr, Fort Collins, CO 80524	(970) 494-4040	Medicaid/Medicare, Private Insurance and Sliding Scale
Morgan Swinehart, PA	Associates of Family Medicine	Floats to All offices		Medicare and Private Insurance
Dr. Anthony Doft	McKee Medical Center	2000 Boise Ave Loveland, CO 80538	970-820-4640	
Dr. Amber Steves	Associates of Family Medicine	Westbridge Medical Suites, 1107 S Lemay Ave #200, Fort Collins, CO 80524	(970) 484-1757	Medicare and Private Insurance

Dr. Elizabeth K. Serniak	The Women's Clinic	1107 S Lemay Ave #300, Fort Collins, CO 80524	(970) 493-7442	
All Providers	Health District of Northern Larimer County	120 Bristlecone Drive, Fort Collins, CO 80524	970-224-5209	Financial Guidelines and have no insurance or are covered by Medicaid or CHP+
Kate Rutledge	Sunrise Community Health Clinic	302 3rd St Se Suite 150 Loveland, CO 80537-6419	(970) 669-4855	Medicaid/Medicare and Private Insurance
Dr. Bernie Birnbaum	Family Medicine Center- UCHealth	1025 Pennock Place Suite 114, Fort Collins, CO 80524	(970) 495-8800	, CHP+, an
Dr. David Schmidt	Associates of Family Medicine	1107 S Lemay Ave #200, Fort Collins, CO 80524 and 2001 S Shields St, Fort Collins, CO 80524	(970) 221-5255	Medicare and Private Insurance
Susie Klinger	Associates of Family Medicine	2025 Bighorn Dr, Fort Collins, CO 80525	(970) 229-9800	Medicare and Private Insurance
Dr. Christina Lang	UCHealth- Internal Medicine and Pediatrics	4674 Snow Mesa Drive, Suite 120,	970-266-3650	, CHP+, an

Abby Ruble	AHR Professional Counseling	1644 S College Ave, Fort Collins, CO 80525	(970) 619-1579 / ahrprofessionalcounseling@yahoo.com	
Multiple Providers	Beyond the Mirror Counseling	1031 Robertson St, Fort Collins, CO		
Julie Miller	Deep Light Counseling	1931 N Boise Ave #232, Loveland, CO 80538	970-397-3757	
Ariel Armelino	Entwine Therapy	23 Old Town Square #256 Fort Collins, CO 80524	303.941.2847 / ariel@entwinetherapy.com	
Shauna Skillern Fisher	Inner Connection Counseling	109 Coronado Ct, Fort Collins, CO 80525	(970) 217-2587	
Cathy Williams, MAC, LPCC	Integrative Trauma Healing	155 E. Boardwalk Drive Suite 300, Fort Collins, CO 80525	(303) 704-1483/ cathrynwilliams2002@yahoo.com	
Kaitlin Jones	Kaitlin Jones Individual Couple and Family Therapy	2625 Redwing Rd Suite 175, Fort Collins, CO 80526	(970) 613-1315	
Joseph Librizzi	Psychotherapy Individual and Marriage Counseling	808 Mathews St, Fort Collins, CO 80524	970-492-5309/ jlejoephlibrizzi.com	Private Insurance and sliding scale fees

(Joan Huebl) Multiple Providers	Stress Management Family Counseling Center	300 E Boardwalk Dr, Fort Collins, CO 80525	(970) 223-2256	major health insurances and Medicare
Elena Estanol	Synapse Counseling	1101 E Elizabeth St, Fort Collins, CO 80524	(970) 692-3222	
N/A	24/7 Suicide Hotline		(800) 273-8255	
N/A	Summit Stone Health Partners 24/7 Walk-In Crisis Services	1217 Riverside Ave. Fort Collins, CO	(970) 494-4200	Accepts private insurance, and Medicaid. Will help you find ways to afford care.
N/A	Summit Stone Health Partners Adult Services Building	2001 S. Shields Street Fort Collins	(970) 494-4200	Accepts private insurance, and Medicaid. Will help you find ways to afford care.
N/A	Mental Health Connections *Health District	525 W. Oak St. Fort Collins, CO Inside Summit Stone	(970) 221-5551	Based on your ability to pay
N/A	Clear View Behavioral Health	4770 Larimer Pkwy Johnstown, CO (Loveland Area)	(970) 615-9130	Accepts Private Insurance, Medicaid and will do sliding

				scale payments
N/A	Sexual Assault Victim Advocates SAVA	Fort Collins 8:30-5 M-F 4812 S. College Ave. (970) 472-4204 Greeley 8:30-5 M-F 921 38th Avenue Court (970) 506-4059 Loveland 8:30-5 M-Th 1570 West 1st St. (970) 775-2962	(970) 472-4204 24/7 Rape Crisis Hotline 970-472-4200 http://savacenter.org/	Sliding scale payments
N/A	Mountain Crest Behavioral Health	4601 Corbett Dr. Fort Collins, CO	(970) 207-4800	Accepts private insurance, Medicaid, and Medicare
N/A	Salud Family Health Center	1635 Blue Spruce Suite #160 Fort Collins, CO	(970) 490-4040	Medicaid, Medicare, CHP+, and Private Insurance

Jamie Peterson	Jamie Peterson LCSW Private Practice	333 W. Drake Rd. Suite #270 Fort Collins, CO	(970) 305-5822	Private insurance, Medicaid and Sliding scale
Linda Baum	Private Therapist			
Becky Klinger	Private Therapist	300 Boardwalk Dr, Building 6A, Fort Collins CO 80525	970.342.5663	
Dr. Leanne Seguin	Private Therapist / Miramont Family Medicine			
Usha Udupa	CAYAC/Mountain Crest			
Joe Gottfried	CAYAC/Mountain Crest			
Jan Warner	CAYAC/Mountain Crest			
Dr. Heacock	The Wholeness Center			
Dr. Aaron Meng	The Wholeness Center			
Dr. Eric Staumanis	The Wholeness Center			
Beth Firestein		Loveland		
Ann Cope, LPC	Banner health			
Jael Esquibel, LPC	Peace of Mind Counseling	710 11th Ave. Suite 108, Greeley, CO	(970) 616-4425	
Morgan Peterson, LPC	Gender Freedom Therapy		(970) 454-7349	Not accepting insurance, sliding scale

STI Testing				
Type of Test Provided/ Additional Info	Agency Name	Agency Address	Phone Number	Insurance
HIV/HCV Rapid Test (Results available in 10 minutes)	Northern Colorado AIDS Project (Northern Colorado Health Network)	400 Remington Street STE 100, Fort Collins, CO 80524	970-484-4469	NONE REQUIRED
Tests for many STIs, pregnancy tests, and educational sessions	Alpha Center	1212 S. College Ave. Fort Collins, CO	(970) 221-5121	Free of charge
STD clinics provide exam, test, and treatment for most STDs. Education and prevention materials also available.	Larimer County Department of Public Health and Environment	1525 Blue Spruce Dr. Fort Collins, CO	(970) 498-6700	Office visit fee of \$75, Gonorrhea/ Chlamydia 29\$, HIV 36\$, Syphilis \$10 Medicaid not accepted
Sexually transmitted infection testing, pregnancy testing, birth control, health care, and more.	Planned Parenthood	825 S . Shields St. Suites 4-7 Fort Collins, CO	(970) 493-0281	Private Insurance and CHP+.
Sexually transmitted infection testing, health care, and more.	Salud Family Health Center	1635 Blue Spruce Dr. Suite #160 Fort Collins, CO	(970) 494-4040	Accepts private insurance, Medicaid, Medicare

				and CHP+, CICP
Sexually transmitted infection testing, health care, and more.	Family Medicine Center/ Walk In Clinic	1025 Pennock Place Fort Collins, CO	(970) 495-8800	Medicaid, Medicare, CHP+, and Private Insurance
Hormone Therapy Providers				
Provider's Name	Agency Name	Agency Address	Phone Number	Insurance
Dr. Amelia Virotsko	Salud Family Health Center	1635 Blue Spruce Dr, Fort Collins, CO 80524	(970) 484-0999	Medicaid/M edicare, Private Insurance and Sliding Scale
HIV+ Service Providers				
Agency Name	Agency Address	Phone Number	Insurance	
Salud Family Health Center HIV Care Collaboration Clinic	1635 Spruce Dr., Fort Collins, CO	Contact Anne Genson at (970) 494-2936	Medicaid, Medicare & Private Insurance	
Rocky Mountains Infectious Disease Consultants	1625 Foxtail Dr. #200 Loveland, CO	(970) 224-0429	Medicaid, Medicare & Private Insurance	

Beacon Center for Infectious Disease	4800 Riverbend Rd Suite #200 Boulder, CO	(303) 415-8850	Medicaid, Medicare & Private Insurance	
Infectious Disease Group Practice University of Colo	Aurora, CO *Please Call*	(720) 848-0491	Medicaid, Medicare & Private Insurance	
Denver Health Medical Center	605 Bannock St. Denver, CO	(303) 602-8710	Medicaid, Medicare, and current clients	



10

**10 - BEHAVIORAL HEALTH & PROFESSIONALS for the
TRANSGENDER COMMUNITY / DSM-5**

These resources are based on community member comments - These are not endorsements. Please ask about your LGBTQI care needs and carefully check them out yourself.

Note: LCSW Providers have a masters degree, sometime required by insurance companies or surgeons for Gender Affirming Surgery.

10.1 DSM-5 Gender Dysphoria Fact Sheets

<https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/dsm-5-fact-sheets>

10.2 - Position Statements

-American Psychological Association - Position Statements (030720)

<https://www.apa.org/pi/lgbt/resources/policy/index>

-APA 2021 Resolutions Against Gender Identity Change and Updated from 2009 Resolution Against Sexual Orientation Change (030721)

<https://www.apa.org/about/policy/resolution-gender-identity-change-efforts.pdf>

<https://www.apa.org/about/policy/resolution-sexual-orientation-change-efforts.pdf>

-Society of Humanistic Psychology - Position Statements (03/07/20)

<https://www.apadivisions.org/division-32/news-events/position/>

-American Academy of Pediatrics and the American College of Osteopathic Pediatricians: Supporting and Caring for Transgender Children. (2016) (092820)

<https://www.hrc.org/resources/supporting-caring-for-transgender-children>

10.3 - Sites to search for Mental Health Care Professionals

These are not endorsements. Please ask about your LGBTQI care needs and carefully check them out yourself.

