

All available evidence shows the going rate for bed fees in a recovery residence is \$20 per day. A few examples are below:

- (1) On 9/29/22, VARR hosted a virtual panel discussion on 'Making Recovery Possible' and posted it to their [Facebook page](#). In that discussion, David Rook stated, "Twenty dollars a day is basically the cost of a recovery house. So, removing that barrier has opened the door for so many people to access recovery."
- (2) I reviewed roughly three months of internal communications between True Recovery managers provided by a former house manager from December to March of 2022. Those communications showed the weekly bed fee rate was \$140 (\$20 per day).
- (3) In November 2020, VARR [applied for funding](#) for REAL Life to start two re-entry houses. A summary authored by REAL Life explained how after just 6 months in operation, to be fully self-sustaining, a house only needs \$135 in weekly rent from residents (less than \$20 per day), even after allowing residents to live rent-free for the initial 45 days:

Following the REAL LIFE model, everyone is permitted to move into the new REAL Reentry House for free. After they have been stabilized and working with our Quick Start to Employment Manager to find work, they will then be expected to pay the weekly fee of \$135. This generally occurs after 45 days.

It is important to note that, after approximately 6 months of operation, REAL Houses become financially sustaining, as the weekly program fee paid by those Lifers who are employed cover the costs associated with new Lifers who are still in the stabilization period and have not yet begun working. This ensures that a house can provide shelter and stability to hundreds more individuals in the years to come.

Sarah Scarbrough is the founder and director of REAL Life. She is also the current president and former vice president of VARR.

- (4) According to the below employee of the Virginia Department of Health, VARR estimated the average weekly stay cost at a recovery residence is \$135 - \$145 (\$19.29 - \$20.72 per day).

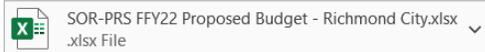
Fwd: FY 2022 SOR Budget Proposal



Weight, Angela <angela.weight@dbhds.virginia.gov>
To: Michael Zohab; Patrick Wessells



Tue 11/2/2021 3:37 PM



From: **Karr, Julie** <julie.karr@vdh.virginia.gov>

Date: Fri, Sep 3, 2021 at 2:08 PM

Subject: FY 2022 SOR Budget Proposal

To: Patrick Wessells <patrick.wessells@dbhds.virginia.gov>, Michael Zohab <mike.zohab@dbhds.virginia.gov>, Angela Weight <angela.weight@dbhds.virginia.gov>

Good Afternoon,

I have attached the FY22 SOR Proposed Budget.

In August 2021, we used excess funds to increase the hourly pay of our two Peer Recovery Specialists from \$16 an hour to \$20. This was done to bring great parity in pay with other similar positions such as Community Health Workers and those with accreditation in their field. The 2022 budget continues this pay increase.

In addition to continued funding for the two PRS positions with raises, I have included a request for funding recovery home scholarships. This funding would be enough to fully pay for a 30 day stay at a VARR accredited recovery residence for 20 people. This is based on estimates from VARR of an average weekly stay cost of \$1-35 to \$145. PRSs regularly encounter people who are not able to afford recovery housing or pay for stay upfront. We believe that providing funding for VARR accredited recovery housing will make a huge difference in overall outcomes for individuals with OUD.

Since October 2020, RHHD has been doing regular outreach in areas with high rates of overdoses. With a boost from CARES Act funding we were able to purchase and distribute first aid kits, rain ponchos, ibuprofen, hygiene items and socks in July 2021. This has led to greater community rapport and more uptake on naloxone dispensing in these communities. Over 400 doses of naloxone have been dispensed in the heavily impacted Church Hill community. More than 50 overdoses have been reversed in this time. Two people have been connected to recovery and three others to housing and medical resources. We would like to continue to provide items to community members that support their care and build connections. Purchases will be confined to allowable items and driven by community input as to need.

Thank you so much for this continued opportunity,
Julie

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- (5) In a solicitation for donations in February 2020, Michael Tillem indicated it takes only \$21 per day to provide housing, food, and clothing for one participant (although the math comes out to \$19.33).



Michael Tillem



Michael Tillem



Feb 15, 2020 · 🌐

This year I hit the big 58! If you could help us hit \$580 , this would help pay for 1 person for 30 days , to get get a roof over their head , food in their stomach and if they need clothes, personal hygiene, we will get that for them as well! During this 30 days , we will transport them to our Community Recovery & Education Center Daily to attend , groups, 12 step meetings , counseling and look for employment! I know \$580 is a lot of money which is about \$21 a day to house , feed , and clothes someone. If about 28 ppl could find it in their hearts to donate \$21 , we would hit our goal:.)



Michael's Birthday Fundraiser for Journey House Foundation Inc

\$502 raised of \$450

13 people donated.