



## *NeuroChange Pathway to Transformation*

This multidisciplinary and research-based model draws from over 50 disciplines, models, and areas of study, including neuroscience, psychology, executive coaching, leadership, business, social sciences, and theology.

### **Neuroscience Related:**

1. *Interpersonal Neurobiology* (Dan Siegel)
2. *Affective Neuroscience* (Jaak Panskeep)
3. *Memory Reconsolidation* (Bruce Ecker, Richard Lane)
4. *Polyvagal Theory* (Stephen Porges, Deb Dana)
5. *Mentalization Research* (Peter Fonagy)
6. *Emotional Regulation Theory* (Allan Schore)
7. *Infant Observation* (Daniel Stern)
8. *Attachment-Based Research* (John Bowlby)
9. *Emotion Theory* (Silvan Tomkins, Paul Ekman)
10. *Traumatology*
11. *Personality Neuroscience*
12. *Clinical Neuroscience*
13. *Experimental Neuropsychology*
14. *Neuropsychiatry*
15. *NeuroPsychoanalysis*
16. *Behavioral Neurology*
17. *Cognitive Neuroscience*
18. *Information Processing Memory*
19. *Genetics*
20. *Complex Systems*
21. *Anthropology*

### **Psychology and Counseling Related**

22. *Attachment Psychotherapy* (David Winnicott, David Wallin)
23. *Emotion-Focused Therapy* (Les Greenberg, Susan Johnson)
24. *Accelerated Experiential Dynamic Psychotherapy* (Diana Fosha)
25. *Gestalt Therapy* (Fritz Perls)
26. *Experiential Counseling Theories*
27. *Evidence-Based Psychodynamic Therapies* (Otto Kernberg)
28. *Psychoanalytic Self-Psychology* (Heinz Kohut)
29. *Relational Psychoanalysis* (Stephen Mitchell, Philip Bromberg, Jeremy Safran)
30. *Narrative Therapy*
31. *Intersubjective Theory* (Robert Stolorow, George Atwood, Jessica Benjamin)
32. *NeuroAffective Relational Model* (Brad Kammer, Laurence Heller)
33. *Short-Term Psychodynamic Psychotherapy*
34. *Sensorimotor Psychotherapy* (Allan Schore)
35. *Internal Family Systems* (Richard Schwartz)
36. *Gottman Method for Marriage* (John and Julie Gottman)
37. *Positive Psychology*



- 38. *Child Development*
- 39. *Social Learning Theory*
- 40. *Social Psychology*

### **Business, Leadership, Coaching**

- 41. *NeuroCoaching*
- 42. *NeuroLeadership*
- 43. *Organizational Leadership*
- 44. *Organizational Health*
- 45. *Leadership Studies*
- 46. *Emotional Intelligence Research*
- 47. *Positive Intelligence*
- 48. *Performance Research*
- 49. *Strengths-Based Approach*
- 50. *Working Genius*
- 51. *Human Resources Management*

### **Social Sciences**

- 52. *Communication Theory*
- 53. *Experiential Learning Theory*
- 54. *Cultural Anthropology*
- 55. *Sociology*
- 56. *Economics*
- 57. *Health & Wellness*
- 58. *Evolution and Creationism*

### **Theology**

- 59. *NeuroTheology*
- 60. *Neuroscience & Religion*
- 61. *Psychology of Religion*
- 62. *Integration of Christianity & Psychology*
- 63. *New Testament Studies*
- 64. *Old Testament Studies*
- 65. *Systematic Theology*