



### *NeuroChange Pathway to Transformation*

This multidisciplinary and research-based model draws from over 50 disciplines, models, and areas of study, including neuroscience, psychology, executive coaching, leadership, business, social sciences, and theology.

#### **Neuroscience Related:**

1. ***Interpersonal Neurobiology*** (Dan Siegel)
2. ***Affective Neuroscience*** (Jaak Panskeep)
3. ***Memory Reconsolidation*** (Bruce Ecker, Richard Lane)
4. ***Polyvagal Theory*** (Stephen Porges, Deb Dana)
5. ***Mentalization Research*** (Peter Fonagy)
6. ***Emotional Regulation Theory*** (Allan Schore)
7. ***Infant Observation*** (Daniel Stern)
8. ***Attachment-Based Research*** (John Bowlby)
9. ***Emotion Theory*** (Silvan Tomkins, Paul Ekman)
10. ***Traumatology***
11. ***Personality Neuroscience***
12. ***Clinical Neuroscience***
13. ***Experimental Neuropsychology***
14. ***Neuropsychiatry***
15. ***NeuroPsychoanalysis***
16. ***Behavioral Neurology***
17. ***Cognitive Neuroscience***
18. ***Information Processing Memory***
19. ***Genetics***
20. ***Complex Systems***
21. ***Anthropology***

#### **Psychology and Counseling Related**

22. ***Attachment Psychotherapy*** (David Winnicott, David Wallin)
23. ***Emotion-Focused Therapy*** (Les Greenberg, Susan Johnson)
24. ***Accelerated Experiential Dynamic Psychotherapy*** (Diana Fosha)
25. ***Gestalt Therapy*** (Fritz Perls)
26. ***Experiential Counseling Theories***
27. ***Evidence-Based Psychodynamic Therapies*** (Otto Kernberg)
28. ***Psychoanalytic Self-Psychology*** (Heinz Kohut)
29. ***Relational Psychoanalysis*** (Stephen Mitchell, Philip Bromberg, Jeremy Safran)
30. ***Narrative Therapy***
31. ***Intersubjective Theory*** (Robert Stolorow, George Atwood, Jessica Benjamin)
32. ***NeuroAffective Relational Model*** (Brad Kammer, Laurence Heller)
33. ***Short-Term Psychodynamic Psychotherapy***
34. ***Sensorimotor Psychotherapy*** (Allan Schore)
35. ***Internal Family Systems*** (Richard Schwartz)
36. ***Gottman Method for Marriage*** (John and Julie Gottman)
37. ***Positive Psychology***



- 38. *Child Development*
- 39. *Social Learning Theory*
- 40. *Social Psychology*

#### Business, Leadership, Coaching

- 41. *NeuroCoaching*
- 42. *NeuroLeadership*
- 43. *Organizational Leadership*
- 44. *Organizational Health*
- 45. *Leadership Studies*
- 46. *Emotional Intelligence Research*
- 47. *Positive Intelligence*
- 48. *Performance Research*
- 49. *Strengths-Based Approach*
- 50. *Working Genius*
- 51. *Human Resources Management*

#### Social Sciences

- 52. *Communication Theory*
- 53. *Experiential Learning Theory*
- 54. *Cultural Anthropology*
- 55. *Sociology*
- 56. *Economics*
- 57. *Health & Wellness*
- 58. *Evolution and Creationism*

#### Theology

- 59. *NeuroTheology*
- 60. *Neuroscience & Religion*
- 61. *Psychology of Religion*
- 62. *Integration of Christianity & Psychology*
- 63. *New Testament Studies*
- 64. *Old Testament Studies*
- 65. *Systematic Theology*