

Free Training on UK Parliament for Community Groups in Yorkshire & Humberside

Would your community group like a [free workshop](#) about how Parliament works and how to get your voice heard on issues that matter to you?

The sessions are designed to show groups in Yorkshire & Humberside how the House of Commons and House of Lords work, ways to influence decisions made in UK Parliament, get their voices heard and campaign for change. The workshops are hosted by Rachael Dodgson the outreach officer for the North West, Yorkshire & Humberside and can be tailored to suit the individual needs of each group. They can be online or in person and are politically neutral.



There are a range of workshops available throughout the year, suitable for groups with different accessibility levels and experience in engaging with UK Parliament.

Rachael Dodgson said:

"I love delivering our sessions, working with a diverse range of people from across the region to show them how they can engage with UK Parliament and get their voices heard on issues that matter to them and their communities."

Have a look at the type of groups I have worked with here": [Reaching out to young people in the North \(shorthandstories.com\)](https://www.shorthandstories.com)

Your Community, Your UK Parliament – An Introduction

This 60 minute interactive workshop, designed for a minimum of 15 people, looks at how Parliament works for them:

- The work of the House of Commons and MPs
- The work and membership of the House of Lords
- The role of parliament in checking the work of the government
- How you can get your voice heard on issues that matter to you

This workshop can also be delivered to ESOL groups and if needed an interpreter can be provided.

Are you influential? Get your voice heard in UK Parliament

This 90 minute workshop is designed for a minimum of 15 people and has been created especially for those who have had some basic engagement with UK Parliament before. Attendees will develop a deeper understanding of how to raise the issues which mean the most to them, including:

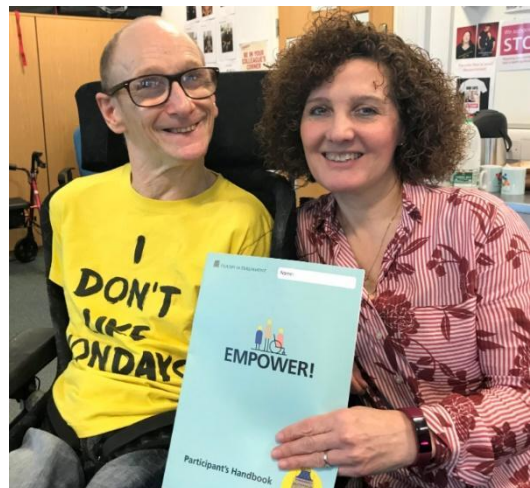
- How they can take action
- What tools help influence debates, decisions and legislation such as; petitions, select committees and All Party Parliamentary Groups
- Who they can contact at parliament and what they can ask them to do

This workshop can also be delivered to ESOL groups and if needed an interpreter can be provided.

EMPOWER! For adults with learning disabilities

This workshop is tailored to make it accessible for the needs of your group, including discussion and a mock election using resources designed for and by adults with learning disabilities. Your group will discover more about:

- The work of the House of Commons and MPs
- The work and membership of the House of Lords
- The role of parliament in checking the work of the government
- How you can get your voice heard on issues that matter to you



See what impact one of our sessions can have on your group: [Supporting adults with a learning disability and autistic people to have their say \(shorthandstories.com\)](https://shorthandstories.com)

To find out more and book any of the session, please visit here:

[Community and youth groups - Parliament UK Education](#)

About UK Parliament's Outreach Service

UK Parliament's outreach officers are based in every nation and region in the UK. Their free training sessions offer community groups first-hand expertise, guiding them through how UK democracy works and how they can take action on issues they care about.

All Parliamentary events are subject to change or cancellation at short notice if required due to official parliamentary business.