## State-Mandated Screenings SY 24/25

Schools are required by Massachusetts General Law (M.G.L. Chapter 71, Section 57 and 105 CMR 200.000) to provide vision, hearing, body mass index (BMI), postural, and Brief Intervention and Referral to Treatment (SBIRT) health screenings to all students. Parents/guardians will be notified if a referral is necessary.

## Grade 6

• **Postural/scoliosis screening** - This screening will be done while your student is attending Physical Education class. The School Nurse will refer any student with questionable screening results to follow up with their Primary Care Physician.

## Grade 7

• Hearing, vision, height and weight, postural/scoliosis screening - these screenings will be done while your student is attending Physical Education class. The School Nurse will refer any student with questionable screening results to follow up with their Primary Care Physician. All concerns will be communicated to parents/guardians by the end of the school year. Students should wear glasses/contacts during the screening. If aid is needed in obtaining eyewear please let the School Nurse know. She will be able to help with assistance from local shops and programs.

## Grade 8

- Postural/scoliosis screening these screenings will be done while your student is attending Physical Education class. The School Nurse will refer any student with questionable screening results for a follow-up with their Primary Care Physician.
- SBIRT Screening Massachusetts now mandates that schools verbally screen students for potential drug/alcohol use/abuse. The SBIRT screen is a private conversation between students and an SBIRT trained School Nurse. The screening will take approximately 5-15 minutes and consists of an introduction, specific questions, and a brief conversation about the answers. Click here for additional information on SBIRT.