

# MCATBros Mock Medical School Application for TMDSAS Applicants

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## Introduction

Please fill this out for your records throughout your journey and/or before the application opens so you can have everything organized for when you decide to apply for medical school. Please also feel free to share this tracker with your mentor, pre-med advisor (if they're willing to accept it and/or you trust them with it), with us ([mcatbros@gmail.com](mailto:mcatbros@gmail.com)) if you would like, and with yourself as well.

The goal should be to have this completely finalized by March of your application year (which is a bit over one year before you plan to matriculate into medical school). This goal allows you to spend a few months gaining feedback and perfect everything from various sources. It also allows you to meet your pre-health committee's deadline (which will require much of what this document contains if you have one) and provide information to your letter writers before writing your letter. To help you accomplish this goal, the optimal goal should be to take the MCAT by January of the year you apply (obviously, later is okay, but this is OPTIMAL to plan for even though you may hear otherwise from other places).

***MCATBROS Mission & Purpose of this Document: MCATBROS' mission is to make the premedical & MCAT journey more productive with information and guidance and allow***

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***students to achieve their goals. We believe this centralized mock application system & premedical tracker will enable students to do just that.***

We created this document to allow students to begin working on critical components of their application before they officially open. This document outlines general guidelines and descriptions, and character limits for the many essays you will have to write for your medical school application with the information sourced from that particular application system company. Over time we will be adding more tips and advice to this document to help you along with your premedical journey. We believe in “DOING” rather than “reading about doing,” and as a result, we think the exercise of trying to fill this out will illuminate your application piece by piece and allow you to seek guidance (if/when you need it).

*Please make a copy to edit it yourself AND keep this bookmarked to see future changes.*

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***OUR MOCK APPLICATIONS ARE AVAILABLE FOR FREE, BUT WE DO NOT WANT TO DISTRIBUTE THEM BECAUSE WE DO MAKE UPDATES TO THEM. You can find the most up-to-date version on our website, [MCATBros.com](http://MCATBros.com). You can direct your friends to download a copy here.***

***For other valuable MCAT and medical school-related resources and tools, check out our [Free Resources](#) page on our website [MCATBros.com](http://MCATBros.com). Here you can find easy access to resources such as our famous 300-page Psychology and Sociology Content Review Notes!***

Please fill out this Form to Receive This Document and stay updated on our FREE MCAT & Application Advice:

[https://docs.google.com/forms/d/e/1FAIpQLScR1XR5S\\_k5Y\\_DVzX5mbJ8NJ80nF-7nIN1oCb9nu9HrKzLIJw/viewform](https://docs.google.com/forms/d/e/1FAIpQLScR1XR5S_k5Y_DVzX5mbJ8NJ80nF-7nIN1oCb9nu9HrKzLIJw/viewform) (Signing up means you will be the first to know about a cool feature we are going to be releasing soon!). You can also ask students to DM us @mcatbros to receive this planner.

Have questions? Did you know you can get FREE help on our Facebook group: [www.facebook.com/groups/mcatbros](https://www.facebook.com/groups/mcatbros) regarding any aspect of your pre-med journey or DM us at @mcatbros for our Pre Med advising team (FREE)! We also have subsection groups at: [www.mcatbros.com/telegram](https://www.mcatbros.com/telegram)

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## **TMDSAS Submission and Deadlines**

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

The Texas Medical and Dental Schools Application Service (TMDSAS) is the central organization through which participating member institutions in Texas unite to foster the success of aspiring dentists, physicians, and veterinarians. TMDSAS achieves this through leadership, personalized support, education, and communication. We simplify the application process for both the applicants and the participating schools by providing ONE standardized application. The participating schools design the questions on the application and therefore receive uniform information on all applicants.

Participating medical schools:

- Baylor College of Medicine
- Long School of Medicine at UT Health San Antonio
  - McGovern Medical School at UT Health Houston
- Sam Houston State University College of Osteopathic Medicine
  - Texas A&M University College of Medicine
- Texas Tech University Health Sciences Center El Paso, Paul L. Foster School of Medicine
  - Texas Tech University Health Sciences Center School of Medicine in Lubbock
    - University of Houston College of Medicine
- University of North Texas Health Science Center, Texas College of Osteopathic Medicine
  - The University of Texas at Austin, Dell Medical School
  - The University of Texas Medical Branch at Galveston
  - The University of Texas Rio Grande Valley School of Medicine
  - The University of Texas Southwestern Medical School

## Getting Through the TMDSAS Application Like a Champ!

1

### What's the best way to make sure you get everything done on time? Start early!

Do not wait until the last minute to submit the TMDSAS Application. Develop a timeline in advance, taking into account deadlines plus your unique set of circumstances. Then use your time wisely to complete your application and submit it in a timely manner.

