

Volunteer Opportunities/ADN150 Volunteer Project

- 1) Shower of Hope- organization that helps homeless have a safe place to shower.
<https://theshowerofhope.org/volunteer/> sign up here or contact via their very active FB group.
- 2) Any local Church or worship site-1) screening visitors in with infrared no-contact thermometer, or 2) perhaps cleaning/disinfecting grounds where people visit. 3) If you are tech-savvy you may offer your skills to help a church run services online remotely for members to watch safely from home. (pastor/priest, imam, rabbi, or someone of authority position can sign off for you)
- 3) Red Cross- blood drive events 6hr shift,
<https://www.redcross.org/local/california/los-angeles/volunteer.html>
- 4) Surfrider Foundation solo beach cleanup- input data of trash collected on a website,
<https://www.surfrider.org/coastal-blog/entry/solo-beach-cleanup-guidelines>
- 5) LA food bank. Contact amartinez@lafoodbank.org , phone: (323)234-3030 ext.144
<https://www.lafoodbank.org/volunteer-old/individuals/> or directly sign up here
- 6) Meals on Wheels – sign up on website to volunteer,
<https://www.mealsonwheelsamerica.org/americaletsdolunch/faqs>
- 7) Offer to create a social media support base for a small business to advertise and grow and maintain with pictures and announcements via fb, insta, twitter, etc. This counts as “pro-bono market counseling”. (business manager can sign off on this for you).
- 8) Create an account at <https://www.volunteermatch.org/> and you will be matched with volunteer opportunities within your living area.
- 9) <https://www.laworks.com/virtualvolunteering> , also another account site for finding volunteer opportunities. This link here goes directly to virtual volunteering although they also have other in person stuff like volunteering for Covid testing sites. <https://www.laworks.com/>
- 10) if you have kids attending remote school learning online: offer the class teacher tutoring hours for students (through a zoom perhaps or skype conference) where for an hr the students do, say for example, math homework, and if any questions pop up you can help out to answer them.
- 11)
<https://docs.google.com/forms/d/e/1FAIpQLSdKb5XJo8VArwWqJIpki4R7PzqpwG-uMCNYdMLU-SJ5Xr8law/viewform>

This is for Los Angeles Public Library and their connective branches. They have virtual volunteering opportunities. I used to volunteer at this library years ago for their one-on-one tutoring for ESL and reading/writing learners, so this may be part of it, as well as possibly story-time telling for kids.

12) <https://www.weareperfectstrangers.org/volunteer> , a multi-location org that helps pair elderly and immune-impaired with someone to deliver their groceries, meals, medical supplies, etc.

13) <https://coachart.org/volunteer/> , volunteer to teach a chronically ill child a hobby (music, dance, etc)

14) <https://www.volunteermatch.org/search/opp3319072.jsp>

farmer's market , Children's hospital, Bellflower

15) <https://www.whittierfirstday.org/want-to-help/> , part of "Project Roomkey Saddleback": homeless people are offered shelter in a hotel and your duties include screening for covid, passing meals, offering company. (a few Rio Hondo students have already volunteered at this site, and did hours in Hotel Saddleback, Norwalk).

16)

https://www.aarp.org/giving-back/?CMP=KNC-DSO-Adobe-Google-CTG&gclid=Cj0KCQjwzbv7BRDIARIsAM-A6-2z7uXzUv7awm5x3RlrQ0aEEy2rD7l0dvrsWV2gbcT49X5aKRZPSBcaAuTsEALw_wcB&gclsrc=aw.ds , AARP volunteer search engine, streamlines according to location and your preferences