



## **Trauma Focused Abdominal Ultrasound (FAST)**

To provide indications for the performance of an urgent abdominal ultrasound.

1. Indications for FAST:
  - a. Obvious abdominal pain on physical exam
  - b. Significant external findings on the abdominal wall
  - c. Pelvic fracture
  - d. Lower rib fractures
  - e. Lumbar or low thoracic spine fractures
  - f. Unexplained blood loss or shock
  - g. Mechanism of abdominal impact on unresponsive patient
2. The FAST is to be performed with the patient in the supine position.
3. The following areas are to be examined:
  - a. Pericardial area
  - b. Right upper quadrant
  - c. Right thoracic cavity
  - d. Left upper quadrant
  - e. Left thoracic cavity
  - f.* Pelvis

All trauma patients will have a FAST exam performed.