-Parents - How to Screen for a Safe Transgender or Intersex Therapist or Doctor -
(12/15/24)

<https://anunnakiray.com/2018/02/24/for-parents-how-to-screen-for-a-safe-transgender-or-intersex-therapist-or-doctor/>

- LGBTQ+ HealthCare Directory (12/15/24) <https://lgbtqhealthcaredirectory.org/>

- National Queer & Trans Therapist of Color Network (12/15/24)
<https://nqttcn.com/en/>

Pride Counseling / Better Help (Online, \$)(12/15/24)
<https://www.pridecounseling.com/>

- Queer Asterisk (Longmont, Boulder, Denver) LPC. medicare/most medicaid, writes gender letters (12/15/24) <http://www.queerasterisk.com/>

-The Rainbow Circles (Fort Collins) (12/15/24) EXTENSIVE RESOURCE LIST !!
<https://www.therainbowcircles.com/>

10.4 - Individual Practitioners

These resources are based on community member comments - These are not endorsements. Please ask about your LGBTQI care needs and carefully check them out yourself.

-LGBTQ+ Behavioral Health Provider Training Program (020925)

www.envision-you.org/lgbtq-behavioral-health-training

-Jaxx Alutalica / Entwine Therapy (Ft Collins) (12/15/24) <http://entwinetherapy.com/>

-Beit Gorski, (Fort Collins) MA, LPC

Somatic Counseling Psychotherapist

Private practice (12/15/24)

email: Beit@DragonInTheGlen.com

Website <http://wwaredragonintheglen.com/>

Or <https://www.psychologytoday.com/us/therapists/beit-h-gorski-fort-collins-co/404732>

(Search bar by name)

Includes area of service/expertise

Colorado State University

Mental Health Counselor

email: Beit.Gorski@colostate.edu

-Nick Gowan / Verve Therapy (Fort Collins) LPC (12/15/24)

<https://www.vervetherapy.co/>

Email nick@vervetherapy.co

(Tele-health Only), Writes letter for Transition, “most major insurance”

-Jenn Hight /Open Path Psychotherapy Collective (TeleHealth)(12/15/24)

<https://openpathcollective.org/clinicians/jenn-hight/>

- **Kaitlin Jones / Moonrise Therapy & Wellness** (Ft Collins) LMFT (12/15/24)
<https://www.moonrisetherapyandwellness.com/>

-**Cassandra Keller / Woodswalk Counseling** MA, LPCC (TeleHealth) (06/25/25)
(720) 288-0445
www.woodswalkcounseling.com

- **Dr. Rebecca Klinger** (Ft Collins) PhD (12/15/24)
<https://www.rebeccaklingerphd.com/>

- **Steph Lamblin / Hygieia Wellness** (Fort Collins) MSCJ, NCC, LAC,LPC. (12/15/24)
<https://hygieiawellnessnoco.com/>

-**Tiffany Lehman / Living on Purpose**
<https://www.tiffanylehman.com/>
LPC, M.S. Writes Gender Letters
Most insur, not Medicaid. (12/15/24)

- **Lauren Lessner / Aligned Living** (12/15/24) (Ft Collins) Licensed Marriage & Family
Therapist, Personal Development Coach, & Clinical Supervisor MS, LMFT, EMDR.
Phone: 970-599-1211
Email: laurenmlessner@gmail.com
Address: 2625 Redwing Rd, Suite 175 Fort Collins, CO 80525
<https://www.psychologytoday.com/us/therapists/lauren-lessner-fort-collins-co/98682>

- **Jessica Link / HeaLink Journey** (Ft Collins) MSW (12/15/24)
<http://healinkjourney.com/>

- Julie Miller / Deep Light Counseling (Greeley) MA, NCC, LPC 970-397-3757 (12/15/24)
<https://deeplightcounseling.wixsite.com/mysite-1>

-Chelsea Newton / Phases of the Mind (Virtual) MSW, LCSW, M.Ed. (02/09/25)
<https://www.phasesofthemindtherapy.com/>

-Kate Peters / Wildflower Consulting (LCSW) (Fort Collins, Virtual & In-person) (7/1/25)
<https://wildflowerconsultingco.com/>
Counseling and Writes Gender Letters) Yes Medicaid/Medicare.
The Rainbow Circles, (Fort Collins) (12/15/24)
kate@therainbowcircles
<https://www.therainbowcircles.com/>
Yes Medicaid. Writes Gender Letters

Christi Piker / Lotus Blooming Out Psychotherapy, MA, LPC, EMDR, (Fort Collins)
(12/15/24) Writes Gender Letters, some sliding scale.
<https://www.lotusbloomingout.com/>

-Michelle Saltis / The Rainbow Circles (Fort Collins) LPC (12/15/24)
<https://saltiscounselingandwellness.com/>
<https://www.therainbowcircles.com/>

- Ariana Smith / Quiet Moon Counseling (Ft Collins) LPC (12/15/24)
<https://quietmooncounseling.com/>

-Jess Tiergyn / Caliber Counseling (Greeley) LPCC, NCC (12/15/24)
<https://www.calibercounseling.com/>

-Stevie White, M.Ed., LPCC, NCC

(Loveland) (07/05/25)(ages 14+)

Current President of Colorado SAIGE (Society for Sexual, Affectional, Intersex, and Gender Expansive Identities).

<https://smithpsychologicalservices.com/about/>

- Tyler Woody / Affirm Counseling LPC(12/15/24)

<https://affirmcounselingco.com/>

-CHILDSAFE (Fort Collins) (12/15/24) <http://childsafecolorado.org/>

(Therapy groups for victims of childhood abuse, primarily sexual abuse for Ages 2-19. Also groups for Adults Abused as Children, Caregivers of Abused Victims, and Mothers of Parental Incest Victims) *(Not screened for transgender supportive and informed!)*.

**Additional PhD folx who will write letters for Gender Affirming Surgery by TeleHealth.
(Licensed in Colorado as of date shown)**

Dr.Tess M. Kilwein (TeleHealth) tess.m.kilwein@gmail.com

(307) 223-2049

PhD (12/15/24)

<https://www.psychologytoday.com/us/therapists/tess-m-kilwein-phd-abpp-cmpc-nashville-tn/784243>

Dr. Jo Eckler (TeleHealth) (12/15/24) <https://beyondtherapy.as.me/onlinelettereval>

www.beyondtherapy.us

Dr. Jessie Smith PhD (12/15/24)

<https://www.drjessiesmith.com/>



11

11 - NoCo LGBTQI RESOURCES & ORGANIZATIONS

Aims GSA (Greeley)

Aimsgsa@gmail.com

and fb group under aims prism

BACK COUNTRY BETTY'S (Ft Collins)"Northern Colorado's Back Country Betty's is a group of Lesbians who enjoy community, potluck dinners, hikes, movies and restaurant outings in the area" (11/11/19)

<https://www.facebook.com/BackCountryBettysNoCo/>

BROADS ASCEND (Ft Collins)

(A Climbing Club)

https://www.facebook.com/groups/1464919176928577/?fref=gs&hc_location=group

ECLECTIC OF NORTHERN COLORADO (Ft Collins)

<https://www.facebook.com/nocoeclectic/>

Email at nocoeclectic@gmail.com

-Estes Park LGBTQIA & Allies (part of SPLASH) (03/07/20)

<https://www.facebook.com/groups/1503089513122986/>

FORT COLLINS LGBTQ SOCIAL ALLIANCE

<https://www.facebook.com/fortcollinslgbtqsocialalliance/>

GENDER & SEXUALITY RESOURCE CENTER (UNC) (Greeley)(07/03/25)

<http://www.unco.edu/gender-sexuality-resource-center/>

Also: Spectrum Student Org (07/03/25)

<http://www.unco.edu/gender-sexuality-resource-center/resources/spectrum.aspx>

Also: UNC 8 LGBTQ "Affinity Groups" (07/03/25)

<https://www.unco.edu/gender-sexuality-resource-center/affinity-groups.aspx>

ALSO: Queer Clothing Closet, In- House Counseling Center Liason, Mentoring Program, HIV/STI Free & Confidential Testing. (07/03/25)

GREELEY AREA LGBTQIA+ Closed FaceBook Group

<https://www.facebook.com/groups/1608346995919389/>

GREELEY PRIDE (07/03/25)

<https://greeleypride.org/>

LGBTQ Workshops (Training) (01/30/20)

<https://www.lgbtqworkshops.org/>

lgbtqworkshops@gmail.com

(NCAP) NORTHERN COLORADO AIDS PROJECT (Ft Collins, Greeley) Part of
COLORADO HEALTH NETWORK

<http://www.ncaids.org/>

NoCo SafeSpace (Training) <https://nocosafespace.com/>

NORTHERN COLORADO EQUALITY (Fort Collins)

<http://nocoequality.org/>

notherncoequality@gmail.com

- **Resources (Youth, College, SOFFA, Educators/School)**

<https://nocoequality.org/youth-resources/>

OASOS (Boulder, Longmont) LGBTQIA Youth ages 13-18 Peer Groups

<https://www.bouldercounty.org/families/lgbtiq/oasos/>

OUT FAMILIES (Ft Collins, Greeley)

<https://www.facebook.com/outfamiliesfortcollins>

PFLAG (Fort Collins) <http://pflagftcollins.org/>

PFLAG (Greeley)(07/03/25) <https://www.pflaggreeley.com/>

970-673-7674

PFLAG (Boulder) (01/10/20)

<https://pflagboulder.org/>

PFLAG (Broomfield) (031022)

<https://pflagbroomfield.org/>

PRIDE RESOURCE CENTER (CSU)(Ft Collins)

Lory Student Center Rm 232

970-491-4342

<https://prideresourcecenter.colostate.edu/about-us>

And <https://www.facebook.com/CSUPrideResourceCenter/posts/1509463105757246>

Also: Visible Voices Panels

<https://prideresourcecenter.colostate.edu/programs-services/visible-voices/>

Also: Student Organizations for:

Colors - Queer POC csucolors@gmail.com

oSTEM - Out in STEM fields csuostem@gmail.com

PRISM prismcsu@gmail.com

QWEEN - Queer Women gween.csu@gmail.com

Q[u]IP / QUEERS IN PUBLIC (Ft Collins)

<https://www.facebook.com/groups/180090675775890/>

NoCo Queer+ Parents Social (Fort Collins/ Virtual) (012421)

<https://www.facebook.com/groups/253164462888777/?ref=share>

Seniors Out Socializing, SOS (Greeley) (LGBTQIA) email: greeleysos@gmail.com

SPLASH YOUTH GROUPS (NoCo)

<http://splashnoco.org/>

Splash TransYouth <http://splashnoco.org/transyouth/>

VA / VETERANS ADMINISTRATION LGBT Veterans Care Specialist (Cheyenne)

