

Highlands High School

Clubs and Organizations 2025-2026

Introduction



At Highlands High School, we hold a **Core Belief** that it is in the best interest of both the students and the school for students to be actively involved. As a result, we offer many ways for students to become a part of a club, team, or organization; whether they are athletes, artists, writers, leaders, or simply want to find a way to connect with others with similar interests, there is a place for all students here.

Freshmen should use their time exploring the variety of organizations that we offer and get involved, perhaps by trying several different groups. Exploration is an important part of the development process and by trying some groups on for size, the decision to join or to not join is equally valuable. Learning about your own preferences is an integral part of learning who you are.

By the time a student is a **sophomore**, students should be narrowing down their interests a bit and serving as an active member of a group. Developing a role as a valuable member of the group is a skill that you develop by being a participant who helps the group.

Juniors and seniors, on the other hand, will be actively pursuing leadership roles in their favorite clubs or organizations. We not only value your involvement, we want to encourage you to develop your leadership skills while you are here with us so that you can learn not only about yourself, but how to work with others. It is our intent that the students at Highlands High School become the future community and business leaders in Kentucky. You become a leader by developing the skills necessary to not only help yourself become an active member of the group, but by helping others see their essential role in the group as well. Additionally, it is at that time that invitations to join national honor societies will be coming.

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Technology Student Association

Academic Clubs and Leadership Organizations

Academic Team	
Coach: Mr. John Warford Ms. Sarah Klensch Both in middle school	Email: john.warford@fortthomas.kyschools.us sarah.klensch@fortthomas.kyschools.us
Club Dues: \$30.00- covers league dues and tournament fees	Open to: All grades

Information:

Open your mind to academic competition while having fun! Practice and competition begin in September and continue through March. HHS is a member of the Northern Kentucky Academic League and league matches are held Tuesdays after school and conclude by 6pm. Practice Mondays after school until 4:00pm. Governor's Cup competition begins in January and ends in March with competitions held on Saturdays. HHS also competes in various content specific events. Quick Recall, Written Content Assessment, Future Problem Solving and Writing are areas of competition. There is a Varsity and a Junior Varsity team.



Blueprints Literary Anthology	
Sponsor: Ms. Laura Taylor and Mrs. Katie Stewart - Room 211 and 213	Email: laura.taylor@fortthomas.kyschools.us kathleen.stewart@fortthomas.kyschools.us
Club Dues: No Cost	Open to: All grades
Students are responsible for planning, designing, and editing this online publication containing the best student art and writing at Highlands High School.	

Envirothon	
Coach:	Email:
Club Dues: no cost, unless field trips	Open to: All grades

The Envirothon is a hands-on environmental problem-solving competition made up of 5 students per team. Participating teams complete training and testing in five natural resource categories: soils and land use, aquatic ecology, forestry, wildlife, and current environmental issues. The Highlands High School Envirothon team works in partner-ship with the Campbell County Conservation District, Campbell County Environmental Education Center@ A.J. Jolly, and area experts to prepare for the Regional and State Competitions. Winning teams from each state and province advance to the NorthAmerican Envirothon for an opportunity to compete for recognition, scholarships, and prizes. Teams begin to organize in November. Field trips and practices begin in January. Regional competition is held in April.



Family, Career, Community Leaders of America (FCCLA)	
Sponsor: Mrs. Ahren Wagner Room 1	Email: ahren.wagner@fortthomas.kyschools.us

Club Dues: membership levels starting at \$20 **Open to:** All grades

Information:

FCCLA is a student-run organization that empowers members to give back to their families and communities. Highlands FCCLA is in charge of many community service projects at HHS, including:the HHS Homecoming Dance, spirit week, and the Halloween costume contest. Members also participate in many projects that benefit both the high school and the local community. Highlands FCCLA members are recognized at the state and national level each year for their outstanding success in competitions. Members have many opportunities to gain leadership opportunities through local, regional and state officer positions, scholarship opportunities and the chance to attend meetings throughout the country.

Freshman Mentoring Program	
Sponsor: Mrs. Erica Thomas - Counseling Office	Email: erica.thomas@fortthomas.kyschools.us
Club Dues: No Cost	Open to: grades 10 - 12 (Application process)



Application Process:

If you are interested in applying as a mentor for the freshman mentoring program, you must meet the following criteria:

- You agree to attend all mandatory events and activities. It will be your responsibility to work out your schedule and be in attendance. Dates and times for events and activities will be given to you well in advance of the events.
- You will participate in all Freshman Mentoring events and activities fully and with a positive attitude. If at any time, you are suspected of not upholding the positive mission of the Freshman Mentoring program you will be subject to removal.
- You must agree to the Highlands High School Freshman Mentoring Program Code of Conduct and Ethics.

Completed applications, including a personalized video submission, are due in April (specific due dates will vary each school year). Details about the application process to be posted in Schoology Class Announcements during March of each school year. The selection committee reviews applications and teacher feedback as part of the application process. Mentors will be notified about the status of their application during May.

