

Palmer Snow Field Hike Prospectus

Hike	Palmer Snow Field	Route	Out and Back
Length / elevation	5 mi/2,500 ft	Hike Grade	C
Date	4/20/2025	Start Time	8 AM (earlier if ready)
Hike Leaders	Kellie O'Donnell Phil Coufal	Contact info	Cell: (971) 506-7551 Email: kzodonnell@gmail.com Cell: (832)235-4025 Email: pcoufal@outlook.com

Directions to Trail Head:

From Portland, follow US-26 E to Government Camp.

Just east of Government Camp turn left onto Timberline Highway and drive approximately 5.5 miles to Timberline.

We will meet at the northern end of the Timberline overflow parking lot. This is the first parking lot on your right as you arrive to Timberline (arrow on image to the right).



Permits and/or Restrictions:

Sno-Park Permit required to park. Since we are not going about 9,500 ft elevation, Mt. Hood Climbing Permits are not required.

New for the 2025/2026 season, [Timberline](#) will require all uphill users to carry a **FREE, digital Uphill Travel Pass.**

How it works: [Fill out the waiver](#). A copy is emailed to you that will serve as your pass.

Recommendation: screenshot the confirmation email and save it to your phone OR print out a copy to have with you for the hike. It's unclear how this will actually be enforced but better to have it handy than not.

Hike Description:

This hike takes place on the land of the [Confederated Tribes of Siletz Indians](#), [Confederated Tribes of Grand Ronde](#), and [Confederated Tribes of Warm Springs](#). You can learn more about the history, culture, and current affairs of these nations using the links above.

From the Wy'East Day Lodge we will head upward following the climbers' trail. **We will take a short break roughly every hour and take turns kicking steps.** We will hike to the top of the Palmer chair lift at approximately 8,500 ft elevation. Depending on the conditions, we may need to use crampons starting at the parking lot or as we move onto higher and steeper terrain. The GPX track and track shown on the map is an approximation of where we will travel.

Coordinates (WGS 84)

Wy'East Day Lodge	10T 0601113E 5020467N 5,896 ft	Top of Palmer Chair Lift	10T 0601386E 5023598N 8,486 ft
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Map:

[Standard](#)

[Slope Angle Shaded](#)

[GPX Track](#)

[PMR South Side Landmarks](#) – this is a great resource to print on the back of your map.

Weather:

[Avalanche forecast](#)

Weather ([NOAA](#), [Mountain Forecast](#), [MeteoBlue](#), [Windy](#))

Gear Checklist: (x - mandatory, o – optional)

Clothes:

- ☐ Liner socks
- ☒ Wool or poly blend socks
- ☒ Fleece jacket, vest or wool sweater (middle layer)
- ☐ Fleece or wool pants (optional middle layer)
- ☒ Waterproof/breathable jacket or shell
- ☒ Waterproof/breathable pants/bibs
- ☒ Fleece balaclava or warm hat
- ☒ Synthetic underwear/base layer
- ☒ Thermal/polypro underwear top
- ☒ Thermal/polypro underwear bottom
- ☒ Mittens or gloves (several pairs)
- ☒ Puffy jacket
- ☒ Hat with visor, for sun or rain
- ☐ Clean clothes (for drive home)
- ☐ Change of shoes (for drive to/from trail)
- ☐ Thin liner gloves
- ☐ Handkerchief/bandanna (drippy noses are a drag)

****NO COTTON** on your body or in your pack

Food/Drink:

- ☒ Water (2 liters minimum)
- ☒ Snacks
- ☒ Lunch
- ☐ Carbo or Gatorade-type mix for water
- ☐ Individually wrapped treats to share (summit treats)
- ☒ Extra water
- ☒ Extra food

Gear:

- ☒ Backpack
- ☒ Climbing harness and all BCEP rock gear
- ☒ Helmet
- ☒ Water bottles or hydration bladder
- ☒ Headlamp (with extra batteries)
- ☒ Sunscreen & Lip protection
- ☒ Sunglasses
- ☐ Ski or trekking poles (recommended)
- ☐ Gaiters (recommended)
- ☐ Small insulite sit pad

- ☒ Crampon compatible mountaineering boots
- ☒ Ice axe
- ☒ Crampons (fit to your boots at home)
- ☒ 3 AAA ALKALINE batteries (for avy beacon)

Additional Personal Gear:

- ☒ Whistle
- ☒ Map & Compass
- ☒ Pocket knife
- ☒ Waterproof matches/lighter
- ☒ First aid kit
- ☒ Extra clothing (socks, gloves, hat)
- ☐ Garbage bags (for muddy boots in the car!)
- ☒ Emergency shelter/Bivy sack
- ☐ Watch/Altimeter
- ☐ Electronics (cell phone/GPS)
- ☐ Post-climb munchies
- ☒ Blue bags
- ☒ Cheap rain pants or garbage bag for glissading