307-757-7251 Michael Moore

WYOMING EQUALITY

<http://wyomingequality.org/>



12

12 - NoCo OTHER RESOURCES

CHILDSAFE (Fort Collins) <http://childsafecolorado.org/>

(Therapy groups for victims of childhood abuse, primarily sexual abuse for Ages 2-19. Also groups for Adults Abused as Children, Caregivers of Abused Victims, and Mothers of Parental Incest Victims)

CONNECTIONS / HEALTH DISTRICT OF LARIMER COUNTY (Fort Collins)

<http://mentalhealthconnections.org/> Part of SummitStone Health Partners

Mental Health & Substance Abuse

970-222-5551 m-f, 8-5

970-494-4200 24/7

425 w. Mulberry st #101 Ft Collins

Walking m-f, 8-4

CROSSROADS SAFEHOUSE (05/15/23)

<https://www.crossroadssafehouse.org/>

CSU WOMEN AND GENDER ADVOCACY CENTER

<http://wgac.colostate.edu/home>

FOOD BANK FOR LARIMER COUNTY

<http://foodbanklarimer.org/>

HOMEWARD ALLIANCE

242 Conifer St. Fort Collins

970-658-9878

www.HomewardAlliance.org

MATTHEW HOUSE

<http://thematthewshouse.org/>

NOT the Matthew Shepard Foundation

(SAVA) SEXUAL ASSAULT VICTIM ADVOCATE CENTER <http://savacenter.org/>

24/7 Rape Crisis Hotline

970-472-4200

Fort Collins Location 8:30-5 M-F

4812 S. College Ave.

(970) 472-4204

Greeley Location 8:30-5 M-F

921 38th Avenue Court

(970) 506-4059

Loveland Location 8:30-5 M-Th

1570 West 1st St.

(970) 775-2962

MURPHY CENTER FOR HOPE

242 Conifer St

Fort Collins

<http://murphycenter.org/>

SUMMITSTONE HEALTH PARTNERS <http://summitstonehealth.org/>

THE CENTER FOR FAMILY OUTREACH

<http://www.tcffo.org/>

**-United Way Resources List (Not Sceened for LGBT Acceptance)
(12/26/19)**

<https://211colorado.communityos.org/cms/node/322>

WELD FOOD BANK <https://weldfoodbank.org/>



13

13 - LGBTQI Resources & Organizations - Colorado

(CU-BOULDER) GENDER AND SEXUALITY CENTER

<http://www.colorado.edu/gsc/about-us>

COLORADO GSA NETWORK <http://cogsanetwork.org/>

COLORADO LGBTQ CHAMBER OF COMMERCE

www.colgbtqcc.org

DENVER GAY MEN'S CHORUS

<https://www.rmarts.org/dgmc/>

GIC / GENDER IDENTITY CENTER OF COLORADO (Denver)

**Closed. See listing for
Transgender Center of the Rockies**

GLBT COMMUNITY CENTER OF COLORADO (Denver) <http://www.glbtcolorado.org/>

GREELEY: Seniors Out Socializing (50+)

greeleysos@gmail.com to join

HARMONY: A COLORADO CHORALE (Denver) <http://www.harmonychorale.org/>

INSIDE/OUT YOUTH SERVICES (C. Springs) <https://www.insideoutys.org/>

**JUUST LIVING / SOBER LIVING (Lakewood)(112620) queer-friendly recovery
residence, open to all genders.**

<https://www.juustliving.org/>

LGBTQ SPEAKERS BUREAU (OutBoulder)

<http://outboulder.org/content/speakingout>

MATTHEW SHEPARD FOUNDATION (Denver) <http://www.matthewshepard.org/>

MOVEMENT ADVANCEMENT PROJECT (Denver)(LGBT Equality Maps)

<http://www.lgbtmap.org/>

ONE COLORADO (Denver) <http://www.one-colorado.org/>

OUT BOULDER COUNTY <http://outboulder.org/>

OUTSOURCES / KGNU LGBTQ issues. Mondays 6:30-7pm

<http://news.kgnu.org/outsources/>

PAVES / POLYSEXUAL ALLIANCE FOR VISIBILITY EDUCATION & SUPPORT (Denver)

<https://m.facebook.com/PAVESnonprofit/>

<https://itunes.apple.com/au/podcast/getting-bi/id1264437848?mt=2>

PHOENIX, COLORADO'S TRANS COMMUNITY CHOIR

<https://m.facebook.com/coloradotranschoir/>

<https://sambullington.org/trans-choir/>

PFLAG (Broomfield) (031022)

<https://pflagbroomfield.org/>

PRIDE GUIDE COLORADO <http://gaycolorado.com/events/>

SHADOW SUPPORT NETWORK

Raising funds to help pay for costs associated with Colorado ID/License gender changes

<https://www.facebook.com/shadowsupportnetwork/>

SOUTHERN COLORADO EQUALITY (Pueblo)

<https://www.socoequality.org/>

(Suicide) Imagine Zero (081719)

<https://imaginezerosuicide.org/>

And FB of the same name

-Trans Autistic Support Group (Denver)(112620)

<https://transautistic.org/>

TYES OF COLORADO (TRANS-YOUTH EDUCATION AND SUPPORT)

<http://www.tyes-colorado.org/>

<https://www.facebook.com/TYESgroup>

TYES.help@gmail.com

support line at (720) 443-7708.



14

14 - LGBTQI Resources & Organizations - National / Internet

ALLY PATENTS / STAND WITH TRANS (12/24/19)

<https://standwithtrans.org/>

ASEXUAL VISIBILITY AND EDUCATION NETWORK <https://www.asexuality.org/>

CENTER OF EXCELLENCE FOR TRANSGENDER HEALTH

<http://transhealth.ucsf.edu/guidelines>

CENTER FOR AMERICAN PROGRESS (LGBT Issues)

<https://www.americanprogress.org/issues/lgbt/view/>

CENTER FOR GENDER SANITY (Transitioning at Work)

<http://www.gendersanity.com/index.html>

COLAGE (People with LGBTQI Parents)

<https://www.colage.org/>

CENTERLINK / The Community of LGBT Centers

<https://www.lgbtcenters.org/>

-DEAF QUEER RESOUCCE CENTER (112721)

<https://www.facebook.com/deafqueer/>

DIGITAL TRANSGENDER ARCHIVES (04/01/20) more than fifty colleges, universities, nonprofit organizations, public libraries, and private collections.

<https://www.digitaltransgenderarchive.net/col>

FAMILIES FOR TRANS EQUALITY

<http://www.transequality.org/families>

FAMILY ACCEPTANCE PROJECT

<https://familyproject.sfsu.edu/>

GENDER SPECTRUM

<https://www.genderspectrum.org/>

GLAAD (Media)

<https://www.glaad.org/transgender>

GLMA / Gay & Lesbian Medical Association

<http://www.glma.org/>

GLBT NEAR ME 26 categories of organizations by zipcode/distance

<http://www.glbtnationalhelpcenter.org/>

GLSEN (LGBTQ Issues in K-12 Education)

<https://www.glsen.org/>

(HRC) HUMAN RIGHTS CAMPAIGN

<http://www.hrc.org/>

INTERACT ADVOCATES FOR INTERSEX YOUTH

<https://interactadvocates.org/>

-Intersex Campaign for Equality (IC4E)(01/22/20)

<https://www.intersexequality.com/>

IT GETS BETTER PROJECT

<https://itgetsbetter.org/>

KESHET - Works for LGBTQ equality and inclusion in Jewish life

<https://www.keshetonline.org/>

LGBT AGING CENTER

<https://www.lgbtagingcenter.org/index.cfm>

LGBT+ TEACHERS (10/01/19)

<https://www.facebook.com/groups/1961027620663465/>

-Modern Military Assoc. Of America (LGBT military and veterans) (11/13/19)

<https://modernmilitary.org/>

-MomaBears (11/9/19)

<https://www.realmamabears.org/>

-MTF Trans Hormone Forum (060820)

<https://www.facebook.com/groups/TransHRT/?ref=share>.

NATIONAL LGBTQ TASK FORCE (CREATING CHANGE CONFERENCE)

<http://www.thetaskforce.org/>

NATIONAL RESOURCE CENTER ON LGBT AGING <https://www.lgbtagingcenter.org>

(NCTE) NATIONAL CENTER FOR TRANSGENDER EQUALITY

<http://www.transequality.org/>

NONBINARY TRANSGENDER INFORMATION CENTRE

<http://lifeoutsidethebinary.com/>

PFLAG (National) <http://www.pflag.org/>

PROTeCT (Protecting and Raising Our Trans* Children Together)

A Secret Facebook group, contact Emma Shinn for information.

https://m.facebook.com/story.php?story_fbid=579723649090899&id=100011598074265

Proud Parents of Transgender Children (Facebook Group)

<https://www.facebook.com/groups/ProudParentsTrans/>

RESQU NET / TYC (Resources for Stealth LGBT+) <http://www.rescqu.net/>

SAGE (LGBT Elders) <http://www.sageusa.org/>

SCOUTS FOR EQUALITY <https://www.scoutsforequality.org/>

-SPARTA (Transgender Military and Veterans)(11/13/19)

<https://spartapride.org/>

-Support Group for Spouses of Transgender/Genderfluid Individuals (FB Private Group (01/24/20)

<https://www.facebook.com/groups/466700650154366/>

-Susan's Place (Community chats and forums by subject matter. Similar to TransRefuge)(03/07/20)

<https://www.susans.org/forums/index.php?action=announcement;aid=43>

-TransEducators (11/2/19)

<https://m.facebook.com/TransEducators/>

<https://www.transeducators.com/>

-Trans in Color and T-Buddy (For Transmen)(10/26/19)

<https://transincolor.org/> (dead link)

<https://tbuddy.us/>

(Virtual/text/phone support systems)

-Transgender Women 40+ Support Family (FB, closed group) (08/17/19)

<https://www.facebook.com/groups/1677045925871643/>

-Trans People of Color Coalition (06/02/20)

<https://www.facebook.com/TransPOCC/>

-TransRefuge (Community chats and forums by subject matter. Similar to Susan's Place)(03/07/20)

<https://www.transrefuge.org/index.php?PHPSESSID=da014762fd57c5d5412d94da9dc b42ff;wwwRedirect>

-TSER / Trans Student Educational Resources (03/07/20)

<https://www.transstudent.org/>

-TAVA / Transgender American Veterans Assoc. (11/13/19)

<http://transveteran.org/about-us/>

TRANSVIVOR (Resources) <http://transvivor.com/sitemap.html>

TREVOR PROJECT (LGBTQI Youth Suicide Prevention)

<http://www.thetrevorproject.org/>

(TSER) TRANS STUDENT EDUCATIONAL RESOURCES

<http://www.transstudent.org/mission>

UNIVERSITY OF VICTORIA (B.C., CAN) TRANSGENDER ARCHIVE

(04/01/20) Largest Transgender Archives in the world.