Information:

The mission of the Freshman Mentoring Program is to help assist incoming freshman students with a successful transition into high school. All incoming freshman students will be provided a mentor (10-12th grader). Mentors will be responsible for various activities to help welcome our freshman students.

Mentor activities may include: delivering yard signs, writing and mailing a summer letter, attending mentor training day event, attending Nest Fest Day event, participating and attending mentor planning meetings to discuss various transitions topics such as: finding your place around the building, getting involved in extracurriculars, scheduling, exams, etc.) and building positive and meaningful relationships with their assigned freshmen students. Mentors will help students work towards achieving their personal and academic goals for their freshman year.

Future Business Leaders of America (FBLA)



Sponsor: Mr. Nathan Diltz Room MS 204	Email: nathan.diltz@fortthomas.kyschools.us
Club Dues: \$25, includes a t-shirt	Open to: All grades

Helping students develop the leadership and business knowledge they need to excel in a business career. Students will prepare for college and careers through a variety of leadership, community service, and academic activities.

Junior Class Officers/Prom Committee	
Sponsor: Mrs. Daniela Ehemann Room 304; Mrs. Katie Stewart Room 209	Email: daniela.ehemann@fortthomas.kyschools.us kathleen.stewart@fortthomas.kyschools.us
Club Dues: No Cost	Open to: Elected juniors

Information:

The Junior Class elects responsible, hard-working, and enthusiastic class members who are excited about their class and the prom. As a class officer, the biggest job and commitment is helping plan and organize the prom in April. Each class officer is responsible for chairing a committee. Junior class officers are also in charge of deciding what additional (if any) events the class would like to sponsor and organize.

The class officers to be elected by the class members are:

- President Speaks at graduation as a representative of the class
 Is in charge of overseeing all of the committees to make sure they are completing their tasks
- · Vice-President Assists the president
- · Secretary In charge of communicating to all class officers
- · Treasurer In charge of Ticket Sales
- · Class Rep 1 In charge of Advertising Committee
- · Class Rep 2 In charge of Program Committee



Mock Trial Team	
Sponsor: Nikkia Scherrer Nurse's Office	Email: nikkia.scherrer@fortthomas.kyschools.us
Club Dues: \$200 approx.	Open to: All grades

Meets once a week, with additional practices closer to competition. Requires twenty minutes daily and three (1-2 hours long each) weekly of outside work to prepare for competition. Runs October through February for regional competition, March (state), and April (national) Competes in 2-3 major competitions a year.

Model United Nations	
Sponsor: Room:	Email:
Dues: No Cost	Open to: all grades

Model United Nations meets throughout the school year to analyze and engage with other students on topics of historical and contemporary significance. Previous topics have included the causes of World War I, the Troubles of Northern Ireland, contemporary environmental issues, etc. Meetings are scheduled based on the availability of those participating.

Robotics Team	
Sponsor: Mr. Gordon Hallmark Room 307	Email: gordon.hallmark@fortthomas.kyschools.us
Club Dues: TBD	Open to: Interested students with GPA and application



The team meets January and February from 6-9 PM. During the build time frame, the team meets 5 days a week, 3 hours a day. The robotics team travels to other schools in the district to conduct demonstrations. The team offers students an opportunity to gain knowledge of engineering. Also, this activity fosters sportsmanship, cooperation, and perseverance. The FIRST organization sponsors regional competitions and awards scholarships to various universities.

Senior Class Officers	
Sponsor: Mrs. Megan Boimann-Hennies Room 312	Email: megan.boimann-hennies@fortthomas.kyschool s.us
Club Dues: No Cost	Open to: Elected seniors

The Senior class elects responsible, hard-working and enthusiastic class members who are excited about their class and wish to help plan the festivities associated with Senior year and the Commencement ceremony. As a class officer, students are in charge of planning "Senior Week" (each day is a different costume theme) and the Powderpuff Football Game in the first semester. In the second semester, officers coordinate the Senior Class t-shirts/sweatshirt fundraiser, plan speeches given at the Senior Breakfast and help plan the Baccalaureate service.

The Senior class has adopted River Road between South Fort Thomas/VA/Tower Park are and Route 8 as their designated highway clean up project. Elections will be held at the end of Junior year for these positions. Students are required to meet with the sponsor the first week of school to begin the planning process.

The class officers to be elected by the class members are:

- President -Speaks at graduation as representative of the class
 - Chairs the Senior Week activities
- Vice- President -Assists the president and Chairs the Powder Puff Game.
- Secretary/Treasurer-In charge of communicating to all class officers
 - -Chairs the Senior t-shirt/sweatshirt fundraiser
- Two Class Representatives -Assist the other officers in their duties
 - -Chairs Adopt-a-Highway clean up days.



