

Doctrine and Covenants 46:7–33, Part 2

"Seek Ye Earnestly the Best Gifts"

Prepare to study by listening to a hymn or song and saying a prayer. Create a note for this lesson in your seminary notebook. As you study, write any questions you have and look for answers.

As we strive to become like Jesus Christ, we may find ourselves discouraged by our weaknesses. Because of Jesus Christ, we can receive the Holy Ghost and spiritual gifts to help us to become more like the Savior. This lesson can help you become more like Jesus Christ as you seek gifts of the Spirit.

Study the Scriptures

Think of weaknesses or imperfections that might cause you frustration or hinder you from becoming like Heavenly Father and Jesus Christ. Choose one that you would like to overcome and ponder it throughout this lesson.

Review [Doctrine and Covenants 46:13–25](#) and look for spiritual gifts that might help you overcome the weakness you identified.

Additional spiritual gifts are listed in [Moroni 7:45](#) and [Doctrine and Covenants 4:5–6](#) (see "[Spiritual Gifts](#)" in Topics and Questions). List these gifts around the weakness you recorded on your page. Underline or highlight the gifts you think would be the most helpful to you.

Read [Doctrine and Covenants 46:7–10, 30–33](#). Look for guidance that will help you seek spiritual gifts.

Complete the following activities to learn more about obtaining spiritual gifts.

The example of the Savior

We can learn much from the perfect life and example of Jesus Christ.

Elder Mervyn B. Arnold, emeritus General Authority Seventy, shared another way we can seek spiritual gifts from God:

When we seek to obtain a spiritual gift, we can study the examples and teachings of the Savior that pertain to that particular gift and then try to incorporate those teachings into our life. (Mervyn B. Arnold, "[Messages from the Doctrine and Covenants: Seek Ye the Best Gifts](#)," Ensign, Mar. 2005, 66)

Use the tools in Gospel Library, such as "[Jesus Christ](#)" in Guide to the Scriptures, to find situations when spiritual gifts helped Jesus.

Answer the following questions:

- How did a spiritual gift help the Savior in the scriptural account you found?

- How did others benefit from the Savior's spiritual gift?

-
-
-
- What can you learn from the Savior’s example?

-
-
-
-
-
-
-
- How might that spiritual gift help you overcome the weakness you identified?

Additional spiritual gifts

The scriptures do not list all spiritual gifts. As you listen to the following two statements, listen for additional spiritual gifts you may have recognized in yourself or those you know.

Read the below [statement from the talk “I Have a Work for Thee,”](#) from Elder John C. Pingree Jr. of the Seventy.

Some of us wonder, “Do I have any gifts?” Again, the answer is yes! “To every man [and woman] is given a gift by the Spirit of God ... that all may be profited thereby” (D&C 46:11–12; emphasis added). A number of spiritual gifts are documented in scripture (see [1 Corinthians 12:1–11, 31](#); [Moroni 10:8–18](#); [D&C 46:8–26](#)), but there are many others. Some might include having compassion, expressing hope, relating well with people, organizing effectively, speaking or writing persuasively, teaching clearly, and working hard.

Read the below [statement from the talk “There Are Many Gifts,”](#) from Elder Marvin J. Ashton (1915–94) of the Quorum of the Twelve Apostles.

Let us review some of these less-conspicuous gifts: the gift of asking; the gift of listening; the gift of hearing and using a still, small voice; the gift of being able to weep; the gift of avoiding contention; the gift of being agreeable; the gift of avoiding vain repetition; the gift of seeking that which is righteous; the gift of not passing judgment; the gift of looking to God for guidance; the gift of being a disciple; the gift of caring for others; the gift of being able to ponder; the gift of offering prayer; the gift of bearing a mighty testimony; and the gift of receiving the Holy Ghost.

Answer the following questions:

- What spiritual gift did you learn of that you feel you or someone you know might have?

- How could others benefit from that spiritual gift?

- Which of the gifts you learned about would you like to seek?

- How might that spiritual gift help you overcome the weakness you identified?

Now What?

Read the below [statement from the talk "The Atonement of Jesus Christ,"](#) from Elder Tad R. Callister, emeritus General Authority Seventy.

Let us review some of these less-conspicuous gifts: the gift of asking; the gift of listening; the gift of hearing and using a still, small voice; the gift of being able to weep; the gift of avoiding contention; the gift of being agreeable; the gift of avoiding vain repetition; the gift of seeking that which is righteous; the gift of not passing judgment; the gift of looking to God for guidance; the gift of being a disciple; the gift of caring for others; the gift of being able to ponder; the gift of offering prayer; the gift of bearing a mighty testimony; and the gift of receiving the Holy Ghost.

Look at the page you created today. Close your eyes and visualize where, when, and how you will do the things on your list. Decide on a plan to seek the spiritual gifts that will help you overcome your weakness.

Send a message to your parents or someone else you trust and tell them about a spiritual gift you recognize in yourself. You could also tell them about a spiritual gift you have noticed in them.

Reflect and Connect

Share with me something you learned from this lesson. You could share:

- The spiritual gift you chose to learn about and one or two things you plan to do to seek after that gift.
- Questions about spiritual gifts.
- Any questions this lesson raised for you, how you are going to try to find answers to your questions, and how your class can help.
- Anything else from this lesson that inspires you to be a better disciple of Jesus Christ.
