



2025 NIAA Class 5A, 3A and 2A Northern Region Cross Country Meet

The Nevada Interscholastic Activities Association 2025 Classes 5A, 3A and 2A Northern Region boys and girls cross country meets are scheduled to be contested Friday, October 31 at Rancho San Rafael Regional Park in Reno.

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MEET ENTRIES

**** Entries are due by 8 p.m. on Monday, October 27 on nv.milesplit.com. Teams will be limited to seven (7) competitors during the race, but as many as three (3) alternates may be listed on the entry form. This is a computer-generated cutoff time / deadline, so please register early. ****

LOCATION

[Course Map](#)

Rancho San Rafael Regional Park is located at 1595 North Sierra Street in Reno..

Note: No trimming of bushes and trees will be permitted. Teams/schools may NOT use stakes to fasten down tents or canopies. Please use weighted devices.

MEET SCHEDULE

Coaches Meeting times are to be determined

10 a.m.	Class 2A Northern BOYS
10:35 a.m.	Class 3A Northern BOYS
11:10 a.m.	Class 5A Northern BOYS
Noon	Boys awards
12:35 p.m.	Class 2A Northern GIRLS
1:15 p.m.	Class 3A Northern GIRLS
1:55 p.m.	Class 5A Northern GIRLS
2:35 p.m.	Girls awards

LEAGUE / REGION MEET QUALIFYING

1. Class 1A

Class 1A will combine with Class 2A in region (state qualifying) and state championship meets.

2. Class 2A – Northern Region and Southern Region

All postseason-eligible schools are permitted to enter team(s) and/or individual(s) in their respective region championship meet. Please note that each region may institute more restrictive qualification procedures should it choose to do so.

Class 2A amended scoring format (same to be used in state meet):

Class 2A will score a team's first four (4) finishers and have the fifth, sixth and seventh finishers serve to displace other teams' scores.

3. Class 3A – Northern League and Southern League

All postseason-eligible schools are permitted to enter team(s) and/or individual(s) in their respective league championship meet. Please note that each league may institute more restrictive qualification procedures should it choose to do so.

4. Class 4A – Desert League and Mountain League

All postseason-eligible schools are permitted to enter team(s) and/or individual(s) in their respective league championship meet. Please note that each league may institute more restrictive qualification procedures should it choose to do so.

5. Class 5A – Northern League and Southern League

All postseason-eligible schools are permitted to enter team(s) and/or individual(s) in their respective league championship meet. Please note that each league may institute more restrictive qualification procedures should it choose to do so.

STATE MEET QUALIFYING

1. ***Class 2A (includes 1A schools)***

- A. Team – The top three (3) teams from the Northern Region meet and the top three (3) teams from the Southern Region meet advance to the six (6)-team Class 2A state championship meet.
- B. Individual – The top seven (7) individuals from teams that did not qualify for the state meet in the Northern Region meet and the top seven (7) individuals from teams that did not qualify for the state meet in the Southern Region meet also advance to the Class 2A state meet.

Class 2A amended scoring format (same to be used in state meet):

The Class 2A will score a team's first four (4) finishers and have the fifth, sixth and seventh finishers serve to displace other teams' scores.

2. ***Class 3A***

- A. Team – The top four (4) teams from the Northern League meet and the top four (4) teams from the Southern League meet advance to the eight (8)-team Class 3A state championship meet.
- B. Individual – The top seven (7) individuals from teams that did not qualify for the state meet in the Northern Region meet and the top seven (7) individuals from teams that did not qualify for the state meet in the Southern Region meet also advance to the Class 3A state meet.

3. ***Class 4A***

- A. Team – The top four (4) teams from the Desert League meet and the top four (4) teams from the Mountain League meet advance to the eight (8)-team Class 4A state championship meet.
- B. Individual – The top seven (7) individuals from teams that did not qualify for the state meet in the Desert League meet and the top seven (7) individuals from teams that did not qualify for the state meet in the Mountain League meet also advance to the Class 4A state meet.

4. Class 5A

- A. Team – The top five (5) teams from the Northern League meet and the top five (5) teams from the Southern League meet advance to the ten (10)-team Class 5A state championship meet.
- B. Individual – The top seven (7) individuals from teams that did not qualify for the state meet in the Northern League meet and the top seven (7) individuals from teams that did not qualify for the state meet in the Southern League meet also advance to the Class 5A state meet.

AWARDS

The first place team(s) in each division race will receive a NIAA trophy. Medals will be awarded to the top seven (7) individual finishers in each division race.

REPLACEMENT OF A STATE QUALIFIER (team & individual)

A qualifying individual who is unable to participate in the state meet due to injury, illness, ineligibility or other justified occurrence may be replaced **if notification is given to the NIAA by 3 p.m. on the Monday immediately preceding the state meet. Notification that a qualifier will not be able to compete should be in writing by a school administrator to NIAA Assistant Director Bartt Davis (niaarecords@gmail.com).**

The next placer from the same classification and league/region would be invited to fill the vacated position. If there is not a next available placer from that league/region, the next placer from the other region would be advanced. All notification of changes to individual qualifiers must be made through the NIAA office. If notification is received after the 3 p.m. Monday deadline, the individual unable to compete will not be replaced.