Speech, Drama and Debate Team	
Coach: Mrs. Alyssa Davis Asst Coach: Mrs. Bethany Howard Not located in our building, so email for more info.	Email: alyssa.vanderpool@fortthomas.kyschools.us
Club Dues: \$100	Open to: All grades

A practice schedule for this activity will be set at the beginning of the season by each coach. Attending weekly practices as well as independent practices is required. The season runs from early September through March. Students may choose to participate in one to three of the following events:

- **Drama/Acting Events-** Duo Interpretation, Dramatic Interpretation, Humorous Interpretation, Improvisational Duo, Poetry, POI, Prose, and Storytelling.
- **Speech Events-** Broadcasting, Declamation, Original Oratory, Extemporaneous Speaking, Informative, and Impromptu Speaking.
- **Lincoln Douglas Debate** L-D Debate is a traditional one-on-one debate about contemporary controversial topics. The debate structure is based upon the Civil War era Lincoln Douglas debates. L-D Debate is the form of debate with which most people are familiar.
- **Public Forum Debate-** PFD is debate in which teams of two affirm or refute a resolution about both local and global dilemmas. The team works together to develop arguments and counter-arguments and then present their arguments and respond to their opponents' critiques.

Benefits of participating in Speech, Drama, and Debate include: building presentation speaking skills, gaining self- confidence, analytical and interpretive skills, networking and future scholarship opportunities.

Student Council	
Sponsor: Mrs. Nina Kearns Room 313	Email: nina.kearns@fortthomas.kyschools.us



Club Dues: No cost Open to: All interested students

Information:

Meets once a month for approximately 30 minutes each and runs the entire school year. The Student Council works on many service projects in our school and community. The Student Council plans Football Parent Night, Homecoming Court Elections, the Winter Ball Dance, and Senior Breakfast. A school-wide food drive is sponsored by the student council each fall. Our voices are heard throughout the school year by hosting superintendent forums, representing the student body on various school committees and suggesting possible school changes.

Music

Bands	
Conductor: Mrs. Lori Duncan Room 113	Email: Lori.duncan@fortthomas.kyschools.us
Club Dues: \$90.00 + additional fees for planned trips	Open to: Grades - 12

Academic classes:

Percussion Ensemble, Symphonic Band,

Information:

Marching Band:

Cost \$110.00

No auditions Rehearsals: three full weeks of summer camp. Fall rehearsals on Mondays 6-9 PM and Thursdays 3-6 PM.

The band will participate in five competitions in the fall and home football games.

Jazz Band: Open to grades 9-12

The jazz ensemble is an extension of the concert band program. The ensemble rehearses one day a week and performs in concerts and festivals throughout the year.



Winter Guard/Percussion: Open to Grades 9-12

Cost \$110.00

Winter guard is an art incorporating flag, rifle, saber, and dance. Winter percussions is an extension of the concert band program. Students will be exposed to playing all percussion instruments. Both ensembles rehearse twice a week and compete December-March.

Choirs	
Sponsor/Conductor: Mr. Chris Eaton Room 201	Email: christopher.eaton@fortthomas.kyschools.us
Club Dues: Cost: \$65-130 for Concert Attire; additional costs for planned trips	Open to: All grades

Academic Classes

All choirs are open to grades 9-12, but require a voice placement with the conductor, regardless of additional audition requirements.

Chamber Choir (SATB Divisi) - Auditioned **Bel Canto Women's Choir** (SSA/SSAA) - Auditioned **Highlandaires Chorale** (SATB) - Non Auditioned

While these choirs are curricular courses, performances require concerts and rehearsals outside the school day. Due to a high level of student commitment and academics, our choirs consistently receive Distinction Ratings at KMEA in both performance and sight reading.

Students have the opportunity to participate in All-State Choir, other honor choirs, community performances, National Anthem performances at Professional/College Sporting events and other choir related events.

Benefits of membership in choir include opportunities to travel, elected/appointed leadership positions and community service events.



Mini Chamber Orchestra Program	
Conductor: Ms. Meredith Reber Located in the Middle School	Email: meredith.reber@fortthomas.kyschools.us
Club Dues: no fees	Open to: Teacher Approval required/audition
Academic Classes: Sinfonia Chamber Strings Orchestra	

HHS/HMS String Orchestra Mentoring Program. Meets Tuesdays every Tuesday for 5 weeks leading up to fall, winter and spring semester concerts.

National Honor Societies

National Business Honor Society - NBHS	
Sponsor: Mrs. Elise Carter Room 4	Email: elise.carter@fortthomas.kyschools.us
Club Dues: \$30.00 membership dues include recognition at graduation by wearing the NBHS color cord and pin, t-shirt, certificate.	Open to: juniors and seniors currently enrolled in or have completed three business courses and have an unweighted GPA of 3.5 in business classes and an unweighted GPA of 3.0 in overall.



Allows students to enhance college, scholarship, and employment applications. Members are involved in service-learning initiatives. A positive addition to student portfolio and resume and increases visibility when applying to a business program.

