INFORMATION GUIDELINES REGARDING STUDENT ATHLETICS PARTICIPATION FOR SECONDARY SCHOOLS

The Holbrook Unified School District sponsors a variety of programs for all students enrolled at Holbrook High School. Student participation in one of these programs is governed by rules and regulations established by the district and the Arizona Interscholastic Association. These guidelines have been developed to provide for:

- Specific academic qualifications for students before they are allowed to participate in athletics
- The uniform organization and management of each sponsored activity.
- The safety and welfare of each student participant.
- The protection of individual student rights.
- The instruction in the essential skills and attitudes needed for participation.

Establishment and Maintenance of Secondary Student Eligibility

The scholastic requirements shall apply to all regular education students who represent the schools by participating in any interscholastic athletic competition. Special education students shall have their scholastic eligibility requirements determined by an IEP committee. Such guidelines will provide for consistency in the development and implementation of eligibility standards for special education students. Compliance with or deviation from eligibility rules is documented in the Integrated Participation in Extra-Curricular Non-Academic Activities and/or Programs Section of the students' IEP.

Arizona Interscholastic Association (HS)

- 1. Only students enrolled at a member school in grades 9-12, inclusive, shall be eligible for interscholastic competition. (15.3.1) In order to establish eligibility, a student's initial enrollment shall be no later than the 14th official school day of the semester. If a students' initial enrollment occurs after the 14th official school day of the semester, he/she is ineligible for that semester. (15.3.5)
- 2. If a student becomes 19 years of age after September 1, he/she is eligible to compete for the remainder of that school year. (15.6.1)
- 3. A student must be enrolled in a minimum of five courses the first six semesters of high school and a minimum as determined by the district during the seventh and eighth semesters. (15.4.1)
- 4. After a student first enrolls in the ninth grade, he/she has a maximum of eight semesters of opportunity and a maximum of four seasons of opportunity in each sport or activity. The seventh and eighth semesters must be consecutive. The other semesters need not be consecutive. (15.9)
- 5. Enrollment for at least fifteen school days during any semester, or participation in any interscholastic contest, constitutes a semester of opportunity and a season of opportunity. (15.9.1)
- 6. After enrolling and attending one or more classes, students changing enrollment to/from one school to another school shall be considered a transferring student. Students shall be eligible to participate in interscholastic competition at the school to which he/she transferred provided there is a corresponding change in domicile of parent(s) or guardian(s). (15.10)
- 7. A student suspended, expelled or otherwise removed for disciplinary reasons, including revocation or non-renewal of open enrollment, from one high school shall be ineligible for interscholastic competition in any other high school for one year or until all conditions for re-admittance have been fulfilled at the high school where the suspension, expulsion, open enrollment revocation or removal for disciplinary reasons occurred, whichever occurs first. (15.10.10)
- 8. A student who transfers from a foreign country may participate in <u>non-varsity</u> level competition. (15.10.8.3)
- 9. Participation in athletics is exclusive to enrollment at Holbrook High School as a student calculating Average Daily Membership. Students that are registered home school students with the County may participate on an eligibility and fee schedule basis. Students enrolled in Charter Schools or

Empowerment Scholarship Accounts are ineligible for participation in high school sports at Holbrook High School.

Holbrook School Coaching Guidelines

Holbrook High School Coaches Handbook: Coaching Guidelines

1. Professional Expectations & Code of Conduct

- Role Model Behavior:
 - Coaches are expected to model integrity, sportsmanship, and respect at all times. Personal conduct must reflect positively on the school, community, and district.
- Respect for All Participants:

All interactions with student-athletes, parents, colleagues, officials, and opposing teams must be professional, respectful, and free of discrimination, harassment, or abusive behavior (Board Policy ACA, ACAC).

• Compliance with Law and Policy:

Coaches must comply with:

- A.R.S. §15-341 (Duties of District Personnel)
- District Governing Board Policies (GCCA, GBEB)
- o School Procedures regarding student discipline, safety, and emergency response.
- Prohibited Conduct:

Strictly prohibited are:

- Verbal or physical abuse
- o Bullying, hazing, or initiation rites (A.R.S. §15-2301)
- Retaliation against students or staff
- <u>Inappropriate or unprofessional communications (e.g., texting students without parent/AD awareness)</u>

2. Supervision & Safety of Student-Athletes

• <u>Direct Supervision Required:</u>

Athletes must never be left unsupervised before, during, or after practice, games, or team events.

