
Dear Parent/Guardian,

Your child _____ is excluded from school beginning today as required by the NC Department of Health and Human Services due to:

Reporting:

- ☐ Close contact in the past 14 days with someone diagnosed with COVID-19 or being advised to quarantine.
- ☐ Being diagnosed with COVID-19 since last at school.
- ☐ Having one of the following symptoms:
 - ☐ Fever
 - ☐ Chills
 - ☐ Shortness of breath or difficulty breathing
 - ☐ New cough
 - ☐ New loss of taste or smell
 - ☐ Vomiting or diarrhea (during the school day)
- ☐ Sibling excluded for symptoms

Having:

- ☐ A temperature of 100.4 or higher
- ☐ Two or more of the following: Sore throat, fatigue, runny nose, body/muscle aches (during the school day)

Guidelines for return are listed on the back of this form. A school official will contact you later today to discuss when he/she can return to school.

Guidelines for Return to School Related to COVID-19:

Criteria for return to school if excluded for symptoms (including fever):

- ❖ **Your child needs to see a healthcare provider.**
- ❖ If diagnosed with COVID-19 or not tested → 10 days after the first symptoms began, no fever for at least 24 hours (without the use of fever reducing medication - Tylenol, Advil, etc.) AND symptom improvement, including cough and shortness of breath
- ❖ Negative COVID-19 PCR test → No fever for at least 24 hours (without the use of fever reducing medication - Tylenol, Advil, etc.) AND they have felt well for at least 24 hours
 - Documentation of negative COVID PCR test will be required.
- ❖ Other confirmed diagnosis by medical provider - contact your school nurse for specific guidance on exclusion for other illnesses
 - Documentation from a medical provider of confirmed diagnosis other than COVID will be required.

Being diagnosed with COVID-19:

****Your child may return to school 10 days after the date of their first positive COVID-19 test, assuming they have not developed any symptoms. The School Nurse will contact you to discuss the date of return.**

Close contact in the last 14 days with someone diagnosed with COVID-19 or being advised to quarantine by a healthcare provider:

****Your child may return to school 14 days after the last date of close contact, if no symptoms develop and they do not test positive for COVID-19. The School Nurse will contact you to discuss the date of return.**