National Computer Science Honor Society-NCSHS	
Sponsor: Mr. Sam Volpenhein Room 104	Email: sam.volpenhein@fortthomas.kyschools.us
Club Dues: \$20.00 annually, includes induction pin and graduation cord	Open to: 10th, 11th, and 12th graders that have have completed at least one semester of a Highlands computer science course and earned a B or higher in all computer science courses

Information:

The purpose of the CS Honor Society (CSHS) shall be to cultivate thriving environments for success in computer science in the school community by encouraging students' enthusiasm, honoring academic excellence, and promoting service. Each member shall complete a minimum of ten hours of community service each academic year of membership. At least half of these hours (five hours) shall include service related to computer science.

National English Honor Society (NEHS)	
Sponsor: Mr. Brady Dowling Room 214	Email: Brady.dowling@fortthomas.kyschools.us
Club Dues: \$10 new member dues/\$5 returning member dues	Open to: grades 10-12



NEHS is the only national organization exclusively for high school students and faculty who, in the field of English, merit special note for past and current accomplishments. Immediate benefits of affiliation will be national recognition, scholarship eligibility, and opportunities for national networking with others who share enthusiasm for, and accomplishment in, the language arts. We are committed to authentic appreciation of the arts and the written word, archaic and modern, and its impact on society. We continue to nurture community service, involvement and support for students within language arts.

National German Honor Society (NGHS) Delta Epsilon Phi	
Sponsor: Mrs. Kristin Wilson Room 206	Email: kristin.wilson@fortthomas.kyschools.us
Club Dues: \$7.00 induction fee	Open to: All grades who have completed three semesters of German and attained an average of 3.5 in German and a 3.0 general average on a 4.0 scale

Information:

Information: Students receive a printed certificate and are eligible to apply for the Käthe Wilson scholarship, which includes a three-week study trip to Germany. Community service hours can also be earned through the peer-tutoring program, for which an upper-level student is assigned to a lower-level student to provide extra help throughout the year, before and after school. Juniors and seniors who complete four or five years of German are eligible for the Honor Cord, which they wear at graduation as a special recognition for completing more than the basic requirement of a World Language and successfully completing the AP German course.

National Honor Society (NHS)



Sponsor: Mrs. Stacey Behrensmeyer, Room 105	Email: stacey.behrensmeyer@fortthomas.kyschools.us
Club Dues: \$30	Open to: 11th and 12th graders with a qualifying cumulative weighted GPA of 3.95 or higher and application approval by a council of faculty members.

Invitations to qualifying students go out near the beginning of the school year. Students then complete a candidate form to the faculty council for consideration. Membership is granted to those who have demonstrated excellence in leadership, scholarship, service, and character. Meetings take place periodically throughout the year, starting in the fall through May. Students must maintain a cumulative weighted 3.95 GPA and complete 26 hours of community service, along with maintaining high character qualities. Community involvement and scholarship opportunities are among the benefits of being in the National Honor Society.

National Math Honor Society (NMHS) Mu Alpha Theta	
Sponsor: Mrs. Katie Carelock Room 100	Email: katie.carelock@fortthomas.kyschools.us
Club Dues: \$20.00 (one-time free, includes graduation cord)	Open to: Must have a 3.0 or higher in math

Information:

National Math Honor Society is affiliated with Mu Alpha Theta, a national organization for students with a 3.0 or better in math. Students participating will be tutoring elementary, middle school, and high school students a minimum of 3 hours a semester as a service requirement.

National Music Honor Society (Tri - M)	
Sponsor: Mrs. Lori Duncan and Meredith Reber Room 113	Email: lori.duncan@fortthomas.kyschools.us meredith.reber@fortthomas.kyschools.us



Club Dues: \$10	Open to: 9-12
	Must retain a 4.0 in their performing arts class
	and a 3.5 overall grade point average.

The National Tri-M Music Honor Society is open to any student enrolled in the band, strings, or choir. Students who apply will be engaged in activities, community service, and performances throughout the year that promote and support music in our school. Must retain a 4.0 in their performing arts class and a 3.5 overall grade point average.

National Spanish Honor Society (NSHS) Sociedad Honoraria Hispanica	
Sponsor: Mrs. Maggie Walker Room 208	Email: maggie.walker@fortthomas.kyschools.us
Club Dues:\$20.00	Open to: 11th and 12th graders with a 3.0 or higher GPA and a 90% average for three quarters plus the semester exam in their Spanish class. Application is required.

Information:

The meeting dates vary. The Sociedad Honoraria Hispanica, sponsored by the American Association of Teachers of Spanish and Portuguese, was formally organized in 1953 as the Spanish National Honor Society, and the name was changed in 1959. The purpose of the society is to recognize high student achievement in Spanish and Portuguese and to promote a continuity of interest in Hispanic studies. Scholarship opportunities are available by submitting literary pieces and artwork to Albricias (quarterly journal).

National Social Studies Honor Society (Rho Kappa)	
Sponsor: Mrs. Beth Fahlbush Room 314	Email: Elizabeth.fahlbush@fortthomas.kyschools.us



Club Dues: TBD	Open to: 11th and 12th graders with a 3.0 or higher GPA and a 90% average for three quarters plus the semester exam in their Social Studies class. Application is required.

