



WOHS Culinary Arts Pre-Apprenticeship Program with the American Culinary Federation

If you are interested in the Culinary Arts profession you now have the ability to jump-start your career through a pre-apprenticeship grant opportunity WOHS is participating in with the American Culinary Federation (ACF) and our employer partner, Maschio's. You will learn specific culinary arts skills and techniques that lead to the ACF Fundamental Cook certification while in high school. [The ACF Fundamentals Cook Program](#) provides the student introductory culinary skills while gaining valuable industry exposure. The trainee gains the knowledge and skill set necessary to achieve the Certified Fundamental Cook® (CFC®) certification.

In addition to your classroom instructor you will work with professional chefs from our employer partner, Maschio's. Learning will extend from the classroom labs to the professional kitchens at WOHS. You may also be able to work with other restaurants and catering facilities during the pre- apprenticeship program.

In addition to earning credits in high school, you will have the opportunity to earn dual-credits from Hudson Community College while in this program. The program will also provide you with the opportunity to earn money when the learning extends to professional kitchens at job-sites to ensure you experience all of the required skills for this program.

Upon completion, apprentices will have the education, skills, and job experience needed to earn higher wages and greater job opportunities. This program will make you an excellent candidate for further culinary education and make you a highly skilled candidate for entry level positions in the culinary field.

To be eligible, candidates must be 16 years of age. You should be enrolled in Global Cuisine 1 and Global Cuisine 2 and/or Creativity and Innovation in the Culinary Arts. If you have not taken food courses we can adjust your schedule if need be.

Space is limited so apply now.

Contact Ms. Mullin if you have any questions;
nmullin@westorangeschools.org



WOHS American Culinary Federation (ACF) Pre Apprenticeship Application

Name:	Date:
Current Grade:	Date of Birth:
Phone #	Email Address:

Thank you for your interest in participating in the WOHS ACF Pre Apprenticeship program. In order to be considered, you need to submit this application to Mrs. Mullin, Supervisor of Career Education & Library Science. Please email the completed application to Ms. Mullin nmullin@westorangeschools.org. **Each applicant must be recommended by a school counselor. You must also include a short essay explaining why you want to be a part of this program and be interviewed.** Once you submit this application with the writing sample, you will be contacted for a virtual interview.

Application deadline: February 4, 2026.

1. Writing Sample Instructions:

Please answer the following question in 250 words or less. Please type your response and email it to Ms. Mullin with the application:

Why are you interested in participating in the WOHS Culinary Pre-apprenticeship program and how will it benefit you in your future endeavors?

2. School Counselor Recommendation: Please have your school counselor email me with their recommendation.

Date of Interview: _____

INTERVIEW SCORE _____

ACCEPTED _____

DENIED _____

Supervisor Signature: _____