Women's Wrap-up!

Hello everyone! 😄

This week we have a newsletter to celebrate all things International Women's Day which is coming up on the 8th of March.

The theme this year is

Accelerate Action

At the current rate of progress, it will take until **2158**, which is roughly five generations from now, to reach full gender parity, according to data from the **World Economic Forum**.

Focusing on the need to **Accelerate Action** emphasises the importance of taking swift and decisive steps to achieve gender equality. It calls for increased momentum and urgency in addressing the systemic barriers and biases that women face, both in personal and professional spheres.

Inspiring Women Tree

To celebrate International Women's day we are setting up an Inspiration Tree in the **corridor next to the Staff Kitchen.**



From the **4th to the 17th of March** you can come along to write on a leaf from the table next to the printer in the **Inclusive Office** about anyone who identifies as a Woman who inspires you and then leave your leaf or leaves in the basket and we can get them added to the Tree.





This will hopefully be a really uplifting display that all staff can read over when they're in the office. So pop down and take 5 minutes out of your day to write about a Woman who inspires you whether that's a family member, friend, colleague or someone in the public eye. **We can't wait to hear about who inspires you.**

What can the Collective do to Empower you?

Something else we wanted to do for International Women's day is understand better how the Women's Collective can support our members in feeling Empowered. Feeling empowered is a huge part of Accelerating action for gender equality so how can we at the collective do our bit to help Accelerate Action and ensure all our network members feel empowered?

You can give your suggestions on our Empowerment Padlet here.



Hyde Park Picture House-Lionheart



On **Saturday 8 March from 5pm-6:30pm,** Hyde Park Picture House is showing a film not to be missed!

Lionheart is about a determined and stylish young woman called Adaeze, who is thrust into the spotlight when her father's transport business faces a crisis. With the support of her strong, close-knit family, and despite sexist challenges, she battles against tough odds to save the company.

Directed by Genevieve Nnaji in her debut, the film weaves a heartwarming tale of ambition, unity, and resilience. Set in Enugu, it breaks from typical Nollywood norms, offering a refreshing look at gender equality and the importance of family. Featuring a stellar cast, including Nkem Owoh, Pete Edochie, and Onyeka Onwenu, Lionheart is a delightful, empowering story.

To find out more and book your ticket, click here.

Women's Collective Lunch



On **Wednesday 12 March** from 12:30pm-1:30pm on Balcony, we will be holding a Women's Collective Lunch!

Similar to last time we will grab lunch together (either a takeout, something from Union Square, or you're welcome to bring your own lunch) and have a good old catch-up \bigcirc

We are currently thinking of tasty and affordable places to order lunch from, if you have any suggestions please let us know • You should have received a meeting invite- if not please give Katie a message.

University of Leeds- Animated Activism: Women Empowered



In the Treasures of the Brotherton Gallery on campus, there is an exhibition called "Animated Activism: Women Empowered". Bringing the archives of Women's Aid and Leeds Animation Workshop together, this exhibition explores the Women's Liberation Movement of the 1970s to the present day.

We will be taking a trip over to see the exhibition on **Thursday 10 April, from 12pm-1pm.**We will be meeting at the Bus Stop in Foyer at 12pm and setting off from there.

This is open to Network members, allies, and anyone who is interested in joining the Network.

Network Learning Recommendations

****Book- Scarlett Curtis: Feminists Don't Wear Pink (And Other Lies)**

Platform- Charity Mentoring Network

Training- Suzy Lamplugh Trust: <u>Stand Up Against Harassment</u>

WTraining- RightToBe: **Bystander Intervention Training**

₩Video- <u>TEDxLondonWomen 2023</u>

That's all from us this week! Happy International Women's day you lovely lot!

Emily and Katie