

Myopia Management: Clinical Updates PowerPoint Outline

1. Title: Myopia Awareness
2. What is Myopia?
 - a. Describe myopia
 - b. Glasses/contact lenses do not treat myopia or slow it's progression
 - c. As myopia progresses, ocular diseases can occur later in life
3. Myopic Eye
 - a. There is no safe amount of myopia
4. Example: emmetropia vs. myopia
5. "Myopia is twice as big of a problem as obesity"
6. Myopic children in the US
 - a. Today = 20 million myopic children
 - b. By 2050 = About 30 million children will have myopia
7. Worldwide Epidemic of Myopia
 - a. Increase in all populations
 - b. Myopic population will double worldwide
8. Myopia Epidemic in Asian Countries (*NOTE: Use of slide depends on your audience. If you have a high attendance of Asian parents, keep this slide.*)
 - a. Children statistics
 - b. Young adult statistics
9. Risk Factors
 - a. Common risk factors
 - b. Near work risk
10. Importance of outdoor time
 - a. Some schools are taking action
11. Why it matters?
 - a. Quality of life – lower prescription, less reliance on glasses, etc.
 - b. Can worsen over time
 - c. High myopia can lead to serious eye threatening diseases
12. How do we fix it?
13. Atropine (high-level overview)
14. Ortho-K ((high-level overview)
15. Custom Multi-Focal contact lenses (high-level overview)
16. Why MM Matters Video as recap (Hide if there are time restrictions)
17. Questions