• <u>Locker Room Monitoring:</u>

Coaches are responsible for locker room conduct, ensuring student safety and preventing vandalism or misconduct (Policy JL-RA).

• Transportation Supervision:

Student travel must comply with district transportation procedures; personal transport of athletes is strongly discouraged unless pre-approved by administration and parents.

• Emergency Preparedness:

Know and practice emergency action plans (EAP), including AED locations, concussion protocol (A.R.S. §15-341(A)(24)(b)), and heat illness prevention strategies.

3. Instruction & Fair Competition

• <u>Skill Development & Safety:</u>

Instructional methods must prioritize athlete safety, age-appropriate skill development, and adherence to sport-specific rules and regulations.

• Equal Opportunity:

<u>Provide equitable access and opportunity to all eligible student-athletes, regardless of race, gender, religion, or background (Policy AC).</u>

• Playing Time Transparency:

Clearly communicate expectations regarding participation, effort, and playing time to athletes and parents in pre-season meetings.

4. Communication & Parent Relations

• Open, Honest Communication:

Maintain professional, appropriate communication with parents regarding their child's safety, progress, and team role.

• Conflict Resolution Process:

Follow a chain of command when resolving conflicts:

- 1. Coach & Athlete
- 2. Coach & Parent

- 3. Athletic Director
- 4. <u>Principal/Administration</u>

5. Ethical Recruiting & Program Integrity

- No Undue Influence:
 Coaches shall not encourage students to transfer for athletic purposes in violation of AIA rules or district policies.
- No Special Favors or Promises:
 Avoid guaranteeing scholarships, playing time, or starting positions.
- Adherence to AIA Guidelines for Recruiting Players

Coaches must adhere to all AIA and District guidelines on recruitment of players and player contact.

6. Confidentiality & Records

- FERPA Compliance:
 Student health, academic, and personal records must remain confidential (20 U.S.C. §1232g).
- <u>Injury & Incident Reporting:</u>
 All injuries, accidents, and incidents must be promptly reported and documented per district procedures.
- Player Communications

Communications with players must be used through district approved communication tools and must be ethical and professional in nature. All communications are subject to review and disciplinary action.

• Trips, Agendas, Itineraries

All athletic events and trips must accompany proper protocols including proper transportation requests, student release forms, rostering, itineraries for the events or trips, if outside the scope of normal AIA games, and any additional documentation to ensure the safety and supervision of students participating.

7	Continuous	Professional	Growth
	CONTINUOUS	L 1.01 62210UM	Growin

7. Commuous	STITO ESSIONAL OF OWING					
	d Certifications: paches must maintain valid certifications:					
o <u>1</u>	NFHS Fundamentals of Coaching					
o <u>C</u>	Concussion Awareness (per A.R.S. §15-341)					
o <u>C</u>	CPR/First Aid (A.R.S. §15-341(A)(22))					
o <u>H</u>	o Heat Illness Prevention Training					
Attend o	s Education: district, AIA, or national clinics and trainings to remain informed on evolving best practices and tandards.					
	these guidelines may result in corrective action up to and including dismissal, per district A regulations.					

Coach's Acknowledgment

I have read,	understand,	and agree to	abide by th	ese guidelin	nes as a c	ondition (of my	coaching	assignment	within
the district.		_	-	-			<u>-</u>	_	-	

Signature:	
Date:	

Volunteer coaches are subject to all regulations and procedures identified below along with the rules and regulations of the NFHS, AIA and policies of the Holbrook School District. Volunteer is defined as: a person from the community who contributes his/her services on a regular basis without pay or for a nominal fee. All volunteer coaches must have school board administrative approval <u>prior</u> to assuming coaching responsibilities.