Rho Kappa National Social Studies Honor Society is the only national organization for high school juniors and seniors that recognizes excellence in the field of Social Studies. Any accredited public or private high school can apply for a local chapter, through which individuals will be inducted into Rho Kappa National Social Studies Honor Society.

Odyssey of the Mind	
Sponsor: Mrs. Sarah Hume	Email: sarah.hume@kenton.kyschools.us
Club Dues: TBA	Open to: All grades

Information:

Odyssey of the Mind is an international extracurricular educational program that provides creative problem-solving opportunities and 21st century skills development for students from kindergarten through college. Working in small teams, students apply their creativity to solve carefully designed problems that range from building mechanical devices to presenting their own interpretation of literary classics. They bring their solutions to competitions on the regional, state, and world level. Teams from all over the globe participate in the program. Find out more at https://www.odysseyofthemind.com/ or https://www.kyootm.com/



Athletics

ATHLETICS

Students participating in high school athletics must:

- Meet the Kentucky High School Athletic Association (KHSAA) eligibility standards.
- Have a current KHSAA physical.
- Meet Highlands High School academic eligibility.
- Be aware of NCAA Clearinghouse requirements before entering college athletics.

*Clearinghouse information can be found at: https://web3.ncaa.org/ecwr3/

Most of our coaches are not located at HHS during the day, so if you need assistance, please contact Mr. Wes Caldwell in the Assistant Principal's Office suite.

Archery	
Coach: Mr. Dennis Kindoll	Email: hhsarcheryftt@gmail.com
Club Dues: \$140 athletic fee plus uniform fees	Open to: All grades

Information:

Archery begins in late October with clinics and tryouts, and then selected students have two practices a week and compete in tournaments throughout the season. We have a regional tournament and then hopefully it's on to State, which generally occurs in late March.

During practice, students get instruction to refine their shot and can use school-supplied equipment, but students may also use their own bows.



Baseball	
Coach: Mr. Brian Benzinger	Email:
Club Dues: \$140 athletic fee plus uniform fees	Open to: All grades with try-outs

There will be a meeting in the fall and winter which will be announced. The season runs from Feb 15- June 3 and requires a 2- 2.5 daily minimum. This is an opportunity to play a great game against some of the best competition the state of Kentucky offers. There are fundraising activities, as well.

Boys Basketball	
Coach: Mr. Kevin Listerman Room 302	Email: kevin.listerman@fortthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: All grades with try-outs

Information:

Try-outs are required as this is a cut sport. Athletes not participating in a fall or spring sport are encouraged to participate in open gyms and team workouts. June practices and team camps are an important part of the off season as well. Practice begins in late October and runs through mid-March.

Girls Basketball	
Coach: Mrs. Jaime Richey Room 203	Email: jaime.richey@fortthomas.kyschools.us



Club Dues: \$140 athletic fee Open to: All grades with try-outs

Information:

The Girls Basketball Team offers a Freshman Team, Junior Varsity Team and Varsity Team. Tryouts for all teams start October 15. Workouts are available in the Fall and Spring.

Bowling	
Coach: Mr. Andrew Eckerle Room 108	Email: andrew.eckerle@forthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: grades 7-12

Information:

Bowling is a competitive sport. Competition involves teams from other Northern Kentucky schools and includes a regional and state tournament. Tryouts usually occur in mid- to late October. The season and tournaments stretch from November to March. Practices and games will require a two-day-a-week commitment by participants.

Cheerleading	
Coach: Ms. Sarah Hoffman	Email: Sarah.hoffman@fortthomas.kyschools.us
Club Dues: Cost: \$140 Athletic Fee, Camp Fees, and other miscellaneous fees.Fundraising: Required participation to help cover competition-related costs.	Open to: All grades with try-outs



Highlands Competition team competes in various competitions, locally and nationally, throughout the school year. Our goal, to bring home the KHSAA state cheerleading title! The competition team also competes at a UCA Regional Competition for an opportunity to earn a bid to the UCA National High School Cheerleading Championship held in Orlando, FL, each February.

Freshman/JV Squad: Open to 9th and 10th graders

Varsity: Open to 11th and 12th graders

Highlands cheerleaders are the ambassadors of the school. Cheerleading is truly year-round sport, starting in June and ending in March. Highlands cheerleaders perform at all 7 home football games, as well as boys and girls basketball games. The varsity squad travels to all football away games. Cheerleading requires a big time commitment, but is truly a rewarding activity.

Cross Country	
Coach: Mr. Jonathan McKenzie	Email:
Club Dues: \$140 athletic fee	Open to: All grades

Information:

The season runs from July 15 through the second week of November. Summer practices are at 8AM throughout the week. During the school year, practice is Monday through Friday at 3:30 PM.

Dance	
Coach: Ms. Ashley Wrobleski	Email: Ashley.wrobleski@fortthomas.kyschools.us



Club Dues: Approximately \$600 for uniforms, competition fees (fundraising opportunities available)

Open to:

Middle School Team: Grades 6-8 Junior Varsity Team: Grades 9-12 Varsity Team: Grades 9-12

Information:

The dance team provides entertainment and spirit to Highlands sporting events including: football, soccer, and basketball games. The team also competes in several local and national competitions each year.