<https://www.uvic.ca/transgenderarchives/collections/index.php>



15

15 - NON-DISCRIMINATION / CIVIL RIGHTS.

- Colorado Discrimination Complaint Process

<https://www.colorado.gov/dora/civil-rights>

- Colorado Non-Discrimination Laws (Colorado Revised Statutes C.R.S.)

<https://law.justia.com/codes/colorado/2018/title-24/principal-departments/article-34/>

(Title 24, Principle Depts, Article 34, Parts 3/4/5/6)

Transgender status actual or perceived covered as sexual orientation in statute (C.R.S.)24-34-301

Employment anti-discrimination laws: (C.R.S.) § 24-34-401 et. seq.

Housing anti-discrimination laws: (C.R.S.) § 24-34-501 et. seq.

Public Accommodations anti-discrimination laws: (C.R.S.) § 24-34-601 et. seq.

- Colorado Civil Rights Commission Rules and Regulations (Sexual Orientation Harassment- incl. transgender).(10/31/19)

(esp. P.3 DD sexual orientation includes transgender status actual or perceived, and P.28-31 rule 81.6 incl. misuse of name/pronoun/form of address, rule 81.8 Dress Codes and 85.1 Workplace Harassment).

Warning: a little legal knowledge is a dangerous thing. I do not recommend threatening an employer with these without consulting a lawyer first. They can be hard to prove, slow, expensive, and you could lose your job in the meantime.

<http://www.sos.state.co.us/CCR/3%20CCR%20708-1.pdf?ruleVersionId=6008&fileName=3%20CCR%20708-1>

- **EEOC** (Note: Federal Agencies are under New Management Since Jan. 2017, So far this agency seems OK)

- **Prohibited Practices** <https://www.eeoc.gov/laws/practices/>
- **Sex Discrimination** <https://www.eeoc.gov/laws/types/sex.cfm>
- **Enforcement/Mediation** <https://www.eeoc.gov/eeoc/enforcement/index.cfm>
- **Federal LGBT Employees**
https://www.eeoc.gov/federal/directives/lgbt_complaint_processing.cfm

- **FEMA-Office of Civil Rights** <https://www.fema.gov/office-equal-rights>

- **ACLU Phone App to Record Police**
<https://www.aclu.org/feature/aclu-apps-record-police-conduct>

- **Safe2Tell** (Empowering Youth. Anonymously report anything that concerns you, friends, family or community)

<https://safe2tell.org/> 877-542-7233



16

16 - OTHER PROFESSIONAL SERVICES

(These are not endorsements. These resources are based on community member comments which rarely specify individuals - please carefully check them out yourself)

16.1 -Dental - <http://www.fortcollinsdentist.com/>

<https://www.dentistoffortcollins.com/>

(10/4/19)

16.2-Electrolysis

-Aesthetics and Electrolysis / Charity Sullivan (Fort Collins and NoCo) (Does Bottom Surgery Prep) (081324)

<https://www.charitysullivan.com/>

4745 Boardwalk Drive, Bldg. C

Fort Collins, CO 80525

Tel: 970-443-2922

-Away with Hair / Deb Drake / Aimee
(Fort Collins)(081324)

<https://hairremovalfortcollins.com/home-mobile>

-Ease Electrolysis (Longmont) (062724) (LGB friendly by website, unknown about transgender - please ask)

<https://www.easehairremoval.com/>

-Elite Electrology Esthetic Spa (Longmont) (062724)

<http://eliteelectrologyestheticspa.com/>

-Get Outta Hair (Does Bottom Prep.) (Boulder)(081924)

<https://getouttahair.glossgenius.com/>

-Precision Electrolysis (Longmont)

Gretchen Goodman (062724)

<https://pcelectrolysis.com/>

-T4T Electrolysis (Denver) (062724)

<https://www.t4telectrolysis.com/>

-Point of Pride Electrolysis Support Fund (11/26/24)

<https://www.pointofpride.org/electrolysis-support-fund>

16.3 Haircuts/Style

The Rainbow Collective (Fort Collins) (062724)

<https://the-rainbow-collective.square.site/>

Sittin' Pretty Salon (Fort Collins) (062724)

<https://www.sittinprettysalons.com/>

Strands for Trans (Nationwide lists)(062724)

<https://www.strandsfortrans.com/>

Brooke's two bit barbershop. Fort Collins. (062724)

<http://www.twobitbarbershop.com/>

16.4-LASER HAIR REMOVAL

-Left Hand Laser Studio (Longmont)

<https://www.lefthandlaserstudio.com/giving-back>

303-551-4701

-Hair Removal Fort Collins (062724)

Deb Drake (Laser & Electrolysis)

<https://hairremovalfortcollins.com/home-mobile>

-Milan Laser Hair Removal (062724)(Fort Collins, Greeley, Loveland, Nationwide)

<https://milanlaserftcollins.com/>

2580 E Harmony Rd #102

Fort Collins, CO 80528

970-232-9906

-Northern Colorado Laser & Skin (Greeley)(052320)

<https://www.northcoloradolaser.com/>

16.5 Makeup training

(Fort Collins) (052220]

<https://sheherhersbeauty.com/>

16.6 Massage <https://www.bewellandthrive.org/>

(Ask for Jill) (01/11/20)

16.7 -Physical Therapists

-Orthopaedic & Spine Center of the Rockies (FtCollins, Loveland,Greeley)
<https://www.orthohealth.com/>

16.8 -PHOTOGRAPHER

-Jessica McNair (318)525-6574 jr_mcnair@outlook.com Monument CO

-Precious Souls Photography (052320)

<https://precioussoulphoto.wixsite.com/precioussoulsphotos>

PLEASE EXCUSE THE MESS IN REORGANIZING THE NUMBERS. I'LL CLEAR IT UP SOON.



17

17 - Parents/Family

-American Academy of Pediatrics and the American College of Osteopathic Pediatricians: Supporting and Caring for Transgender Children. (2016) (092820)
<https://www.hrc.org/resources/supporting-caring-for-transgender-children>

-Stand with Trans / Ally Moms
<http://standwithtrans.org/ally-moms/>

-Coming Out as Transgender, Is It Phase? (081719)
<https://slate.com/human-interest/2019/08/coming-out-trans-is-it-a-phase-care-and-feeding.html>

-Ensuring Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents / Journal : Pediatrics (04/01/20)
<https://pediatrics.aappublications.org/content/142/4/e20182162>

-Gender Spectrum - Resources page
(081919)
<https://www.genderspectrum.org/resources/>

-How to support a loved one who is transitioning (091719)
https://www.huffpost.com/entry/how-to-support-a-loved-one-who-is-transitioning_n_5b2bf196e4b00295f15a9213?ncid=fbklnkushpmsg00000050&utm_campaign=hp_fb_pages&utm_source=qv_fb&utm_medium=facebook

-Mama Bears (11/9/19)(Christian emphasis)
<https://www.realmamabears.org/>
(FB group links here too)

Puberty Blocker Myths (082219)

<https://gendergp.co.uk/debunking-the-myths-surrounding-puberty-blockers-trans-kids/>

-Puberty Blockers: 4 low cost alternatives to ASK YOUR DOCTOR ABOUT if you can't get Lupron (11/16/19)

<https://medium.com/@zinniajones/four-low-cost-alternatives-to-puberty-blockers-for-transgender-adolescents-c02f3f61ca52>

-Puberty Blocker (04/01/20)

<https://khn.org/news/hormone-blocker-shocker-drug-costs-8-times-more-when-used-for-kids/>

-Similarity in transgender and cisgender children's gender development (National Academy of Sciences article)(11/23/19)

<https://www.pnas.org/content/early/2019/11/12/1909367116>

-Trust Children to know their gender (03/19/20)

<http://theconversation.com/we-trust-children-to-know-what-gender-they-are-until-the-y-go-against-the-norm-42093>

- How to Screen for a Safe Transgender or Intersex Therapist or Doctor - for parents

<https://anunnakiray.com/2018/02/24/for-parents-how-to-screen-for-a-safe-transgender-or-intersex-therapist-or-doctor/>

-Ensuring Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents / Journal : Pediatrics (04/01/20)

<https://pediatrics.aappublications.org/content/142/4/e20182162>

-So Your Kid Came Out as Trans (08/17/20) ♥

<https://eveywinters.com/so-your-kid-came-out-as-trans/>

-4 Ways Parents Can Process Their Feelings After Their Child Comes Out As Transgender (10/27/20)

<https://everydayfeminism.com/2017/05/parents-process-transgender/>

-Below are some resources for parents of trans and nonbinary youth from the Parent Support Program

Educational Websites

<https://www.genderspectrum.org>

<https://www.pflag.org/transgender>

<https://familyproject.sfsu.edu/>

<https://www.trans-parenting.com/>

<https://lagendercenter.com/program.html>

<http://www.imatyfa.org/>

<http://transkids.info/>

<https://www.ackerman.org/gfp/>

<http://www.transyouthequality.org/>

Parent Support Groups

<https://www.genderspectrum.org/articles/gender-spectrum-groups>

<https://www.pflag.org>

<https://www.facebook.com/groups/parentsotrans/>

<https://www.facebook.com/groups/ParentsOfLGBTChildren/>

<https://www.genderhealthtraining.com/transfamily-alliance-membership/>

- 24/7 Support community (not a support group)

Books:

The Gender Creative Child by Diane Ehrensaft, PhD (2016)

The Conscious Parent's Guide to Gender Identity by Darlene Tando, LCSW (2016)

The Transgender Child by Stephanie Brill and Rachel Pepper (2008)

The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teen By Stephanie Brill and Lisa Kenney (2016)

Raising Ryland: Our Story of Parenting a Transgender Child with No Strings

Attached by Hillary Whittington (2016) Becoming Nicole: The Transformation of an American Family by Amis Ellis Nutt (2016)

Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children by Rachel Pepper (2012)



18

18. RAPE / SEXUAL ASSUALT

-Guides for Transgender Sexual Assault Survivors:

- 1) Self Help Guide**
- 2)Guide for Partners & Friends**
- 3)Guide for Facilitators of Community Groups (112920)**

<https://forge-forward.org/collections/self-help/>

-(SAVA) SEXUAL ASSAULT VICTIM ADVOCATE CENTER. (112920)

<http://savacenter.org/>

24/7 Rape Crisis Hotline

970-472-4200

Fort Collins Location 8:30-5 M-F

4812 S. College Ave.

(970) 472-4204

Greeley Location 8:30-5 M-F921 38th Avenue Court
(970) 506-4059
Loveland Location 8:30-5 M-Th
1570 West 1st St.
(970) 775-2962



19

19 - READING LISTS- LGBTQ

Book Clubs - LGBT

-Queer & Loathing Book Club | Old Firehouse Books (07/3/25)

<https://share.google/Hxmzwe4dQvjC3N1GB>

-Poudre Library. Reading Rainbow: LGBTQ+ Book Club (07/03/25)

<https://poudrelibraries.librarycalendar.com/events/list?keywords=LGBTQ%2B>

BOOK STORES

-Bookstore On The Square (07/03/25) LGBTQ and woman-owned independent bookstore.

