

Impact Statements

Food and Nutrition

North Carolina offered a variety of food preparation and nutrition programs to increase consumer knowledge and comfort in preparing fresh food instead of using processed foods. Last year 23,229 people participated in the 843 programs offered.

FCS Agents in North Carolina reached nearly 28,000 residents, helping them reduce sugar/salt intake and increase intake of healthy foods. One individual touched by Extension programming reports.

Home Food Safety and Preservation

New methods of cooking and canning offer new challenges in food safety. North Carolina provided education in Safe Plates, ServSafe, Home Food Preservation, and Nutrition. Agents trained 573 individuals to ensure participants utilized safe methods.

North Carolina programming focuses on retail, community, and home-based food safety, 314 participated in the manager's class.