E-Sports	
Coach: Mr. Yang (Shih) Wen Room 305	Email: shih.wen@fortthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: all grades

Information:

Currently State Champions! We are looking for students who are interested in playing League of Legends, Super Smash Bros. and Rocket League. We battle against teams across Kentucky and once the season starts, we have matches on Tuesdays for League of Legends, Wednesdays for Smash Bros and Thursdays for Rocket League (although times may be subject to change). Any rank is welcome to join the team and we look forward to working together to ensure a fun and safe gaming environment.

Football	
Coach: Mr. Bob Sphire Asst Coach: Mr. Hayden Sphire, Room 112	Email: bob.sphire@fortthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: All grades

Information:

This sport meets daily and runs from June to December. Friendships, excitement, and character building result from being on the best high school football team in Kentucky. Many players get college scholarships. Yearly fundraiser: Gold Card Sales and football camp.



Boys Golf	
Coach: Mr. Kenny Race	Email:
Club Dues: \$110 athletic fee	Open to: 7-12

Being on the Highlands Boys Golf Team is an opportunity to have fun competing and improving at the sport of golf. We have players from many different grade levels who work together to develop their golf games and build a competitive, successful golf team. We strive to make it to state each year to represent our school and region at the state level. We have a JV and Varsity team. We play up to 20 matches and tournaments during the season with most of the tournaments on Saturday.

Girls Golf	
Coach: Ms. Maleah Abner	Email: @fortthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: 7-12

Information:

The goal of the team is to learn how to work together as a team although golf is an individual sport; a life sport. The team will reflect a positive and energetic attitude, and build friendships with other students on the team. They learn to exhibit sportsmanship, respect, honesty, and courtesy while playing with fellow teammates and opponents. Tryouts are one week during the middle of July and the golf season continues till the end of September when Regional and State completes the season. We have a JV and Varsity team. The girls will practice and play at Highland Country Club along with other courses. We play up to 20 matches and tournaments during the season with some of the tournaments on Saturday.

Softball	
Coach: Mr. Milt Horner	Email: muhorner83@gmail.com
Club Dues: \$140 athletic fee	Open to: All grades with try-outs



This sport meets daily for two hours beginning February 15 and runs through June 10. Participating in softball provides a fun and competitive outlet for the girls and is a great way to develop new relationships. The values of teamwork,pride, leadership and goals are taught widely in this program. Fastpitch softball programs around the country offer college scholarships. General fundraising activities required.

Boys Soccer	
Coach: Mr. Suli Kayed	Email: suli.kayed@fortthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: All grades with try-outs

Information:

This season runs from July 15 to the first week in November. Roughly two hours are required on training days and about three hours are required on game days (plus travel time for away games). Games begin around the start of the school year. There are typically 2-3 games and 2-3 training sessions per week once games begin. The boys soccer team offers an opportunity to train and compete against competition from across the Greater Cincinnati area and the rest of Kentucky. A strong emphasis is also placed on team culture and instilling a sense of brotherhood. Past student-athletes have had the opportunity to play at the college level, although this does not guarantee a scholarship.

Girls Soccer



Coach: Ms. Kelsey Etherton	Email: kelsey.etherton@fortthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: All grades

Information: This sport season runs from July 15-November 1. Three to four hours is required daily. The benefits of girls' soccer are: fitness, goal setting, team activities, sports competition and friendships. Though scholarships are not directly connected to Highlands, several players in the past have earned scholarships from various colleges to play soccer. A current athletic physical and KHSAA physical form must be on file with the trainer to try out.

Swimming and Diving	
Coach: Mr. Kevin Kampschmidt (Swim) Ms. Kristina Jenny (Dive)	Email: kevin.kampschmidt@fortthomas.kyschools.us
Club Dues: \$140 athletic fee	Open to: All Grades 7-12

Information:

The length of the season is from October to late February (depending on state qualification.) An average of 1.5- 2 hours per day, 5-6 days a week. Like all athletic team participation, swimming and diving develops a sense of team and commitment. Developing organizational skills as well as athletic ability are beneficial to our student-athletes. Swimmers and divers are expected to maintain high grades and to commit to practice times on a regular basis.

Boys Tennis	
Coach: Ms. Kristin Laskey	Email: Kristin.laskey@fortthomas.kyschools.us
Club Dues: \$140 athletic fee, uniform fee varies, students provide own racquets	Open to: All grades 7-12 with try-outs



Practices begin February 15, meeting most weekdays for 90 minute sessions through the second week of March. Matches begin the second Wednesday in March, usually an average of 3 per week for varsity and 1 per week for junior varsity. Matches are scheduled through the end of April for varsity, and middle of April for JV. Post season for varsity lasts through the weekend before Memorial Day.

