



Trauma Focused Abdominal Ultrasound (FAST)

To provide indications for the performance of an urgent abdominal ultrasound.

1. Indications for FAST:
 - a. Obvious abdominal pain on physical exam
 - b. Significant external findings on the abdominal wall
 - c. Pelvic fracture
 - d. Lower rib fractures
 - e. Lumbar or low thoracic spine fractures
 - f. Unexplained blood loss or shock
 - g. Mechanism of abdominal impact on unresponsive patient
2. The FAST is to be performed with the patient in the supine position.
3. The following areas are to be examined:
 - a. Pericardial area
 - b. Right upper quadrant
 - c. Right thoracic cavity
 - d. Left upper quadrant
 - e. Left thoracic cavity
 - f. Pelvis

All trauma patients will have a FAST exam performed.