113 Linden Street,
Fort Collins, CO 80254
(970) 235-2028

<https://share.google/NjN6Zpky0jtd0LWC4>

Children & Teens : Lists-

-LGBTQIA+ YA (12/20/19)

<http://www.yapride.org/masterlist/>

-PFLAG Transgender Reading List for Children(11/21/19)

<https://pflag.org/transkidsbooks>

-Poudre Library Teen LGBTQ+ Books

<https://read.poudrelibraries.org/teen/z242.html>

- Raising My Rainbow's List (Fabulous, Gender Creative, LGBTQ Kids & Families)

<https://www.amazon.com/shop/RaisingMyRainbow>

-Eight Trans-Inclusive Fantasy Books for Harry Potter Fans (11/14/20)

<https://www.autostraddle.com/eight-trans-inclusive-fantasy-books-for-harry-potter-fans/>

-100 Must Read LGBTQIA Young Adult books (05/22/20)

<https://bookriot.com/2017/05/11/100-must-read-lgbtqia-ya-books/amp/>

Books- Child/Teens

-George. by Alex Gino (112020)

<https://www.goodreads.com/book/show/40948486-george>

978-0545812573

Scholastic Books 2017

-I Wish You All the Best. By Mason Deaver (Nonbinary)

<https://www.goodreads.com/book/show/41473872-i-wish-you-all-the-best>

-If I Was Your Girl (Transgender. YA) added 080919

<https://g.co/kgs/3o5TZm>

-Introducing Teddy: A Gentle Story about Gender and Friendship. by Jessica Walton (112020)

<https://www.goodreads.com/book/show/27158837-introducing-teddy>

Ages 3-6. Bloomsbury Publishing Plc, 2016. ISBN13 9781408877630

-Jack (Not Jackie)

<https://www.glaad.org/blog/meet-jack-not-jackie-new-childrens-book-glaad-and-bonnier-publishing-usa-spotlights-trans-youth>

-Julian is a Mermaid

ISBN 9780763690458

<https://g.co/kgs/dXx8R4>

-Morris Micklewhite and the Tangerine Dress. by Christine Baldacchino (112020)(PreS-Gr1)

<https://www.goodreads.com/book/show/18406836-morris-micklewhite-and-the-tangerine-dress>

Groundwood Books

(ISBN13: 9781554983476)

-This Is How It Always Is. by Laurie Frankel (112020)

<https://www.lauriefrankel.net/this-is-how-it-always-is.html>

338 pages. Fiction

Flatiron Books. 2017.

978-1250088567

-When Kayla was Kyle. by Amy Fabrikant (picture book)(112020)

<https://www.goodreads.com/book/show/17864529-when-kayla-was-kyle>

978-1612861548

Avid Readers Publishing Group 2013

BOOKS- Adults & Parents:

- The ABC's of LGBT+ (\$, Book by Ashley Mardel)

<https://www.goodreads.com/book/show/28783749-the-abc-s-of-lgbt>

-Becoming Nicole

https://www.amazon.com/dp/B011G3HG8S#productDescription_secondary_vie_w_div_1532273178792

-Crossing: A Transgender Memoir (Deirdre McCloskey)(02/04/20)

https://www.amazon.com/dp/022666256X/ref=cm_sw_r_cp_ap_a_i_RaBoEb8EE82EQ

-Love Lives Here: A Story of Thriving in a Transgender Family (by Amanda Jette Knox)(082719)

<https://g.co/kgs/Gc4P5Q>

-She's Not There: A Life in Two Genders. By Jennifer Boylan (020320)

https://www.amazon.com/dp/0385346972/ref=cm_sw_r_cp_ap_a_i_aCnoEbD8B46C2

- **Stuck in the Middle with You: A Memoir of Parenting in Three Genders.** By Jennifer Boylan (02/03/20)

https://www.amazon.com/dp/0767921771/ref=cm_sw_r_cp_apr_i_uGnoEb0RXKVSC

- **The Gender Creative Child** <https://books.google.com.pe/books?id=DAf8CwAAQBAJ>

-**The Spectrum of Sex: The Science of Male, Female, and Intersex** (Nieto & Vilorio)(01/22/20)

The Spectrum of Sex: The Science of Male, Female, and Intersex

https://www.amazon.com/dp/B07ZPH6H4T/ref=cm_sw_r_cp_apr_i_yCrEb22XH13V

-**To Survive on this Shore:** Photographs and Interviews with Transgender and Gender Nonconforming Older Adults

<https://www.kehrerverlag.com/en/jess-t-dugan-vanessa-fabbre-to-survive-on-this-shore>

-**Everything You Wanted To Know About Trans* (*but were afraid to ask)”** by Brynn Tannehill ISBN: 978-1-78592-826-0

<https://g.co/kgs/nzNeGZ>

- **Trans-Kin (A Guide for Family & Friends)** <http://www.trans-kin.com/>

-**Unashamed: A Coming-Out Guide for LGBTQ Christians** <https://g.co/kgs/6njMKo>

-**Welcoming LGBT Residents**

A Practical Guide for Senior Living Staff (082220)

ISBN 9780367027346

<https://www.routledge.com/Welcoming-LGBT-Residents-A-Practical-Guide-for-Senior-Living-Staff-1st/Johnston/p/book/9780367027346>

-**Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity.** Julie Serano. (082019)

<https://g.co/kgs/s2KnYX>

-**14 Books That Tackle Trans Sex, Love, and Revolution** (123019)

<https://www.advocate.com/art/2019/12/28/14-books-tackle-trans-sex-love-and-revolution>.

-CSU Library / GAY, LESBIAN, BISEXUAL & TRANSGENDER STUDIES (112020)
<https://libguides.colostate.edu/c.php?g=64797&p=417861>.

- American Library Association (ALA) Rainbow Book Lists (For Annual Lists 2008+ just enter year # into search bar)
<http://glbtrt.ala.org/rainbowbooks/archives/1270>

BOOKS- Mixed Ages Lists

-PFLAG Fort Collins Lending Library (011825)
Email the Director of Resources & Education at resources@pflagfortcollins.com to request a book.
For additional reading suggestions not found in our Chapter's free Lending Library, visit PFLAG National's #ReadWithLove virtual bookshelf where you can browse titles for inspiration and/or purchase them at a discounted rate.

-Invisible Strings Bookshop (Queer focused children's/YA bookstore)(052220)
<https://www.invisiblestringsbooks.com/shop>

-Mama Bears (see resources: trans specific resources)(christian emphasis)(11/9/19)

<https://www.realmamabears.org/>

-Mighty Girl Books for Pride Month

<https://www.iamightygirl.com/blog?p=12258>. (Each Book Lists Age Range)

-TransUnity - Transgender Books

<http://www.transunity.net/trans-books/>



20

20 - RELIGION & FAITH & SPIRITUALITY.

(These resources are based on community member comments - please carefully check them out yourself, be particularly careful to ask about transgender inclusion and participation issues).

20.1 LGBTQ & Religion

-LGBT is Not a Sin

<https://johnpavlovitz.com/2017/07/21/no-gay-lesbian-bisexual-transgender-not-sin/>
(10/19/19)

-KESHET - Works for LGBTQ equality and inclusion in Jewish life

<https://www.keshetonline.org/>

-LGBTQ & FAITH: Support and Community Organizations

<http://amercantorna.com/resources/>

-LGBTQ Religious Trauma (020821)

<https://www.nytimes.com/2019/02/05/well/mind/religion-trauma-lgbt-gay-depression-anxiety.html>

-Unashamed: A Coming-Out Guide for LGBTQ Christians <https://g.co/kgs/6njMKo>

20.2 NoCo LGBTQ Affirming Churches

-Affirming Churches in NoCo (03/07/20)

<https://affirmingnoco.org/who-we-are/>

- Find a Church (Christian) https://www.gaychurch.org/find_a_church/

-Heart of the Rockies Christian (Fort Collins)

<https://www.facebook.com/HeartOfTheRockiesChristianChurch/>

-Sojourn Mennonite (081819)

<http://sojournmennonite.org/read-more/being-welcoming-and-lgbqt-inclusive/>



21

21 - RESTROOMS

CSU Restroom Map (Menu / Inclusive Resources / All Genders Restrooms)

<https://myatlascms.com/map/?id=748#!ct/15365.9554.12106.13644.13645.13646.20377?ce/12855>

Refuge Restroom Apps

- Android <https://play.google.com/store/apps/details?id=org.refugerestrooms>
- iPhone <https://itunes.apple.com/us/app/refuge-restrooms/id968531953>



22

22 - SAFESPACES / TRAINING

-NoCo SafeSpace <https://nocosafespace.com/>

-LGBTQ Workshops (01/30/20)
<https://www.lgbtqworkshops.org/>
lgbtqworkshops@gmail.com



23

23 - SCHOLARSHIPS / LGBTQ Friendly Schools / GSA's

SCHOLARSHIPS :

- **Alexander Foundation** (Scholarships and emergency assistance)

<https://www.thealexanderfoundation.org/scholarships>

- **College Scholarships for LGBTQ Students**

<https://www.affordablecollegesonline.org/college-resource-center/lgbtq-scholarships-financial-aid/>

- **Colorado LGBTQIA Scholarships**

<https://prideresourcecenter.colostate.edu/resources/online-resources/financial-aid-colorado-lgbtqia-scholarships/>

- **CU Boulder Scholarships**

<http://www.colorado.edu/gsc/scholarships>

- HRC National & State Scholarship Database (02/04/20)

<http://www.hrc.org/scholarship-database/c/colorado>

<https://www.hrc.org/scholarship-database/c/national>

- LEAGUE Foundation LGBTQ Scholarship <https://www.leaguefoundation.org/>

- LGBTQ Friendly Schools/Scholarships <https://www.campuspride.org/>

-LGBTQI Student Athlete (01/29/20)

<https://nyramblers.com/scholarship/>

- PFLAG Scholarships <https://www.pflag.org/scholarship>

- PFLAG Denver Scholarships <https://www.pflagdenver.org/scholarship>

- Point Foundation Scholarships <https://pointfoundation.org/>

- Stonewall Community Foundation Scholarships

<https://www.stonewallfoundation.org/scholarships/>

- Wyoming Equality Scholarships

<https://wyomingequality.org/scholarships/>

-30 LGBTQ Student Scholarships

<https://www.zippia.com/job-search/lgbtq-jobs/scholarships/>

Student Loans: How to change your name (092819)

<https://www.forbes.com/sites/advisor/2019/09/22/student-loans-are-even-more-complicated-for-transgender-borrowers-heres-help/#40cf4823246a>

LGBTQ Friendly Schools :

-How to Find a LGBTQ Friendly College (082219)

<https://www.usnews.com/education/best-colleges/articles/2019-08-16/how-to-find-an-lgbt-friendly-college>.