GENERAL MEET INFORMATION

**** Entries are due by 8 p.m. on Monday, October 27 on nv.milesplit.com. Teams will be limited to seven (7) competitors during the race, but up to three (3) alternates may be listed on the entry form. This is a computer-generated cutoff time / deadline, so please register early. ****

1. Competitors will be required to use the timing/scoring equipment provided. However, any “photo finishes” (for places) will be determined by a review of the camera.
2. The championship meet will be governed by the National Federation (NFHS) and its cross country rules book. The meet will also follow the rules of the NIAA Handbook, the NIAA Reference Manual, and this meet information packet. This meet information packet is a binding document for the rules and regulations of this meet.
3. Teams will consist of a maximum of seven runners, but only the first five (5) finishers (please see 2A amendment) from a team will be counted in the team score. The scores (finishing places) of the (2A-fifth) sixth and seventh team members (if applicable) will serve to (displace) make the opponent’s score larger. All scoring will be recorded as set in the National Federation rules book. All individuals who qualify as unaffiliated/unattached to a team will be removed from the team scoring process.
4. The length of the course in all league/region and state meets will be approximately 5,000 meters.
5. All team members must wear the same school-approved jersey and shorts. National Federation rules will apply to uniforms and jewelry. Footwear must be used by athletes. Spikes are permitted but not recommended.
6. Protests of running attire must be made before the start of a race. The race will be held up until the Meet Referee makes a ruling.
7. Starting boxes will be drawn by the NIAA office and distributed in the coaches packets on race morning.
8. Spectators will be allowed around the course (not on the course), provided they do not impede the progress of competitors.

9. Athletes and coaches may inspect the course at any time prior to the meet (9:00 - 9:55 a.m.), and during the break between the girls and boys races. However, once a first section race has begun, the course is closed to all persons (except those competing in the race in progress) for the remainder of that gender's races. Meet officials have the authority to disqualify any individual who does not adhere to these course closure regulations.
10. A designated hydration station (self-supplied) will be marked.

UNIVERSAL MEET TIE-BREAKER

The aggregate score of the first five (5) finishers (four finishers for the 2A) for each team shall constitute their team's score. Ties for the championship, runner-up and state qualifying places will be handled in accordance with playoff procedures as written below:

National Federation Rule Book, Rule 9, Section 2, Articles 4 & 5

9-2-4. Ties in team scoring shall be resolved by comparing the sixth-place finishers (fifth place in the 2A) from tying teams. The team with the best sixth- (fifth-) place finisher shall prevail. If one team does not have a sixth-place finisher, the team with the sixth-place finisher shall prevail.

9-2-5. If only five competitors of tying teams finish, the tie shall be resolved by totaling the scores of the first four finishers.

MEET ORGANIZATION, MANAGEMENT AND OPERATIONS

The Games Committee is responsible for the entire meet's management and all information above and beyond what is printed in this meet information packet.

The Jury of Appeals is responsible for the interpretation of all rules, regulations and policies set forth in this information packet and the National Federation rule book.

The NIAA staff and Board of Control will communicate only with the Meet Directors, Meet Organizing Committee, and Jury of Appeals with regards to meet operations.

RULES

National Federation rules will govern the meet unless otherwise stated in this meet information packet. The Jury of Appeals will rule on all protests. The decision(s) of the Jury of Appeals are final. No recourse (to the NIAA office staff or Board of Control) will be permitted after a ruling by the Jury.

PROBLEM PROTOCOL

The head coach should proceed to the clerk / staging area to get in immediate contact with the Meet Referee when a protest situation occurs. Judgment decisions cannot be protested. A three/five-member Jury of Appeals will rule on any protest. The decision of the Jury of Appeals is final.

No recourse (to the NIAA, its staff or Board of Control) of action will be permitted after a ruling by the Jury of Appeals.

RACE DAY REMINDERS

- Protests must be filed within 30 minutes of the completion of a particular race. Protests must reference a specific rule book violation in order to be considered. Judgment calls by designated meet officials are not for protest.
- A maximum of seven (7) runners per team are allowed in races. Teams starting a race with more than seven competitors will be disqualified.
- Competitors will be required to race with the timing equipment provided. “Photo finishes” (for places) will be determined by a review of the camera.
- No warm-ups, coaches, spectators or managers are allowed inside fenced and/or roped areas. Only race assistants, officials, media and in-race competitors will be allowed in those areas.
- Athletes and coaches may inspect the course at any time prior to the meet (9:00 - 9:55 a.m.), and during the break between girls and boys races. However, once a first section race has begun, the course is closed to all persons (except those competing in the race in progress) for the remainder of that gender’s races. Meet officials have the authority to disqualify any individual who does not adhere to these course closure regulations.
- Cutting any part of the course (curves, paths, etc.) to gain an advantage will lead to disqualification.
- Uniform (and jewelry) rules will follow those of the National Federation rule book. Any questioning of uniforms must be done at the starting line.
- Starting box assignments will run left-to-right facing out to the course. All teams must be on the line five minutes prior to the start of the race for a uniform check.