

Dear National and Party Leaders,

We are writing to you on behalf of the family doctors of Great Britain.

As Local Medical Committees (LMCs) we represent every General Practitioner in our geographical area. The latest data shows that there are 27,606 full-time equivalent (FTE) GPs in England<sup>1</sup>, 3,478 FTE GPs in Scotland<sup>2</sup>, and 1,445 FTE GPs in Wales<sup>3</sup>.

In a historic show of unity, over 80% of LMCs across England, Scotland, and Wales, representing thousands of GPs, have spoken with one united voice - to call for urgent action to address the crisis in general practice.

We write to you as one - in the hope that you can put aside party politics and in this crucial election year make solving the issues in general practice a core part of your campaigns.

We are united by the Rebuild General Practice campaign to ask you - the political leaders of our nations - to fix a broken system across Great Britain.

Because general practice is broken.

We don't have enough doctors to treat our patients.

GPs are still subjected to unbearable working conditions, experiencing anxiety, stress and depression in record numbers.<sup>4</sup>

Thousands of GPs are leaving the profession and practices are closing as a consequence.

As expert generalists, we know our patients best. We're aware of their holistic needs in ways other professionals cannot be, and we can diagnose what other professionals cannot.

We alone can provide the continuity of care that patients want, and that saves lives.

<sup>&</sup>lt;sup>1</sup> <u>BMA</u>

<sup>&</sup>lt;sup>2</sup> NHS Scotland

<sup>&</sup>lt;sup>3</sup> BMA

<sup>&</sup>lt;sup>4</sup> Polling of 372 GPs by Rebuild General Practice:

<sup>•</sup> **83.1%** agreed or strongly agreed that they had experienced symptoms of anxiety, stress or depression in the past year because of their job, a similar figure to 2022 (84%).

<sup>•</sup> **87.9%** agreed or strongly agreed that a member of staff in their practice had experienced mental abuse from a patient in the past year, slightly down from 2022 (90%).

<sup>•</sup> **43.5%** agreed or strongly agreed that a member of staff in their practice had experienced physical abuse from a patient in the past year, up from 31% in 2022.

<sup>•</sup> **50.6%** of respondents said their practice had lost GPs in the last 5 years due to unmanageable workload, a similar figure to 2022 (51%).

<sup>•</sup> **49.7%** of respondents said their practice had lost GPs in the last 5 years due to mental health or burnout issues, compared to 48% in 2022.



Without concerted effort to rebuild our services, the entire NHS will crumble under the weight of unsustainable pressure.

As the very bedrock of the health service, if general practice fails, the entire NHS fails.

Political decisions have led to this decline in general practice. And patients are paying the price.

## In England:

- Since 2015, we have lost more than 1,300 practices and more than 10,000 GPs, but we're seeing 8 million more patients.
- At the same time, since 2019, GP funding has been cut by almost £350m in real terms with funding per patient cut by just under 7% over the same period<sup>5</sup>.

### In Scotland:

- In the last 10 years the population has increased by 7%, while the number of practices has reduced by 9% and average list sizes have increased by 18%<sup>6</sup>.
- The Scottish government is not on track to meet its commitment of 800 new GPs by 2027, having added only 271 in the past 6 years<sup>7</sup>.

### In Wales:

- There's a deficit of 664 GPs (compared with other OECD countries), 18% fewer surgeries available to people and GPs are taking on an unsustainable 32% more patients each<sup>8</sup>.
- Only 6.1% of NHS Wales funding went towards general practice in the year 2020-21 and less than 8% of NHS Wales funding goes towards general practice at present, which is lower than in 2005-6<sup>9</sup>.

But we know that this situation is not what you want.

Like us, you believe that general practice should be at the heart of every community – keeping patients safe, and providing strong foundations for the rest of the NHS.

You agree that patients should be able to see us when they need to – and that our colleagues across the NHS should be able to work closely with us to provide the right care, at the right time.

You know that a strong general practice keeps people healthy and gives them the care they need in their community.

