

[Fan Fiction Physique & Build of the Masters of the Universe franchise's Prince Adam of Eternia/He-Man]

NOTE: Overall all listed features of his physical appearances of both his mere half Eternian/half human form and He-Man form are all equally the same which includes his: height, weight and body type/physique and anything similar as part of it etc. Just like Superman's secret identity is Clark Kent, He-Man's secret identity is Prince Adam of Eternia.

- **Name:** Prince Adam of Eternia (He-Man's secret identity)
- **Nickname:** He-Man (Prince Adam of Eternia's secret identity)
- **Height (both his mere half Eternian/half human form and his He-Man form are equally the same):**
 - 6'8" (206 cm)
- **Weight (both his mere half Eternian/half human form and his He-Man form are equally the same):**
 - 355 lbs (161.03 kg), a natural [Super heavyweight \(335+ lbs/152+ kg weight class\)](#)
- **Body Type/Physique (both his mere half Eternian/half human form and his He-Man form are equally the same):** A very handsome man with a lean, athletic build, and powerful & aesthetic physique with 7% body fat, similar hybrid of endurance & NFL physique or just a fighter's & soldier's physique or a hybrid of a warrior & Greek god physique in general
- **Race:** Half-Eternian/Half-Human
- **Natural Hair Color:** Golden-blond anastole short-medium hairstyle (thick hair type 2c-3a wavy-curly hair and the exact same hairstyle as Alexander the Great)
- **Eye Color:** Green
- **Skin Color:**
 - Fair skin, but significantly tanned
- **Conditioning / All-round athleticism & Power-scaling:**
 - Honed-beyond peak human to low-superhuman condition/overall all-round athleticism akin to an elite-trained super soldier of his own weight class (in human-equivalent physiology & strength & conditioning & all-round athleticism or in his mere half human/half Eternian physiology form entirely outside of his He-Man form)

- High outiversal - boundless, in the same level of: **comic accurate base Flame-Badger** (in terms of only in Demon Rage/only when Flame-Badger's Demon Rage is activated without any amps like all the rest of other characters being mentioned here in terms of in their base, that's it as always without any amps like all the rest of other characters being mentioned here in terms of in their base without any amp) level / **comic accurate base Doctor Doom** (like in terms of only Doctor Doom's power level/powerscaling level/combined might from only his pure magic & sorcery, technology, will, engineering, science and intelligence and especially with prep time, that's it as always without any amps like all the rest of other characters being mentioned here in terms of in their base without any amp) level / **comic accurate base Superman** level / **comic accurate base Martian Manhunter** level / **comic accurate base Thor** Odinson level / **comic accurate base Captain Atom** level / **comic accurate base Kratos** level (only when Prince Adam is in his He-Man form)
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Character Image(s)

Comic Book Visual Example Version of the Overall Facial Features & Facial Appearance of Prince Adam of Eternia/He-Man



Casting/Faceclaim For The Character: [Yousif Ahmed](#)

According to **AI Version** Images for a Character's Real Life **Visual Sample**:



Natural Physique/Size/Mass/Body Structure Comparison (ATHLETIC-MUSCULAR physique, NOT a bodybuilder physique NOR anything like that):

Similar to **Hafthor Bjornson** (fighting physique), **Tom Haveland** and **Miguel O'Hara** in the Spider-Man Across the Spider-Verse movie



