

## GRADE 7 – OPENING BLOCK DAILY LESSON LOG (DLL)

**Duration:** 5 Days

**Key Stage:** Grade 7 (Junior High School)

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### DAY 1 – Transition to Secondary School and Self-Awareness

#### I. Objectives

- Describe the transition from elementary to secondary school
- Reflect on personal strengths, challenges, and expectations
- Demonstrate understanding of basic classroom and school routines

#### II. Content

Transition to JHS; self-awareness; socio-emotional learning

#### III. Learning Resources

Reflection sheets, journals, orientation slides, chart paper

#### IV. Procedures

##### A. Opening Routine

- Opening prayer/energizer
- Attendance and initial check-in

##### B. Developmental Activities

1. **Orientation: “Welcome to Junior High School”**
  - o Discuss key differences between elementary and secondary levels
2. **Self-Reflection Activity**
  - o Learners write about strengths, areas for improvement, and expectations
3. **Well-Being Check**
  - o Guided journaling: feelings about entering Grade 7
4. **Small Group Sharing**
  - o Exchange insights and common concerns

##### C. Reflection and Closing

- Complete: “As a Grade 7 learner, I want to become \_\_\_\_.”

#### V. Remarks

Observe adjustment, confidence, and openness

## **DAY 2 – Academic Orientation and Learning Expectations**

### **I. Objectives**

- Identify the different learning areas in Junior High School
- Explain academic expectations, requirements, and routines
- Demonstrate readiness to manage multiple subjects

### **II. Content**

Learning area orientation; academic expectations; school updates

### **III. Learning Resources**

Curriculum overview, class schedule, subject guides

### **IV. Procedures**

#### **A. Opening Routine**

- Greeting
- Review of Day 1 reflections

#### **B. Developmental Activities**

##### **1. Curriculum Overview**

- o Introduction to core subjects and exploratory areas

##### **2. Discussion of Expectations**

- o Grading system (simplified), outputs, deadlines, academic honesty

##### **3. Schedule and Time Management Activity**

- o Learners analyze schedule and plan study time

##### **4. Scenario Analysis**

- o Apply appropriate study habits and behaviors

#### **C. Reflection and Closing**

- Ask: “What strategies will help you succeed in Grade 7?”

### **V. Remarks**

Observe understanding of academic responsibilities

## **DAY 3 – School Policies, Digital Citizenship, and Responsibility**

### **I. Objectives**

- Demonstrate understanding of school rules and policies
- Apply responsible behavior in face-to-face and digital environments
- Show awareness of rights and responsibilities as learners

### **II. Content**

School policies; anti-bullying; digital citizenship; discipline

### **III. Learning Resources**

School handbook excerpts, scenario cards, videos (if available)

### **IV. Procedures**

#### **A. Opening Routine**

- Routine review

#### **B. Developmental Activities**

1. **School Policy Orientation**
  - o Anti-bullying, safety protocols, discipline procedures
2. **Digital Citizenship Discussion**
  - o Responsible use of technology and social media
3. **Case Study Analysis**
  - o Analyze scenarios (peer conflict, online behavior, rule violations)
4. **Group Output**
  - o Create a short guideline: “Responsible Grade 7 Learner”

#### **C. Reflection and Closing**

- Complete: “I will act responsibly by \_\_\_\_.”

### **V. Remarks**

Observe decision-making and awareness

## **DAY 4 – Goal Setting, Study Skills, and Future Planning**

### **I. Objectives**

- Set realistic academic and personal goals
- Apply basic study and time management strategies
- Develop an action plan for achieving goals

### **II. Content**

Goal setting; study skills; time management

### **III. Learning Resources**

Goal-setting templates, planners, notebooks

### **IV. Procedures**

#### **A. Opening Routine**

- Greeting and review

#### **B. Developmental Activities**

1. **Discussion: SMART Goals**
  - o Introduce goal-setting framework
2. **Goal-Setting Activity**
  - o Academic, personal, and behavioral goals
3. **Study Skills Mini-Lesson**
  - o Note-taking, organizing tasks, managing time
4. **Action Planning Task**
  - o Identify steps, challenges, and solutions

#### **C. Reflection and Closing**

- Ask: “What habits will help you reach your goals?”

### **V. Remarks**

Observe planning skills and goal clarity

## **DAY 5 – Consolidation, Portfolio Setup, and Community Building**

### **I. Objectives**

- Consolidate understanding of routines and expectations
- Organize academic materials and portfolio
- Build a positive and collaborative classroom environment

### **II. Content**

Lesson overview; portfolio building; community building

### **III. Learning Resources**

Folders, notebooks, subject materials, chart paper

### **IV. Procedures**

#### **A. Opening Routine**

- Energizer and review

#### **B. Developmental Activities**

1. **Subject Overview**
  - o Preview key competencies and expectations per subject
2. **Portfolio Setup**
  - o Organize notebooks, folders, and digital/physical outputs
3. **Community Building Activity**
  - o Create “Our Grade 7 Class Agreement/Manifesto”
4. **Finalization of Class Rules**
  - o Review and affirm expectations

#### **C. Reflection and Closing**

- Appreciation circle
- Complete: “I am ready for Grade 7 because \_\_\_\_.”

### **V. Remarks**

Observe readiness, organization, and collaboration