

[Date] August 10th, 2022

[Name]Hiroshi Maeda, [Affiliation] PhD Department of Sleep Medicine, Keio University School of Medicine, Shinjyukukuk, Yokyo, 160-8582, Japan [Email Address] [Phone Number]

To the Editors-in-Chief of *Bioactive Compounds in Health and Disease* (BCHD),

I am pleased to submit [A review article/An original research article] titled “[Insert title of article]” written by [Insert full names of all authors].

[Insert short description of article]. **Example:** Amaranth flower is precisely used for herbal medicine as sedatives in Europe. However, the effect of Amaranth flower extract on subjects with mental anxiety not been evaluated. By performing clinical trial, we confirmed that Amaranth flower extract containing several flavonoid glycosides was found to improve social activity and vitality.

We believe that this manuscript is appropriate for publication in *Bioactive Compounds in Health and Disease*. This manuscript has not been published and is not under consideration for publication elsewhere.

We can also confirm that we can pay the article publication fee of \$1,095.00 US dollars. We will pay through [Choose payment method: PayPal invoice, through FFC website by credit card, bank transfer, etc.].

Thank you for your consideration,  
[Author who is submitting manuscript]

Recommended Peer Reviewers:

1. [Name], [Position/Title], [Address], [Email address].
2. [Name], [Position/Title], [Address], [Email address].
3. [Name], [Position/Title], [Address], [Email address].
4. [Name], [Position/Title], [Address], [Email address].
5. [Name], [Position/Title], [Address], [Email address].

Co-author's emails:

1. Name, [Email Address] [Phone Number]
2. Name, [Email Address] [Phone Number]
3. Name, [Email Address] [Phone Number]