- 1. The coach of the sports or activity to which they are applying for must recommend a volunteer coach.
- 2. The volunteer coach will go through a formal interview with the activities director and principal prior to acceptance into the program.
- 3. All volunteer coaches <u>must</u> have a valid IVP fingerprint clearance card.
- 4. <u>All</u> volunteer coaches are automatically terminated at the end of the sport or activity and may be re-assigned for the following year by the activities director and principal.
- 5. All volunteer coaches shall be under the <u>direct</u> supervision of a designated <u>certified</u> employee who shall be responsible for their actions.
- 6. Written assignments for volunteer coaches shall be established defining their function and responsibilities. The volunteer, head coach and the athletic director must keep a copy of these assignments.
- 7. Under no circumstances shall volunteer coaches be assigned the following responsibilities:
 - o Prescribing disciplinary action relating to an athlete.
 - o Treatment of injuries sustained by athletes other than appropriate first aid.
 - o Excuse athletes from attendance or participation in any school related activity.
 - o Assume the sole responsibility for an athlete or group of athletes.
- 8. A volunteer coach must have a working knowledge of first aid.
- 9. A volunteer coach is liable for his/her actions in conjunction with injuries, transportation, etc. of athletes.
- 10. The volunteer coach must promote a drug free/alcohol free environment for the athletic program.
- 11. All district and school policies must be followed including but not limited to the coaching policies.

Holbrook High School

Extracurricular Activity Eligibility Board Policy J-4550 JJJ

All interscholastic activities that are (1) of a competitive nature and involve more than one school where a championship, winner, or rating is determined and (2) endeavors for which no credit is earned in meeting graduation or promotional requirements that are of a continuous and ongoing nature, organized, planned, or sponsored by the District, consistent with District policy, shall be conducted under the provisions of this policy. Such activities will be established and designed to offer students worthwhile athletic and leisure—time interest, wholesome recreational and social activity, and an opportunity to develop skills in democratic and cooperative management for these activities. These programs will be appropriate to the maturity of students and as varied as staff and facilities permit.

All such activities conducted under the auspices of the District shall be under the direct supervision of the certificated individual responsible for the activity.

It is necessary to have an extracurricular activities function within a realistic framework of control. In order that overenthusiastic students do not place a social or athletic function on a higher plane than the academic program, a **weekly** grade check will be conducted. The following policy will be adhered to:

1. Ineligibility will start on Wednesday of the second week of school.

- 2. A student whose grade is below a 70% in (1) or more classes on the Wednesday of each week will be given either a warning if it the first sub 70 grade of that week or will be declared ineligible if the student has had two consecutive grade checks in which the student has not met the required 70% to participate, regardless of which classes the student has failed.
- 3. A student who has not met the required 70% at the grade check period will remain ineligible from the Wednesday of the grade check period through the following Tuesday in which grades will be checked again. This includes all weekend events.
- 4. Any student who becomes ineligible due to the extenuating circumstances (as solely defined by the building principal) may utilize a one-time-per-semester appeal to the school's eligibility council for reinstatement of eligibility. The Holbrook High School eligibility council will consist of the principal, athletic director, student council advisor, and two (2) off-season coaches.
- 5. The coach/sponsor will inform the student of ineligibility status. If the student does not improve the grade by the next grade check reporting time, parents or guardians will be notified of the ineligibility.
- 6. A student may not be declared ineligible in a new school year because of a previous year's failing grade.
- 7. Activities that are not interscholastic in nature and are conducted as a result of a curricular offering are not considered to be governed by the above eligibility standards. If a student is enrolled in a curriculum course that requires the student to participate in an interscholastic activity, and the student is ineligible to do so, the student may not be penalized for nonparticipation. Instead, the teacher may provide the student with an alternative task to compensate for missing interscholastic activity. Students will be allowed to participate in home activity events when their performance is an extension of a curricular offering.
- 8. After-school tutorial is available to assist students in meeting or exceeding academic standards required for participation in AIA sponsored activities. Each student declared ineligible may attend an after-school tutorial in the high school library or designated location as determined by the athletic director.
- 9. Students whose behavior presents a problem or jeopardizes school discipline may be ineligible for participation in extracurricular activities until such time as their behavior warrants reinstatement.
- 10. The same general standards shall apply for special education students except that such eligibility shall be determined on a case-by-case basis in relation to the respective student's individual education program.

