



Teen L.I.F.E Coach

Reports to: Team Supervisor

Status: Full Time, Hourly

Pay: \$19+ DOE per hour

Revised: 5/2026

Impact Statement:

I have the privilege of transforming young lives through the power of relationship-based teaching in a home-like setting. Every day, I provide not just care, but unwavering support, guidance, and hope to students who need it most; helping them heal, grow, and build a brighter future. My role is essential in turning everyday moments into meaningful progress.

Primary Responsibilities and Duties:

1. Student Supervision and Safety

- a. Maintain active supervision of students to ensure physical and emotional safety at all times
- b. Conduct regular safety checks outlined in Alpine Academy's policies and remain alert to student needs and home dynamics.
- c. Respond to escalating behaviors with trained interventions to maintain a safe and supportive environment.
- d. Ensure all safety protocols are followed, including secure storage of medications, hazardous products, and cleaning supplies. Maintain required licenses and certifications (e.g., Food Handlers, emergency response), and demonstrate competence in emergency and risk management procedures.

1. Therapeutic Teaching and Coaching

1. Deliver effective praise, preventive and corrective teaching using the Teaching-Family Model.
2. Provide students with daily opportunities to practice emotional regulation, social interaction, problem solving, and decision-making.
3. Engage in role-playing, skill-building conversations, and feedback loops to promote student growth.

2. Treatment Plan Implementation

1. Actively implement student treatment skills, goals, protocols, and behavior plans.
2. Participate in team discussions and integrate student-specific strategies into daily routines.
3. Document student progress, feedback, and incidents clearly and promptly.
4. Administer prescription and OTC medications to clients following Alpine's Medication Administration protocols

This job description is intended to outline the general nature and level of work being performed by individuals assigned to this position. It is not intended to be a comprehensive inventory of all duties and responsibilities required. Employees may be required to perform other duties as assigned by management or as business needs necessitate.



3. Relationship Building and Emotional Support

1. Build meaningful, trauma-informed relationships with students based on consistency and empathy.
2. Offer individualized support and mentorship that encourages healing and trust.
3. Recognize and reinforce student progress through accountability and boundaries.

4. Daily Living and Household Responsibilities

1. Support students in daily routines including hygiene, meals, chores, recreation, and bedtime.
2. Model and teach personal responsibility and healthy living habits.
3. Maintain a clean, organized, and welcoming home environment.

5. Professional Development and Collaboration

1. Engage in ongoing training, supervision, and professional development including certification in the Teaching-Family Model.
2. Participate in staff meetings, home team meetings, and ongoing coaching.
3. Uphold ethical and professional standards in all student interactions and documentation.

6. Other Duties as Assigned

1. Adapt to the evolving needs of students and the treatment environment with flexibility and initiative.

Education, Knowledge, Skills, and Abilities Required to Perform the Job:

- Customer service orientation with a focus on client satisfaction
- Active listening skills to understand concerns and address them in a professional manner
- Ability to build rapport and establish trust with clients, colleagues, and stakeholders
- Conflict resolution skills to address interpersonal issues constructively
- Team Collaboration skills to work effectively in group settings
- Skill in maintaining professionalism and composure under pressure
- Adaptability to thrive in a dynamic and changing work environment
- Physical ability to climb stairs, actively monitor youth, participate in physical activity
- Physical ability to perform restraints and CPR
- Ability to anticipate student and family needs and provide proactive solutions
- Empathy and compassion in addressing concerns
- Ability to write and communicate in a professional manner
- Proficiency in using Microsoft, Google, and CRM software

Qualifications:

- Pass Background Check with a Residential Treatment level of clearance at all times

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- Maintain a clean Motor Vehicle record and a valid Utah Drivers License
- Must be at least 21 years of age
- High School Diploma or equivalent education

Success Outcomes:

- Students experience a consistent, structured environment that fosters trust, emotional safety, and a sense of belonging- laying the foundation for lasting behavioral and emotional growth.
- Teaching interactions are delivered with intention and timeliness, helping students build and apply life skills in real time and make meaningful progress toward treatment goals.
- Relationships built with students are rooted in empathy and accountability, reinforcing their capacity for connection, resilience, and healthy decision-making.
- I embrace professional growth and feedback, achieving Teaching-Family Model certification and consistently demonstrating alignment with our mission and values.
- The home functions as a high-performing team environment, where clear communication, shared standards, and reliable leadership contribute to stability for students and staff alike.