Girls Tennis	
Coach: Mr. Adam Caswell	Email: adampcaswell@gmail.com
Club Dues: \$140 athletic fee	Open to: All grades with try-outs

Information:

Practices begin February 15, meeting most weekdays for 90 minute sessions through the second week of March. Matches begin the second Wednesday in March, usually an average of 3 per week for varsity and 1 per week for junior varsity. Matches are scheduled through the end of April for varsity, and middle of April for JV. Post season for varsity lasts through the weekend before Memorial Day.

Boys Track	
Coach: Mr. Jonathan McKenzie	Email:
Club Dues: \$140 athletic fee	Open to: All grades

Information:

If you are interested in participating in track and field, there is an event for you. Track offers athletes sprints races, distance races, jumping events, and throwing events. All athletes are welcome. All you need is a pair of running shoes and a willingness to improve everyday.

Girls Track	
Coach: TBD	Email:



Club Dues: \$140 athletic fee Open to: All grades

Information:

This sport meets February through June, Monday through Friday, including some Saturdays. As a member of the team, everyone has a chance to compete athletically as we do not cut participants. This is a great opportunity to get in good physical shape.

Unified Sports - Track and Fleld, Bowling	
Coach: TBD	Email:
Club Dues:	Open to: All grades

Information:

Unified Sports is a program that combines approximately equal number of Special Olympics athletes with athletes without intellectual disabilities (partners) on sports teams for training and competition. Age and ability of athletes and partners is specifically defined on a sport by sport basis. Unified Sports is an important program because it expands sports opportunities for athletes and partners seeking new challenges. In addition, Unified Sports dramatically increases inclusion in the community by helping to break down barriers.

Volleyball	
Coach: Mr. Jim Delong	Email: jldvball2@aol.com
Club Dues: \$140 athletic fee	Open to: All grades with try-outs

Information:

We are a competitive volleyball program. If you have interest in learning the game we encourage all the girls to participate in select teams during the off season to better equip them for the high school season.



Wrestling	
Coach: Tanner Hough (Boys) Coach: Dakota Riley (Girls)	Email:
Club Dues: \$140 athletic fee	Open to: All grades, both boys and girls

We are a competitive wrestling program. If you have interest in learning, we encourage you to contact the coach. Wrestling begins in late October with clinics and tryouts, and then selected students have two practices a week and compete in tournaments throughout the season. Regional and state tournaments occur in February and March, respectively.

Clubs

Art Club	
Sponsor: Mrs. Stephanie Beiting Room 217	Email: stephanie.beiting@fortthomas.kyschools.us
Club Dues: No fee	Open to: All grades

Information:

Art club is for students interested in art. No need to be in an art class! We attend art events around the area, have guest artist speakers, movie nights, art service projects, and open studio nights.

Chess Club	
Sponsor: Mr. Michael Caldwell Room 310	Email: mike.caldwell@fortthomas.kyschools.us
Club Dues: No fees	Open to: All grades



Chess Club is a student-led chess club focused on bringing chess players together to play chess! T352-PM8G-85BWX is the code to use to join the Chess Club group on Schoology. For more information, click on this video: https://www.youtube.com/watch?v=niLpVHgIens

Book Club	
Sponsor: Ms. Angelina Gintonio Room 210	Email: angelina.gintonio@fortthomas.kyschools.us
Club Dues: No fees	Open to: All grades

Information:

HHS Book Club is a student-led book club focused on bringing readers together to select, discuss and have fun around reading. Students typically read five titles a year and host a variety of parties and meetings throughout the year.

Creative Writing Club	
Sponsor: Ms. Laura Taylor and Mrs. Katie Stewart Room 211 and 213	Email: laura.taylor@fortthomas.kyschools.us kathleen.stewart@fortthomas.kyschools.us
Club Dues: No Cost	Open to: All grades
Information: This club will actively engage in writing activities and projects throughout the year.	

Drama Club	
Sponsor/Director: Ms. Claire LaNicca Performing Arts Center	Email: claire.lanicca@fortthomas.kyschools.us



Club Dues: No cost Open to: All grades

Information:

The Drama Club is for students in grades 9-12 with interests either being on stage, behind the scenes, or a general appreciation and love for theater. Members of the club earn thespian points and honors in the International Thespian Society through our school troupe, 6398. The club works to create service, social, technical, and performance opportunities for students at Highlands High School, while also working to recognize excellence in performances.

Educators Rising (formerly known as Future Educators of America)	
Sponsor: Mrs. Jamee Flaherty	Email: jamee.flaherty@fortthomaskyschools.us
Club Dues: none	Open to: students enrolled in the Intro to Education class

Information:

The goal of the Future Educators of America is to provide a means for public school students to participate in realistic education activities that are of assistance in making valid career decisions.

Fashion Club	
Sponsor: Mrs. Ahren Wagner Room 1	Email: ahren.wagner@fortthomas.kyschools.us
Club Dues: no cost	Open to: All grades
Information:	

Designed for students who love fashion, sewing, and designing. Individual and community projects will be completed.