We hope therefore that you will join our calls for a stronger, more sustainable general practice by prioritising the necessary measures.

#### We are asking for:

<sup>&</sup>lt;sup>5</sup> <u>Research by the Liberal Democrats</u>

<sup>&</sup>lt;sup>6</sup> BMA Scotland.

<sup>&</sup>lt;sup>7</sup> <u>RCGP</u> <sup>8</sup> BMA Wales

<sup>&</sup>lt;sup>9</sup> BMA Wales Save Our Surgeries Report



- A plan to retain the GP workforce: Deliver a fully funded and well delivered national general practice retention programme, which would incentivise GPs and trainees to remain in the profession. This should be part of a wider workforce plan to ensure we have the GPs we need into the future.
- Fair funding as part of the wider NHS: Increase in the percentage of NHS funding • in primary care with at least an 8.7% uplift (to match 2019/2020 funding), and match the share of funding allocated to general practice to reflect the increasing proportion of care it delivers.
- Greater freedom and autonomy to do our jobs: GPs know best when it comes to how to care for their patients. This is why the practice of ringfencing funding should stop. GP partners should be able to allocate resources according to need. This includes having control over hiring and retaining staff according to the needs of the practice and patients.

We only have a few weeks before the public goes to the polls to vote in the general election. Before then, please consider how important general practice is to the whole of the country.

We would be delighted to meet you to discuss these proposals, and we look forward to your response.

Yours sincerely, The GPs of Great Britain

#### Signed:

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ENGLAND	Camden LMC	Essex South LMC
Avon LMC	Central Lancashire LMC	Gateshead & South
BaNES Swindon &	Cheshire LMC	Tyneside LMC
Wiltshire LMC	Cleveland LMC	Gloucestershire LMC
Barnet LMC	Cornwall & Isles of Scilly	Greenwich LMC
Barnsley LMC	(Kernow) LMC	Hammersmith &
Bedfordshire LMC	County Durham &	Fulham LMC
Berkshire LMC	Darlington LMC	Hampshire & Isle of
Bexley LMC	Coventry LMC	Wight LMC
Birmingham LMC	Cumbria LMC	Haringey LMC
Bolton LMC	Derby & Derbyshire LMC	Harrow LMC
Bradford & Airedale LMC	Devon LMC	Hillingdon LMC
Bromley LMC	Dorset LMC	Hull & East Yorkshire
5	Ealing LMC	LMC
Buckinghamshire LMC	Enfield LMC	Islington LMC
Calderdale LMC	Essex North LMC	Kent LMC
Cambridgeshire LMC	ESSEX NOTTHENG	Kirklees LMC

Lambeth LMC Lancashire Coastal LMC Lancashire Pennine LMC Leeds LMC Leicester, Leicestershire & Rutland LMC Lincolnshire LMC Liverpool LMC Manchester LMC Merton LMC Mid Mersey LMC Morecambe Bay LMC Newcastle & North Tyneside LMC Newham LMC Norfolk & Waveney LMC North & North East Lincolnshire LMC North Yorkshire LMC Northamptonshire LMC Northumberland LMC Nottinghamshire LMC Oxfordshire LMC Rotherham LMC

Salford, Stockport and Trafford LMC Sefton LMC Sheffield LMC Solihull LMC Somerset LMC Staffordshire North LMC Staffordshire South LMC Suffolk LMC Sunderland LMC Sussex East LMC Sussex West LMC Sutton LMC Tower Hamlets LMC Wakefield LMC Waltham Forest LMC Warwickshire LMC Westminster LMC West Pennine LMC Wigan LMC Wirral LMC Worcestershire LMC

#### SCOTLAND

Ayrshire & Arran LMC Borders LMC Dumfries LMC Fife LMC Forth Valley LMC Glasgow LMC Grampian LMC Highland LMC Lanarkshire LMC Lothian LMC Orkney LMC Tayside LMC

#### WALES

Bro Taf LMC Morgannwg LMC North Wales LMC