Eligibility Policy Procedure

- 1. Grades are checked each Wednesday by the athletic director
- 2. Any student/athlete with a grade below a 70% in any class will be given a warning that week.
- 3. Any student/athlete with a grade below a 70% in any class the very next week will be ineligible for competition that week. The period of ineligibility will be from that Wednesday, when the grades are checked, through the following Tuesday.
- 4. On Wednesday, when grade checks are completed, a student/athlete who has been ineligible will become eligible if all grades are at least at a 70%.
- 5. If a student/athlete is below 70% in any class and all grades are above 70% the 2nd week, the student/athlete is eligible to participate. If the same student/athlete drops below 70% in the 3rd week or later, the student/athlete will receive another warning. Ineligibility requires two consecutive weeks with a grade below a 70% in any class.
- 6. Student/athletes who are ineligible are **highly encouraged** to attend tutorial after school at least twice a week until they have their grade(s) above a 70%. They will be excused from practices on those days that they will attend tutorial.
- 7. Student/athletes ineligible the week(s) of Fall, Winter, and Spring Break will remain ineligible until school has resumed for 1 full week and the student has all grades to above a 70%..

- 8. Once a student has been declared ineligible for 3 times during a sports season they will be removed from their sport for the remainder of that season.
- 9. Eligibility resets with each sports season as far as the 3X rule is concerned.

Discipline

- 1. Any student who becomes ineligible due to extenuating circumstances (as solely defined by the building principal) may utilize a one-time per semester appeal to the school's eligibility council for reinstatement of his/her eligibility. The Holbrook High School Eligibility Council consists of the principal, athletic director, student council advisor and two off-season coaches.
- 2. Any criminal acts may result in the loss of eligibility for the remainder of the school year, season, or whichever is deemed appropriate. If the athlete is prosecuted/arrested for a criminal act, the athletic director and coach have the authority to suspend or remove the athlete from the team.
- 3. Students who have 70 or more points will be allowed to participate in athletics, clubs, dances and incentive activities during the school year. Students who have less than 70 points will not be allowed to participate in these activities. Students may do community service to replace points and become eligible for activities. A student may replace a maximum of 50 points per semester. Students working to replace points must complete their community service activities at least 24 hours prior to the activity.

Attendance

- 4. Students are expected to attend all classes on a daily basis. Any athlete that has missed any part of a school day due to a <u>non-illness</u> related absence, that has not been pre-excused, <u>is not eligible to attend practice or a contest that evening</u>. A student must be in attendance a full day of school on the day of the contest in order to participate, unless administrative approval has been granted due to extenuating circumstances. Friday attendance in school is required for participation in a Saturday contest unless prior approval is obtained from the building principal or that students has not been assigned ITM for that Friday.
- 5. Students that are found to be truant from any class during the season may be suspended from participating in the next scheduled contest. Habitual truancy may result in removal from the team.
- 6. Students are expected to be in class all morning on the day after a late return from an event. Students who are not in school may be considered truant unless excused by the school.

Injuries

- 7. It is the coaches' responsibility to complete an accident report immediately following any accident or injury. This report should be completed within 24 hours of the incident. The athlete is responsible for notifying the coach of any injury or accident that happens ASAP whether at practice, at a game or while on a school sponsored activity.
- 8. Any injury serious enough to require medical attention will require a doctor's release prior to returning to practice or games.

Miscellaneous

- 9. Playing time at the Varsity level is nonnegotiable.
- 10. Communication with the coaches about athletic absences from practice or a game is essential <u>before</u> it happens.
- 11. Every effort should be made to solve a problem with the coach first, AD second, Principal third and Superintendent last.
- 12. Holbrook High School expects a high level of commitment in attendance at practices as well as games. We also expect good sportsmanship and an effort towards teamwork. Any behavior that jeopardizes an/or is detrimental to these concepts will endanger the athlete's status on the team.

