

Carver High School Course Syllabus

SOCIAL & DEVELOPMENTAL SKILLS 9-12

Teacher Contact Information:

Teacher Name: Vanessa Dennis

Classroom Number: Room E129/H132

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*****Email is the preferred method of contact*****

Course Description:

Social and developmental skills are an integral part of education and human development. This course is designed to help students acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

Behavioral Expectations:

1. Follow directions the first time that they are given.
2. Respect your community, your peers, your teacher, and yourself.
3. Take responsibility for your actions, thoughts, and words.
4. Raise your hand to leave your seat or before speaking.
5. Always give your best effort.

Assignments:

- Daily Emotions Check-in/out
- Daily Bell Ringers
- Social Skills Worksheets
- Classworks Computer Based Program

Course Outline:

Week	Topic
Week 1 - Intro	Course Overview/Expectations
Week 2	Course Overview/Expectations/ Growth Mindset
Week 3	Learning to Listen
Week 4	Focusing Attention
Week 5	Impulse Control
Week 6	The Power of Memory
Week 7	Review and Assessment
Week 8	Addressing and Expressing Feelings
Week 9	Negative Thought Patterns
Week 10	Managing Feelings
Week 11	Review and Assessment
Week 12	Navigating the Feelings of Others
Week 13	Understanding Other People's Feelings
Week 14	Responding to Other People's Feelings
Week 15	Review and Assessment
Week 16	What I do and Say Affects Others
Week 17	Responding to Accidents
Week 18	Building a Positive School Community

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Week 19	Review and Assessment
Week 20	Who is a Friend?
Week 21	Making Friends
Week 22	Maintaining Friendships
Week 23	Cooperation and Teamwork
Week 24	Bullying
Week 25	Review and Assessment
Week 26	Identifying Problems
Week 27	Generating Solutions
Week 28	Implementing Conflict Resolution Behaviors
Week 29	Review and Assessment
Week 30	Positive Self Identity
Week 31	Setting Personal and Academic Goals
Week 32	Attaining Goals and Self Reflection
Week 33	Review and Assessment
Week 34	Review Modules 2-4
Week 35	Review Modules 5-7
Week 36	Conclusions/ Final Exam

Please keep the syllabus for your information. Remove this section to return, signed, to Vanessa Dennis:

By signing below, I agree that I have seen and read the policies above and will be accountable for the content listed in this syllabus throughout this academic school year.

Course Name: _____ Teacher's Name: _____

Student's Name (Print): _____

Student's Signature: _____

Parent's/Guardian's Names (Print):

Parent's/Guardian's Signatures: _____

Parent's/Guardian's Phone Number: _____

Parent's/Guardian's Email Address: _____

Comments/Concerns Regarding Your Child: _____