- Campus Pride Index LGBTQ Friendly Colleges & Universities

<https://www.campusprideindex.org/>

- LGBTQ College Student Resource Guide

<https://www.learnhowtobecome.org/college/lgbtq-student-resources/>

GSA's :

Colorado GSA Network

<https://one-colorado.org/colorado-gsa-network/> (10/01/19)

GSA Network <https://gsanetwork.org/>

Northern Colorado GSA Leadership Summit 3/17/18

<http://www.one-colorado.org/events/northern-colorado-gsa-leadership-summit/>

Splash <http://splashnoco.org/gsa/>



24

24 - SENIORS & AGING

-LGBTQ+ Advance Care Planning Toolkit (12/29/24)

<https://lgbtagingcenter.org/library/library-item/>

-Coming out later in life (12/29/24)

<https://www.wellandgood.com/uncategorized/coming-out-later-in-life/>

-Welcoming LGBT Residents

A Practical Guide for Senior Living Staff (12/29/24)

ISBN 9780367027346

<https://www.routledge.com/Welcoming-LGBT-Residents-A-Practical-Guide-for-Senior-Living-Staff-1st/Johnston/p/book/9780367027346>

-SAGE (12/29/24)

Many resources including:

***Long-Term Care Equality Index**

***National Resource Center on LGBTQ+ Aging**

<https://www.sageusa.org/>

-Person-centered, Trauma-informed Care of Transgender Older Adults

By SAGE and FORGE(12/29/24)

https://www.lgbtagingcenter.org/resources/resource.cfm?r=2142&fbclid=IwAR05iuTg896kzrfKY6wfXNxMm1ZdJIARo2mLnrZW559_tIPCgBPJxAkVBKQ



25

25- Sexuality

-Inclusive Sex Ed Sites (Thank You Moma Bears) (031022)

<https://serendipitydodah.wordpress.com/resources-2/sex-ed-sites-that-are-inclusive/>

- Queer Sex Ed (podcasts) <http://www.queersexed.org/>

- Sex Etc (by and for teens)

<https://sexetc.org/sex-ed/info-center/stories/?topic=stories-lgbtq>

-Guide to Sex with Trans Women (120420)

<https://www.allure.com/story/guide-to-sex-with-trans-women-for-cis-women>

-Tips on Respectfully Talking with your Trans Lover (010421)

<https://everydayfeminism.com/2014/12/8-tips-on-respectfully-talking-pleasure-sex-and-bodies-with-your-trans-lover/>



26

26 - SHELTERS (Homeless, Sexual and Domestic Violence)

(Some of these may not be Transgender/Intersex safe, or LGB Safe, or only marginally safe. These resources are based on community member comments, or because they are the only place in town - please carefully check them out yourself)

- FORT COLLINS RESCUE MISSION (FORT COLLINS)

Non-Denominational Christian Faith Based Organization

<https://www.fortcollinsrescuemission.org/>

970-224-4302 316 Jefferson St, Fort Collins

For “men and women”

Semi LGB Safe, But Transgender assigned beds according to sex at birth.

- THE MISSION (FORT COLLINS)

Run by Catholic Charities / Archdiocese of Denver

<https://ccdenvver.org/larimer-county-services/the-mission-in-fort-collins/>

970-484-5100 460 Linden Center Dr

Semi LGB Safe, But Transgender assigned beds according to sex at birth

- CROSSROADS SAFEHOUSE (DOMESTIC VIOLENCE)(FORT COLLINS)

24/7 Help Line 970-482-3502 / 1-888-541-SAFE

<http://www.crossroadssafehouse.org/>

Serves “*all victims of domestic violence including women and their children, men and all identifying genders without discrimination.*” (May 2020)

(foster care for pets too)

- ALTERNATIVES TO VIOLENCE

(DOMESTIC VIOLENCE/SEXUAL ASSAULT)(LOVELAND)

<http://www.alternativestoviolence.org/>

541 E. 8th St. Loveland, Office 970-669-5150

After Hours Crisis Hotline: 970-880-1000

“Provides Services to men, women, and children regardless of ...sexual orientation”

- A WOMAN'S PLACE (DOMESTIC VIOLENCE) (GREELEY & FORT LUPTON)

Crisis Line 970-356-4223

We offer safe shelter to women, men, transgender/non gender conforming individuals and families who are in imminent danger or homeless due to domestic violence.

<http://www.awpdv.org/>

-SPAN / Safehouse Progressive Alliance for Nonviolence (Boulder)

<https://www.safehousealliance.org>

835 North St. Boulder

Crisis line: 303-444-2424

Outreach: 303-449-8623

Crisis Line, Shelter, Counseling, Legal Advocacy, Housing and Transition Services, Anti Violence Education, Safety Planning.

- BOULDER SHELTER FOR THE HOMELESS (BOULDER)

<http://www.bouldershelter.org>

-THE LODGE (Boulder) (082220)

<https://www.mother-house.org/lodge>

Autumn of 2020 Mother House is opening an overnight Shelter for women, transgender folks, and persons who identify as non-binary.

- THE DELORES PROJECT (DENVER)

LGBT Safe 303-534-5411

For Unaccompanied Women and Transgender Individuals ages 18+

<https://www.thedeloresproject.org/emergency-shelter>

Overnight Shelter w/ food

Complicated Bed Reservation System! See their link!!

- URBAN PEAK (DENVER)

Youth, Ages 15-20 "LGBTQI Safe" 303-974-2908.

<http://www.urbanpeak.org/denver/programs-and-services/shelter/>

40 Beds Overnight Shelter, ages 15-20, 1630 S. Acoma, Denver

Daytime Drop-in Shelter, ages 15-20, 2100 Stout St. Denver

- THE GATHERING PLACE (DENVER)

Daytime Drop-In Shelter

For Women, their children, & Transgender Individuals

1535 N High St, Denver M,W,TH,F 8:30-5 and Tues. 8:30-1:30

<http://tgpdenver.org/what-we-do/programs-services.html>

- **HOMELESS SHELTER DIRECTORY** (ONLINE)

<http://www.homelessshelterdirectory.org/>



27

27- SIGNATURES.

- Colorado Law 4-3-401

<http://law.justia.com/codes/colorado/2016/title-4/article-3/part-4/section-4-3-401/>

- Uniform Commercial Code <https://www.law.cornell.edu/ucc/3/3-401>

- Contract Signatures

<http://smallbusiness.findlaw.com/business-contracts-forms/what-are-the-rules-regarding-signatures-in-contracts.html>

- Defined <http://legal-dictionary.thefreedictionary.com/Signature>

- What is a legal signature

<http://www.lawweb.in/2014/01/what-is-considered-legal-signature.html>



28 - SUPPORT GROUPS - Mostly Transgender - Peer Led

Not all Support Groups are a good match for everyone. Please check every group carefully.

FORT COLLINS

- ECLECTIC -

TRANSGENDER & NON-BINARY SUPPORT GROUP - (FORT COLLINS) (06/2/25)

Eclectic's meetings have Moving!! New Day, Time, and Place!

**Eclectic meets Every 1st and 3rd Mondays, 5-7pm, at Prue's Place in the Community Impact Center/United Way Building,
525 W. Oak St, Fort Collins**

NEXT MEETINGS:

June 16th

July 7th & 21st

August 4th & 18th

Sept. 1st & 15th

Oct. 6th & 20th

Nov. 3rd & 17th

Dec. 1st & 15th

***The building is locked after hours. We will hang out near the door at the beginning of group and put a sign up with a number to text for folks who arrive late to be let inside.**

FOR UPDATES FOLLOW:

<https://www.facebook.com/nocoeclectic/>

Or Contact us at nocoelectic@gmail.com

-Eclectic uses “Transgender” in the most inclusive sense possible, including transgender, non-binary, gender non-conforming, gender fluid, gender creative, gender expansive, gender spicy and people all along the spectrum or off the spectrum altogether. That’s why the name, Eclectic. There is no gatekeeping here, your Identity is Valid.

- Eclectic is an adult self-run peer support and social group for transgender folx as expansively defined above. For people under 18 we do want a parent to check us out together at the meeting for at least the first time, we also recommend the various local youth support groups listed in this resource section.

We are not qualified for and do not do counseling, but we have lots of acceptance and support, and you can talk to people who understand at least part of what you or the person you are supporting are going through. People talk as much or as little as they wish about whatever is important to them and whatever they are comfortable about sharing, while respecting the space and time of all other participants. There is no pressure to talk, and everyone can sit and listen and simply be out in a safe space. Meetings are what we each make of them. Everyone is encouraged to find their own path, their own steps, pace, and destination. We are all unique and it is up to you to decide what you want, can safely work towards, and when to do so. There is no model or standards to conform to, and no one is excluded or told they are not enough or not really a member of however they identify. Group rules are simply that (1) we are here to support each other, we listen to each other, we all have value, that what is said and who was at any meeting, and all their information is strictly private and stays in the meeting room.

And (2) we don't do counseling.

GenderQueer Peers

From the Yarrow Collective.

<https://www.yarrowcollective.org/calendar> (Fort Collins) (090524)

2nd & 4th Thursdays, 6-7:30pm, 525 W. Oak St.

GenderQueer Peers is a support group for adults (18+) to process the joy and hardships of being transgender, nonbinary, intersex, genderqueer, and/or questioning your gender

identity. Facilitated by trans & nonbinary people with lived experience of mental health struggles, suicidality, and navigating intersectional identities.

2nd & 4th Thursdays each month from 6-7:30pm at the Community Impact Center.

*The building is locked after hours. We will hang out near the door at the beginning of group and put a sign up with a number to text for folks who arrive late to be let inside.

- SPLASH Youth of Northern Colorado (Fort Collins) (12/24/24)

<https://splashnoco.org/>

PRISM PALACE, 2721 S. College #4A, starting January 2025.

-GAUGE - Gender Identity Group. part of SPLASH. Ages 12-18, youth social-support group for

#trans, #nonbinary, #genderfluid, #genderqueer, #demigender, #agender, and related trans identity or #questioning. Trans Youth run, but supervised!