Quitting

Commitment is the backbone to a highly successful athletic program. As the coaching staff and administration at HHS, we encourage student/athletes to "finish what you started". Perseverance leads to

long term success in any athletic arena and in life. To help maintain this philosophy HHS has instituted the following Quitting Policy.

*After the first scheduled contest of the season upon deciding to quit, any student/athlete will be given a 1 time 24 hour grace, or cooling off, period. At that time (or before then) the student/athlete will make a rational decision as to whether he/she still wants to quit. If still wishing to quit, the student/athlete must completely fill out an HHS Athletic Quit Form, have it signed by their parents and themselves, and then hand it in to the head coach of the sports wishing to quit. Once the paperwork is turned in and signed by all parties, the student/athlete is not eligible for participation in any sport or intramural program for the remainder of that quitting sport's season. Failure to fill out and turn in a quit form in a timely manner will forfeit the student/athlete from participating in sports in the future.

*Student/Athletes seeking reinstatement into the next sports season will be required to meet with the athletic director and a committee of head coaches, including the head coaches of both sports, to determine if they mutually agree to consider the student/athlete's participation. Any student/athlete quitting 2 different sports in 1 year will not be allowed to participate in any HHS athletic program for 1 year. Any student quitting a Spring Sport will have to go through the same process for reinstatement into a Fall Sport the following year.

HHS Athletic Quit Form



I,	, have decided, after careful consideration to my coaches and
teammates, to quit	I have been given a 24 hour period to fully evaluate
· · ·	is the best decision for me and my teammates. I understand that I cannot thletic or intramural program for the rest of this sports season. I
understand that I must m	eet with the athletic director and a committee of head coaches in order to asson. I also understand that by quitting again I will forfeit any
future participation in HH	S athletics for a 1 year time period.
Student Signature	<u></u>
Parent Signature	
Head Coach Signature	

Awards

An athletic award is a symbol of athletic accomplishment, good sportsmanship and observance of athletic policies.

The following are awards that will be given by coaches each season:

- o <u>"H" letter</u> a single "H" will be awarded to an athlete upon completion of his/her first varsity season participating in at least half of the scheduled contests.
- o <u>Certificates</u> all athletes receive a participation or athletic letter certificate upon completion of their season.

- o <u>Special Annual Awards</u> Teams may give a maximum of 4 awards for Varsity, 3 awards for JV and 2 awards for freshmen level. The athletic office will be financially responsible for the Varsity, JV and freshmen awards.
- o <u>Male and Female Athletes of the Year (given at the end of year academic awards banquet)</u> To be considered for this award, a student must be a junior or senior, must participate in a sport all three seasons, be nominated by his/her coach, be voted on by coaches, and not have any removals from a team for disciplinary reasons or eligibility. In case of a tie vote, the activities director will make the final decision.
- o <u>Male and Female Student Athlete of the Year</u>- This award is given to 1 male and 1 female student athlete with a GPA of at least 3.5, participates in at least two different sports seasons, be nominated by his/her coach, and not have any removals from a team for disciplinary reasons.
- o <u>Pursuing Victory With Honor Student of the Year</u>- One 9th-12th grade student who best exemplifies the 6 pillars of character outlined in the Pursuing Victory with Honor Program. (Respect, Responsibility, Fairness, Trustworthiness, Caring, Citizenship) This student must be nominated by his/her coach and participate in at least 2 seasons of athletics.

Holbrook Junior High School

Discipline

- 1. Any criminal acts may result in the loss of eligibility for the remainder of the school year, season, or whichever is deemed appropriate. If the athlete is prosecuted/arrested for a criminal act, the athletic director and coach have the authority to suspend or remove the athlete from the team.
- 2. Students who have 70 or more points will be allowed to participate in athletics, clubs, dances and incentive activities during the school year. <u>Students who have less than 70 points will not be allowed to participate in these activities</u>. Students may do community service to replace points and become eligible for activities. A student may replace a maximum of 50 points per semester. Students working to replace points must complete their community service activities at least 24 hours prior to the activity.

