

Course Name: Dance Advanced

Course Number: FAR 5020

Brief Course Overview: Dance Advanced is a yearlong course aiming to assist the student with refining and mastering skills, with emphasis on physical and advanced artistic awareness. The course explores the dance elements of body, space, time and force/energy as they connect to technical proficiency with particular emphasis on components of muscular strength, endurance, and flexibility. The course also focuses on improvisation, expression, and creativity as it relates to dance beyond the intermediate level. Students are exposed to various forms and styles of dance including ballet, contemporary, hip-hop, jazz, lyrical, modern, and musical theatre and more. All dancers take part in the end-of-year Spring Dance Recital.

*Dance Class Fee (During the School Day): One yearly fee of \$1990 will be billed over 10 months (August – May) to the student's NBPS family account. This fee includes one recital costume. Students are expected to perform in the end of year recital. Additional out of pocket expenses: class attire and dance shoes. **Fee subject to change.***

Main Topics of Study:

- Body/Anatomy
- Movement Skills
- Elements of Dance
- Performance Values
- Choreography
- Dance Terminology

What are the Enduring Understandings of the course?

- Demonstrate fluency in using a variety of strategies for creating movement ideas (exploring), designing and choreographing dance structures
- Demonstrate a personal voice in communicating the artistic intent of an original dance (personal, social, philosophical, or cultural)
- Demonstrate the evaluation process through refining, revising and reflecting on their work to communicate a clear meaning
- Demonstrate changes in dynamics, rhythm, phrasing, and musicality

What are the Essential Questions of the course?

- What is dance?
- What is technique?
- How does technique contribute to the overall work?
- How will you demonstrate the critical and analytical thinking skills in the artistic response to dance?
- How do you express your ideas, experiences, feelings and images in original and artistic dance?

Prerequisites: Teacher recommendation

Course Length: Year

Meets NBPS Graduation Requirement? Yes - Fine Arts or PE

Included in Bright Futures GPA calculation? No

Included in NBPS GPA? Yes for Class of 2027 and Arts Academy Students Only

NCAA Core Class? No

State University Core Class? No