Gender-Sexualities Alliance (GSA)	
Co-Sponsors: Angelina Gintonio and Mrs. Kelly Booth, Room 309	Email: angelina.gintonio@fortthomas.kyschools.us kelly.booth@fortthomas.kyschools.us
Club Dues: No fees	Open to: All grades

Gender-Sexualities Alliance, or GSA, is a student-led and student-organized club that aims to create a safe, welcoming, and accepting school environment for all students, regardless of sexual orientation or gender identity. GSA provides a supportive environment for lesbian, gay, bisexual, non-binary, and transgender (LGBTQ+) students, as well as those who have LGBTQ+ friends or family members, and/or are allies. Students organize community service projects and/or fundraisers that benefit the LGBTQ+ community and gather for social and/or informational meetings. Please reach out to Mrs. Booth or Ms. Gintonio to schedule dates/times/locations.

German	
Sponsor: Mrs. Kristin Wllson Room 206	Email: kristin.wilson@fortthomas.kyschools.us
Club Dues: No cost	Open to: All grades

Information:

Meetings are monthly for 45 minutes, August through May. This club provides a fun way to expand learning of German outside of class. It is completely student driven by club officers and opportunities to try German food, play German games, and further their knowledge of the language are all provided through the club. Students design a club T-Shirt to proudly wear in the yearly soccer game against the Spanish Club. German Honor Society is available for students after the third semester carrying a 3.0 overall and 3.5 in German. Scholarships to Germany are available through German Honor Society (Delta Epsilon Phi) and the National German Exam. German Club is a plus on college applications and affords students many ways to be recognized with awards. Be a winner with German!

Girls Who Code



Coach: To Be determined	Email: @fortthomas.kyschools.us
Club Dues:	Open to: Girls in grades 6-12

National organization that promotes women to learn how to code using the Python programming language. Meets 2nd and 4th Mondays in the middle school library.

Green Club	
Sponsor: Mrs. Andrea Higgins Rm. 300	Email: andrea.higgins@fortthomas.kyschools.us
Club Dues: \$10	Open to: All grades

Information:

The purpose of the Green Club is to improve the health and well-being of our school environment through sustainable practices such as recycling and providing outdoor green spaces including the rain garden and Crawford Preserve. Members will meet once a month to get to know each other, discuss school sustainability and build connections with each other. As stewards of the environment, the club will provide opportunities for service and volunteering with other clubs and community members.

Intramural Sports Teams	
Coach: Mr. Kevin Listerman	Email: kevin.listerman@fortthomas.kyschools.us
Club Dues: \$20	Open to: All grades (girls and boys)



Students will register and pay to be in a seasonal league. Teams will be determined through a draft format. Experience is not necessary to play. The league is meant to be recreational and fun for all. A variety of sports such as sand volleyball, kickball, dodge ball, and basketball may be offered at different seasons.

INTERalliance Club	
Sponsor: Mr. Sam Volpenheim	Email: sam.volpenheim@fortthomas.kyschools.us
Club Dues: No cost	Open to: All grades
Information	

Information:

To inspire and assist young talent to pursue an IT career in Greater Cincinnati. Club meets in the Collaboration Studio in the Media Center to program.

Red Cross Club	
Sponsor: Mrs. Nina Kearns Room 313	Email: nina.kearns@fortthomas.kyschools.us
Club Dues: none	Open to: All grades

Information:

Red Cross Club is an extension of a local Red Cross region where students can serve the community with their friends. Along with training and leadership development opportunities, our club can choose mission-related activities in our community, while delivering lifesaving services of the Red Cross. The club will plan and implement projects that can help save lives from blood drives to disaster preparedness education.



Spanish Club	
Sponsor: Emily Haffey Room: 208	Email: emily.haffey@fortthomas.kyschools.us
Club Dues: \$5	Open to: All grades

The Spanish Club offers a fun and welcoming environment for ALL students interested in learning more about Spanish language and culture. You do not have to be a current Spanish student to be a member of the Spanish Club.

Student Technology Leadership Program (STLP)	
Sponsor: Mr. Bill Poff Located in the Media Center (3rd floor)	Email: bill.poff@fortthomas.kyschools.us
Club Dues: no cost	Open to: All grades

Information:

Student Technology Leadership Program (STLP) uses project-based learning principles to empower student learning and achievement through the utilization (and creation) of technology-based solutions to school and community needs.

Tabletop Gaming Club	
Sponsor: Mrs. Stacey Behrensmeyer Room 105	Email: stacey.behrensmeyer@fortthomas.kyschools.us
Club Dues: no cost	Open to: All grades

Information:

If you love board games, then this is your club, and these are your people! Just a group of students who get together to play board games together in the library.

Technology Student Association (TSA)	
Sponsor: Mr. Ron Rosel	Email: ron.rosel@fortthomas.kyschools.us



Located in the middle school	
Club Dues: \$25	Open to: All grades

This is a local, state, and national organization for Engineering and Technology students who like robotics, engineering, and architecture. We compete at all levels for engineering-type projects throughout the year.