<u>Attendance</u>

- 3. Students are expected to attend all classes on a daily basis. Any athlete that has missed any part of a school day due to a <u>non-illness</u> related absence, that has not been pre-excused, <u>is not eligible to attend practice or a contest that evening</u>. A student must be in attendance a full day of school on the day of the contest in order to participate. Friday attendance in school is required for participation in a Saturday contest unless prior approval is obtained from the building principal.
- 4. Students that are found to be truant from any class during the season may be suspended from participating in the next scheduled contest. Habitual truancy may result in removal from the team.
- 5. Students are expected to be in class all morning on the day after a late return from an event. Students who are not in school may be considered truant unless excused by the school.

<u>Awards</u>

An athletic award is a symbol of athletic accomplishment, good sportsmanship and observance of athletic policies. The following are awards that will be given by coaches each season:

- o <u>Certificate</u> All athletes receive a participation certificate upon completion of their season.
- o <u>Scholar Athlete</u> Certificates will be given to each athlete who has a GPA of 3.5 or higher during the grading period most involved during the sports season. The athlete can have no violation of team rules or record of removal from the team. **Team scholar certificates will be given to each athlete on a team that has acquired an average 3.1 or higher**.
- o <u>Sarita Lewis Award</u> One 8th grade male and/or female student who exemplifies the qualities of leadership, sportsmanship, determination, athletic skill, etc. will receive this award. This student

must have participated in all 4 seasons, be nominated by a coach, and receive a majority vote by coaches. Grades will be taken into consideration. The student will receive a certificate, plaque and have their name engraved on a special plaque in the school office at the end of the year.

- Male and Female Scholar Athlete of the Year The 8th grade student must participate in a sport all 4 seasons and have maintained a 3.5 GPA or higher for the school year. They must be nominated by a coach and receive a majority vote by coaches. A medallion and a certificate will be given at the end of the year.
- o <u>Male and Female Athlete of the Year</u> The 8th grade student must participate in a sport all 4 seasons, be nominated by a coach and receive a majority vote by coaches. A medallion and a certificate will be given at the end of the year.
- o <u>Outstanding Athlete Award</u> A medallion and a certificate will go to 8th grade students who have participated in and completed all 4 seasons of athletics.

Chemical Substances

By choosing to participate in HHS activities, students choose not to be involved in the use, possession or distribution of harmful chemicals, which include alcohol, tobacco, steroids, drugs, narcotics and any illegal substance. Participants are expected to set an example of appropriate behavior and refrain from associating with people who are under the influence of chemical substances. Coaches have the discretion to bench athletes who do not represent HUSD in a positive manner. Student athletes have the privilege to represent Holbrook. Their behavior, attitude, and actions should reflect the best we have to offer 24 hours a day 7 days a week. Any athlete/club member possessing or using chemical substances will face the following consequences:

- a) 1st offense-Being under the influence, buying and selling, or in the possession of tobacco, alcohol, or illegal drugs at any time will result in a 2 week suspension from games/activities with the requirement of counseling. For clubs it will be 2 weeks suspension or to sit out 1 activity whichever comes first. During the time of the suspension the athlete/club member will still be required to participate in practices/meetings.
- b) 2^{nd} offense-A second offense of this policy will result in immediate removal from the team/club and loss of athletic/club privileges for the remainder of the year.
- c) Each case will warrant its own consideration, but the AIA, HUSD, HHS, administrators and coaches recognize that there is no place in an athlete's life for drugs or alcohol, and no such use will be tolerated.

AIA Position Statement

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sport, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti Doping Agency's Prohibited List. (www.wada-ama.org)
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory With Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges can meet these goals.

HUSD Rules of Conduct at All Activities

As a school, we've taken a leadership role in expecting the sportsmanship displayed by our athletic teams, student body and community at events to be outstanding. We've placed a higher value on respect than wins and losses, because there's more to be learned in educational athletics than how to shoot, score, run and throw.

We will be incorporating the themes of the AIA - Pursuing Victory With Honor into our athletic programs. If we do not make sportsmanship our highest priority, our programs will lose their effectiveness in teaching young people the valuable lessons learned in the athletic arena and achieve our educational mission. Your ability to be a good sport will put you in a leadership role in your home and our community.