- SPLASH YOUTH GROUPS and Their Families - Ages 5-12, 12-18, 16-24 LGBTQIA+

Email FoCoSplash@gmail.com

Supervised, Substance-free SafeSpaces and special events for youth to connect in person and online. Search “splashnoco” on all online platforms: Facebook, Instagram, SnapChat, Twitter, Discord, Reddit, Tumblr, and YouTube or visit our website at SplashNoCo.org Resources, GSA & School support, and Community training available by request.

- Juniper's Place: LGBTQIA+ Transitional Housing, Homelessness Prevention & Services. Ages 18-21.

NoCo Nautilus Youth Group

(Fort Collins) (12/24/24) By Rocky Mountain Equality & Poudre Libraries.

Ages 13-19 LGBTQ Youth & Allies, Thursdays 5:30-7:30 @ Old Town Library.

- CSU - PRIDE Resource Center(Fort Collins)(12/24/24) 970-491-4342

Room 232 Lory Student Center

<https://prideresourcecenter.colostate.edu/>

NON-STUDENTS Please Check First before attending

gblt_studentservices@mail.colostate.edu

-PFLAG (Fort Collins)(12/24/24)

<https://pflagfortcollins.org/>

Monthly meetings held for

-LGBTQ+ of all identities (hybrid) - -Dad's Of Trans Folks Support (2025)

-Parents of LGBTQ+ youth & young adults (In-person, Longmont/Boulder)

-Family / Friends of Transgender Folks (hybrid)

BOULDER & LONGMONT

- OUT BOULDER COUNTY (BOULDER & LONGMONT)

<http://www.outboulder.org/supportgroups>

2132 14th St. Boulder and 463 Main St. Longmont

303-499-5777 Email: info@outboulder.org

Please check their web-page calendar for schedule

<http://www.outboulder.org/Calendar/Transgender>

Support Groups:

(Boulder) Supporting Transgender Family & Friends

(Boulder) Trans and Gender Expansive Youth

(Boulder) Gender Support

(Longmont) Gender Support

(Longmont) Queer and Trans Youth Group

-PFLAG (Boulder) (01/10/20)

<https://pflagboulder.org/>

-TYES TRANS-YOUTH EDUCATION & SUPPORT OF COLORADO

(DENVER & BOULDER)

<http://www.tyes-colorado.org/index.html>

BROOMFIELD

-PFLAG Broomfield (031022)

<https://pflagbroomfield.org/supportgroups/>

Support Groups

-PARENTS of LGBTQIA+ KIDS

-UNDER 18 LGBTQIA+ YOUTH

GREELEY

-League of Extraordinary Genders Support Group. (Greeley) (090524)

Transgender, Non-binary, Intersex Support. From JEDI Advocacy Council of Greeley.

Jedigreeley@gmail.com.

2nd Tuesdays 6:30-7:30pm, 2227 23rd ave, Greeley.

Rainbow Connections - High Plains Library District (Greeley)(07/03/25)

Inclusive hangout for LGBTQ+ teens and teen allies. This program is being held in tandem with a support group for guardians and other allies of LGBTQ+ youth, led by the JEDI Advocacy Council of Greeley.

<https://share.google/Gyt5oUMql4VCcP2Jo>

- UNC TRANSGENDER AND NON-BINARY AFFINITY GROUP (GREELEY)(07/03/25)

<http://www.unco.edu/gender-sexuality-resource-center/affinity-groups.aspx>

Monthly- See Calendar - Gender & Sexuality Resource Center

2215 10th Ave Greeley (Remember, Streets and Avenues are different)

-PFLAG (Greeley)(07/03/25)

970-673-7674

<https://www.pflaggreeley.com/>

DENVER

-COMMUNITY CARE COLLECTIVE (DENVER)

<http://communitycarecollective.com/>

- PFLAG Denver's Transgender/GNC/ and their SOFFA's Support Group
- Denver Disabled Queer group
- Denver ACE+ Meet up

- GLBT CENTER OF COLORADO / The Center on Colfax (DENVER)

<http://glbtcolorado.org/transgender/transgender-resources-support/>

1301 Colfax Ave Denver

Support Groups: Check website for dates and times <https://glbtcolorado.org/programs/>

Non Binary Gender Support

Transgender MTF Support

Transgender FTM Support

SOFFA Support (Significant Others-Family-Friends-Allies_

Gender Queeries (age 12-21)

Also - Rainbow Alley - Youth 11-21 <http://glbtcolorado.org/rainbow-alley/>

- PFLAG - Transgender Community Circle (Denver)

<https://www.pflagdenver.org/support-groups>

-TRANS AUTISTIC Support Group (Denver)(112620)

<https://transautistic.org/>

-TRANSGENDER CENTER OF THE ROCKIES (Denver)(Englewood)

3460 S. Federal Blvd, Englewood 80110

Inside Mile High Integrated Care

(A program of Mile High Behavioral Health Care)

<https://www.transgendercenteroftherockies.org/> (082220)

<https://www.facebook.com/Transgender-Center-of-the-Rockies-380744672478799/>

<http://www.milehighbehavioralhealthcare.org/>

TCR provides holistic gender-affirming services to support transgender and gender-expansive individuals. Our goal is to empower them to live full and authentic lives. We provide social-emotional support and substance use treatment with clinical groups, individual counseling, peer-led support groups, employment and PreP case management and community events.

-TYES TRANS-YOUTH EDUCATION & SUPPORT OF COLORADO

(DENVER & BOULDER)

<http://www.tyes-colorado.org/index.html>

COLORADO SPRINGS:

-All Transgender Support Group Meetings (02/04/20)

Page

Bridge

Transgender Family Support

Transgender Veterans

<https://cospage.wixsite.com/7pagecosprings>

-PEAK AREA GENDER EXPRESSIONS (PAGE) (COLORADO SPRINGS)

https://www.facebook.com/groups/149777297709/?hc_location=ufi

Support and Family Groups

- BRIDGE “BUILDING REAL IDENTITIES AND DISCOVERING GENDER EXPRESSION”

(COLORADO SPRINGS)

https://www.facebook.com/groups/101018560416530/?hc_location=ufi

Ages 16-30

Closed Group, you must ask to join

- INSIDE/OUT YOUTH SERVICES (13-22) (COLORADO SPRINGS)

<https://www.facebook.com/insideoutyouthservices/>

<https://www.insideoutys.org/>

PUEBLO

-TRANSGENERATIONS

<https://www.socoequality.org/>

-Southern Colorado Equality (02/04/20)

<https://www.socoequality.org/>

WINDSOR

See also SPLASH Support Groups listing under Fort Collins for local youth group.

WYOMING

- TRANS SUPPORT GROUP (Cheyenne)

<http://wyomingequality.org/event-view/trans-support-group/>

Contact info MonikaL@wyomingequality.org

-Cheyenne Transgender Support Group (2nd&4th Wednesdays)

<https://www.cheyennetranssupport.org>

ONLINE ONLY

- RESCQU NET (OnLine Support Groups) <http://www.rescqu.net/>

-Bi / PANSEXUAL On-Line Support Group (“Bitter/Sweet”)

<http://www.rescqu.net/bittersweet.html>

-Support Group for Spouses of Transgender/Genderfluid Individuals (FB Private Group (01/24/20)

<https://www.facebook.com/groups/466700650154366/>

- TRANSGENDER VETERANS SUPPORT GROUP LOCATOR

<http://transveteran.org/for-veterans/trans-support-locator/>



29

29 - SUPPORT GROUPS - Transgender - Therapist Led

Not all Support Groups are a good match for everyone. Please check every group carefully.

- CSU TRANSGENDER YOUTH SUPPORT GROUP (FORT COLLINS)

Ages 10-17. Kids 15 and over do not need a parental signature

CSU Center for Family & Couple Therapy

Thursdays 6-7pm Fall 2018. Spring/Summer 2019 too.

Rm 119 Gifford Building on 502 W. Lake Street Fort Collins, CO 80523.

Each group is \$20, first session free. All sessions may soon be free pending a grant..

Contact Amanda, at 970-491-5991

- PARENTS OF TRANSGENDER YOUTH SUPPORT GROUP (same time. Meet at Rm 119 for directions)

Group leader Kelli (not a therapist)

- CSU HEALTH NETWORK GROUPS

Registration Required

<https://health.colostate.edu/groups-and-workshops/#themegroups>

(12/2/19)

-Gender and Genderfluid Support Group. (Wednesdays 3:30-5)

This group is run by Chloe Wright and Beit Gorski. If you are interested in this group please contact Beit at (970) 491-6053 or via email at beit.gorski@colostate.edu.

-Coming Out, Being Out and Questioning Support Group
(Contact Adam-Jon Aparicio (970) 491-7494)

If you want to make an appointment with a Trans Healthcare provider, please call 970-491-7121

-Umbrella Collective. (Boulder) (091719)

Weekly Transgender teen therapy group and monthly parents therapy support group
<http://www.umbrellacollective.org/groups/>



30

30 - TDOR - Transgender Day of Remembrance / LGBTQ-HIV Hate and Intimate Partner Violence

TDOR (Names/Photos 2010- now) <https://mic.com/unerased/database>

TDOR (Worldwide, Annual Listing) <https://tdor.info/>

TDOR (Wordwide, Annual Listing)
<http://transrespect.org/en/trans-murder-monitoring/tmm-resources/>

TDOR (links to news of all current year murders)
<https://www.glaad.org/blog/glaad-calls-increased-and-accurate-media-coverage-transgender-murders>

LGBTQ & HIV Hate and Intimate Partner Violence

- A project of the National Coalition of Anti-Violence Programs

(annual reports under “resources”) <https://avp.org/>

-TRANSGENDER REMEMBRANCE (FB Group) (04/01/20) Page dedicated to transgender people who have lost their lives.



