

How to Peel your Loofah Sponge

1. Trim & Slice

Cut off both ends of the dried loofah. Then slice it into the sponge sizes you prefer. A serrated knife works best for this.

2. Soak to Soften

Place the sections in warm water for at least 30 minutes, or until the outer skin becomes soft and flexible.

3. Peel the Skin

Remove each piece from the water and gently peel away the skin. Some parts may flake off, but once you get the rhythm, larger pieces will peel off in smooth strips.

4. Optional: Color Brightening

If you want a more uniform color, soak the peeled loofahs in warm water with a small splash of bleach.

We personally avoid bleach and keep ours in their natural, imperfect beauty—but do what works for you.

5. Dry Thoroughly

Lay the finished sponges out to dry completely before storing them to prevent any mold or mildew.

6. Use & Enjoy

Your homegrown loofah sponges are ready!

Here's a video that shows the basics of peeling a loofah sponge.

 [Peeling a loofa](#)