As a society, we are constantly bombarded with the message that winning is everything. Not everyone can win every game or finish first in every competition. But everyone can practice the Golden Rule - treating others the way they wish to be treated - and follow the Six Pillars of Character: trustworthiness, respect, responsibility, fairness, caring and citizenship. Some guidelines of what we expect from our athletes, coaches, student body and adult spectators are available at the athletic office.

Everyone represents our school at an athletic event. One act of un-sportsmanlike or sportsmanlike behavior by even one person paints a picture of how we are perceived by neighboring communities, schools and the media. Maintaining the proper perspective about school sports will help us in our quest for good sportsmanship, show what is good about our school district and remind us that school sports are here to educate students, and be fun.

Holbrook Unified School District feels that any person, adult or child, who behaves in an un-sportsmanlike manner during an athletic or extracurricular event may be ejected from the event that person is attending, and/or denied admission to school events for up to a year, pending athletic director and administrative decision.

Recognizing that participation in extracurricular activities is a privilege, the district requires that the conduct of student participants be exemplary at all times. Participants are representatives of the district and their school and must conduct themselves appropriately at all times while in school and while out of school. Student participants who violate this policy are subject to being removed from the activity at the discretion of the coach, sponsor, athletic director or administration, in addition to any other applicable punishment.

Some examples of unsportsmanlike conduct include:

- Using vulgar or obscene language
- Possessing or being under the influence of any alcoholic beverage or illegal substance
- Use of tobacco on school property
- Possessing a weapon or fighting
- Failing to obey the instruction of a security officer or school district employee
- Engaging in any activity that is illegal or disruptive

The school administration may seek to deny future admission to any person displaying unsportsmanlike conduct by mailing a notice sent by certified mail containing:

- The date/approximate time and place of administrative meeting
- A description of the unsportsmanlike conduct
- The time period that admission to school events will be denied

Parental Behavior Expectations for Practices and Games

Much of the joy of being a high school sports parent comes from watching your children compete in competitions. There are very few kids who are not bolstered by looking into the stands and seeing their mom or dad cheering for them. As part of their responsibilities, parents strive to be at as many of their child's sporting events, regardless of the level of play, as possible. Fortunately, the majority of parents behave appropriately at school sporting events. But those who misbehave can spoil it for all the rest. It takes only a few out-of-control parents to turn what should be a pleasant atmosphere into one that is stressful for everyone.

In addition to some of the obviously inappropriate actions, drinking alcohol, use of tobacco, throwing objects and the like, the following rules of thumb for personal behavior should be followed:

- Do not interfere directly or indirectly with your child's coach. Parents must be willing to relinquish the responsibility for the child to the coach for the duration of practice or games. Negative comments and gestures of displeasure toward the coach only undermine the coach's efforts.
- Do not shout instructions or criticism to the athletes.
- Do remain in the spectator area during the event.
- Do not make abusive comments to athletes, parents, officials or coaches of either team.
- Do express interest, encouragement and support to your child and his/her team.
- Do lend a hand when a coach or school administrator asks for help.

And what about those parents who violate the rules of conduct? Good sportsmanship among all spectators is a goal worth working for, but especially for parents, who have the obligation not only to control their behavior, but also to remind others around them of their responsibilities when necessary. When parents misbehave, it is the duty of other parents, and school administrators to step in and correct the situation. A simple rule of thumb for all spectators to follow is that absolutely nothing in their actions should interfere with any student's 's enjoyment of the game. We hope you'll join us by being a good sport always!

Activity Passes (HS)

Activity passes are sold at the beginning of the school year and will continue to be sold throughout the year. Those who purchase activity passes will be admitted to the athletic events, as displayed on the pass, when presenting them at the gate. There is a season long and year long pass. The season long pass will only encompass activities within either fall, winter or spring sports as indicated on the pass. The year long pass will encompass all sports within the school year. The prices for season long passes are \$30 for an individual pass and \$60 for a family pass for up to 4 people. The prices for year long passes are \$50 for an individual pass and \$100 for a family pass for up to 4 people. These tickets may be purchased in the bookstore or the athletic office.