31

31 - Trans 101 / 201 / 501

31.1 - Transgender 101

- Trans 101 <https://everydayfeminism.com/2016/08/transgender-101/>

-Gender Unicorn Graphic, and more (020121)

<https://transstudent.org/graphics/>

- How to Respect a Transgender Person

<https://m.wikihow.com/Respect-a-Transgender-Person>

-Trans Women are not Drag Queens

(12/6/19)

<https://everydayfeminism.com/2014/04/trans-women-not-drag-queens/>

-Misgendering & Deadnaming is a big deal (02/16/20)

<http://www.amelia.run/2014/01/02/misgendering-okay-justifiable-yes-big-deal/>

<https://byrslf.co/i-wasnt-annoyed-at-your-misgendering-me-b13cd9480b2c>

-Trans Women don't experience male privilege (1/10/20)

<https://everydayfeminism.com/2015/10/trans-women-male-privilege/>

-9 Questions about Gender Identity and Being Transgender You Were Too Afraid to Ask (08/17/19)

<https://www.vox.com/2015/4/24/8483561/transgender-gender-identity-expression>

31.11 Professional Organizations Policies about Transgender and LGBT people.

-Professional Organizations Endorsing Supporting Transgender People (12/22/19)

https://www.lambdalegal.org/publications/fs_professional-org-statements-supporting-trans-health

(Download for a clear & functional copy)

-AAP (American Academy of Pediatrics, 66,000 members) Statement on Protecting Transgender Youth (04/01/20)

<https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/AAP-Statement-on-Protecting-Transgender-Youth.aspx>

31.2 Transgender 201

- Agender / Non-Binary

<https://ww2.kqed.org/futureofyou/2017/04/24/boy-girl-both-neither-a-new-generation-overth-rows-gender/>

ATHLETICS

-CHSAA (Colorado High School Activities Association) Transgender Inclusion Bylaw & Policy (082220)

<http://www2.chsaa.org/home/pdf/TRANSGENDERPROCEDUREPOLICY.pdf>

-4 Myths about Trans Athletes (082220)

<https://www.aclu.org/news/lgbt-rights/four-myths-about-trans-athletes-debunked/>

Breast Augmentation (01/13/20)

<https://medium.com/empowered-trans-woman/let-me-have-my-boobs-please-2314b450049a>

Deadnaming

https://www.huffingtonpost.com/entry/deadnaming-a-trans-person-is-violenceso-why-does_us_58cc58cce4b0e0d348b3434b

Gender Dysphoria

-On Dysphoria — Before, Enduring, and After (101519)

<https://eveywinters.com/category/guides/> scroll down to this title.

-Explaining Gender Dysphoria (082220)

<https://www.crossdreamers.com/2016/07/photo-by-patrick-miko-lisa-mullin.html?m=1>

- That's Gender Dysphoria / The Gender Dysphoria Bible (031022)

<https://genderdysphoria.fyi/>

-When Gender Dysphoria Triggers Self-Harm (042020)

<https://ravishly.com/2016/12/28/when-gender-dysphoria-triggers-self-harm>

- Lack of Medical Care

<https://www.npr.org/sections/health-shots/2017/11/21/564817975/health-care-system-fails-many-transgender-americans>

-Gender Affirming Surgery Myths

<https://www.refinery29.com/2017/03/147303/gender-reassignment-surgery-myths>

-NonBinary Medical Transition, What it's Like

<https://www.them.us/story/nonbinary-medical-transition>

-OUTING(11/28/19)

<https://www.cosmopolitan.com/uk/love-sex/a20771316/outing-someone-lgbtq/>

- PERSONAL STORIES

-Transgender Youth

-The Gender Cool Project <https://gendercool.org/>

- Siblings

<https://www.youtube.com/watch?v=fT4ZsO-EptY>

-9 Questions about Trans Issues You Were Too Embarrassed to Ask (112721)

<https://www.vox.com/identities/21332685/trans-rights-pronouns-bathrooms-sports>

-10 Misconceptions Every Trans Ally Needs to Understand (082719)

<https://everydayfeminism.com/2014/11/misconceptions-trans-ally-understand/>

31.3 Transgender 501

-Positively Trans Needs Assessment (Reports 1-3)

<https://transgenderlawcenter.org/programs/positively-trans/research>

-SEX REDEFINED (The Idea of two sexes is simplistic)

<http://www.nature.com/news/sex-redefined-1.16943>

-The XX and XY Lie (12/22/19)

<https://medium.com/@QSE/the-xx-xy-lie-our-social-construction-of-a-sex-and-gender-binary-4eed1e60e615>

-Stop Using Phony Science to Justify Transphobia (12/24/20)

<https://blogs.scientificamerican.com/voices/stop-using-phony-science-to-justify-transphobia/>



32

32 - TSA

ID Requirements: Adults & Under 18, and Travel without ID

<https://www.tsa.gov/travel/security-screening/identification>

Transgender Travelers (Official Policy, not always lived up to in real life).

<https://www.tsa.gov/transgender-passengers>

Civil Rights Complaint Online Form

<https://www.tsa.gov/contact-center/form/complaints>



32.5

32.5 - U.S. TRANS SURVEY

2022 U.S. TRANS SURVEY (Survey results released June 11, 2025. (06/11/25)

https://ustranssurvey.org/?fbclid=IwY2xjawK3KY5leHRuA2FlbQlMQABHsvmmYWxJOJ89FCepKa58E3M6iQbpV_Rlwd6Fgi7qsUx8i7GzonV27YVQQvG_aem_JvR0zUF5Ug2PBP3-x2YYgg



33

33 - VETERANS

-JUNE 26, 2024

A Proclamation on Granting Pardon for Certain Violations of Article 125 Under the Uniform Code of Military Justice (062524)

https://www.whitehouse.gov/briefing-room/presidential-actions/2024/06/26/a-proclamation-on-granting-pardon-for-certain-violations-of-article-125-under-the-uniform-code-of-military-justice/?fbclid=IwZXh0bgNhZW0CMTEAAR1h8ccaFwCbanK-NYjhGPoPvgv7MWdSPzUtljZPu_4AdhLsXvbR_Q0xgSc_aem_Wfk3CSSEINij5_odl4ZBWg

-LGBT Resources and Policies (111120)

<https://www.dav.org/veterans/resources/lgbt-veterans/>

-LGBT Veterans for LGBT Veterans

Private FB Group (092421)

<https://www.facebook.com/groups/3969612469788083/?ref=share>

-Modern Military Assoc. Of America (LGBT military and veterans) (11/13/19)

<https://modernmilitary.org/>

-RECORDS

- DEERS

<http://transveteran.org/faq/update-name-gender-defense-enrollment-eligibility-reporting-system-deers/>

- RECORDS <https://transequality.org/know-your-rights/military-records>

- DISCHARGE UPGRADE -

- <http://transveteran.org/for-veterans/> (11/13/19)

<https://www.va.gov/discharge-upgrade-instructions> (081819)

- <https://www.defense.gov/Spotlights/Dont-Ask-Dont-Tell-Resources/>
(092523)

-SPARTA (Transgender Military and Veterans)(11/13/19)

<https://spartapride.org/>

-TAVA / Transgender American Veterans Assoc. (11/13/19)

<http://transveteran.org/about-us/>

- TRANSGENDER VETERANS SUPPORT GROUP LOCATOR

<http://transveteran.org/for-veterans/trans-support-locator/>

-Transgender Veterans Support Group (02/04/20)(Colorado Springs)

<https://cospage.wixsite.com/pagecosprings>

-VA / VETERANS ADMINISTRATION LGBT Veterans Care Specialist (Cheyenne)

307-757-7251 Michael Moore

-VETERANS CRISIS LINE

<https://www.veteranscrisisline.net/>

Call 800-273-8255 press 1

Text 838255

Chat<https://www.veteranscrisisline.net/ChatTermsOfService.aspx>



34

34 -VOICE TRAINING

Please know that these are resources but they are not endorsements, research them to see if they match your needs.

-Resound Speech Therapy / Collin Eagen (He/His), Transgender Voice Training (08/16/25) (Fort Collins)

Accepting insurance and offer a sliding scale for out of pocket payers.

www.resoundspeech.com/

-Speech & Language Stimulation Center Inc (Fort Collins)(08/16/25)

<https://www.speech-language-voice.com/> (Transgender Voice Services)

-CU Boulder Speech, Language and Hearing Clinic (08/16/25)

<https://www.colorado.edu/slhs/clinic>

PHONE APPS/ONLINE

-Christella VoiceUp (08/16/25)

<http://www.christellaantoni.co.uk/transgender-voice/voiceupapp/>

-Trans Voice Lessons (08/16/25) (Online private or group lessons)

<https://www.transvoicelessons.com/>

-Voice Pitch Analyzer

IOS <https://apps.apple.com/us/app/voice-pitch-analyzer/id1302785788> (08/16/25)

Android

Too many voice pitch analyzers to list. (08/16/25)

Other Resources

-Finding Your True Voice: A Guide to Gender-Affirming Verbal Communication

<https://onlinespeechpathologyprograms.org/gender-affirming-verbal-communication/> (08/16/25)

-Transgender voice training: How to make your voice higher

<https://www.lgbtqnation.com/2021/12/transgender-voice-training-make-voice-higher/> (08/16/25)



35

35 - VOTER REGISTRATION / Voting while Transgender in Colorado / Find Your Elected Officials /Transgender & LGBTQ legislation tracking.

2024 COLORADO Transgender Voter Registration and Voting While Trans Guide (10/26/24)

<https://www.one-colorado.org/resources/guide-voting-while-trans>

COLORADO VOTER REGISTRATION (Secretary of State Webpage)(10/26/24)- Register online or pdf form / Verify if you are still registered / list of ID's needed to vote in person

Gender is Optional and Self-Defined !!

“ In Colorado, it is illegal to register to vote or cast a vote while serving a sentence of confinement, detention, or parole for a felony conviction.”(All other Felonies Do Not Affect Voting in Colorado)

<http://www.sos.state.co.us/pubs/elections/vote/VoterHome.html>

-Find your Elected Officials and Contact Information with just your street address and ZipCode (City Council to President and everyone inbetween)(030625)

<https://pflag.salsalabs.org/lookupyoulegislator/index.html?eType=EmailBlastContent&eld=e9f0ef23-5461-4768-b283-21e03a40392d>

“Decisions are made by those who show up”.

“If you don't have a seat at the table, you're on the menu”.

“Never give up a microphone without an ask”.

VOTE.

Every Election, Every Race.

COLORADO.(030625)

<https://leg.colorado.gov/>

Add to your home screen or bookmark it.

Click on more,

- Bills. Search by Bill # or subject (get creative). Then can look up text, committee assignment, hearings day/room#,

- Committees. Public Testimony Options (in committee only, not floor votes),(In person, Virtually, In Writing. Also how to listen online).

FIND TRANSGENDER / LGBT BILLS

(Varying lag time. They find different bills)

(030625)

Equality Foundation Legislation Tracker

<https://www.equalityfederation.org/state-legislation-tracker>

One Colorado Legislation Tracker

<https://www.one-colorado.org/state-advocacy>

Trans Legislation Anti-Trans Bill Tracker

<https://translegislation.com/>

Transformation Project (anti-trans bills)

<https://www.transformationsproject.org/state-anti-trans-legislation>

GENERAL.

Federal, State, Local, and Judicial Elections and Ballot Issues

<https://ballotpedia.org/Elections>





That's All Folks

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