2

### Be Prepared

The application is lengthy and requires planning to ensure that you submit one that best conveys who you are. Having the following items ready to go before you start the application will ensure that you submit the best application possible:

- Copy of transcript from every college attended to complete the [College Coursework] section
- Dates and hours of employment, community service, research, leadership, and health-care activities
- Dates that DAT/MCAT exams were taken or will be taken
- Contact information for your evaluators

3

### Quality Matters

Although you may be tempted to rush through the application process, remember that the quality of the items you submit will make a difference. During review, the schools consider every factor that has contributed to your academic and personal achievements. Every item entered on the application will be considered and compared to others in that same group. Therefore, the quality of your application may be the thing that makes you stand out from the crowd, and that results in getting the decision you're looking for.

4

### Tech Tip

Do not use the "back" button while completing the application.

Using the navigation buttons and features of your browser will likely cause errors and other unpredictable behavior. Instead, use the application's internal navigational features to move from section to section. Also, avoid losing data by saving each section of the application. It is especially important to do this frequently when completing the lengthy sections on the application, as the app can time out.

5

### Deadlines

Do not be tardy for the party! Submit your Letters of Evaluation and Test Scores as soon as possible to avoid delaying the review of your application by the schools.

During peak periods, TMDSAS can receive hundreds of supporting documents by mail each day. We process these documents as they arrive, but it may take several days for an item to be processed, uploaded into the system, and appear on your [Status] page.

Be patient and check your [Status] page regularly. Given the number of applications TMDSAS receives, we cannot verify the receipt of supporting documents by phone or email.

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

TMDSAS has released a detailed handbook outlining everything you need to know about applying via TMDSAS. To view, visit this link, <https://tmdsas.com/ApplicationHandbook.pdf>. They release a new version for every application cycle, thus if you want a detailed checklist for the application cycle you are applying during, go to [TMDSAS.com](https://tmdsas.com) and view their updated Application Handbook.

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## Institutional Action Essays

*(Yes/No) Has your education ever been interrupted for any reason?*

**Education Interruption Essay (600 characters, including spaces)**

*(Yes/No) Were you ever the recipient of any action by any college or professional school for unacceptable academic performance?*

**Academic Performance Action Essay (600 characters, including spaces)**

*(Yes/No) Were you ever the recipient of any action by any college or professional school for conduct violations?*

**Conduct Violation Essay (600 characters, including spaces)**

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

*(Yes/No) Have you ever been sanctioned or received disciplinary action by a State Licensure Board of any kind (i.e., nursing, pharmacy, legal, etc.)?*

**Licensure Revoked Essay (600 characters, including spaces)**

*(Yes/No) Are you currently under charge or have you ever been convicted of a felony or misdemeanor, or have you ever received a felony or misdemeanor deferred adjudication?*

**Felony or Misdemeanor Essay (600 characters, including spaces)**

## Mini-Essays

*Describe how your military experience prepared you for a career as a healthcare provider*

**Military Experience Essay (1000 characters, including spaces)**

*Have you ever been arrested or charged with any violation of the law regardless of outcome?*

**Arrested Essay (600 characters, including spaces)**

*Non Traditional Essay*

**Describe the factors that have defined you as a non-traditional candidate and how they impact your application (1000 characters, including spaces)**

## Activities

It is important to note that your [Activities] will be automatically built from the information you enter in all other sections of the application. Your chronology MUST account for all time between high school graduation and to when you are planning to matriculate into medical school; therefore, you must account for this time period in all the subsections of the [Employment & Activities] section.

Select the activity category that best describes each of your experiences. The character count is limited to 300 (including spaces) for all activity descriptions. Note: for all current activities, you will only be able to add activities up through the application deadline. Any activities beyond this range must be entered again in the [Planned Activities] section.

**When Activities Might Qualify for More Than One Section:** There are a few exceptions. Healthcare and employment activities may be listed in both categories if the experience was a paid position. Additionally, any activity that also results in a leadership role may be listed in both of those categories. We understand that it may be difficult to decide under which category to list your activities. However, this is an opportunity to show the schools how your experiences have shaped and prepared you for professional school. Use this moment to highlight the value and lessons gained from your activities as you see fit.

Unlike AMCAS, TMDSAS does not have a limit to the number of experiences you can list in your application (For reference, AMCAS only allows for a max of 15 experiences to be listed in their Work and Activities Section)

### Types of Activities:

- **Academic Recognition:** List academic honors, awards, and other recognitions received since beginning college.
  - **Non-Academic Recognition:** List non-academic honors, awards, and other recognitions received since beginning college.
- **Leadership:** List all jobs (paid work experience) held since graduating from high school, including military service. Paid healthcare activities may be listed here in addition to the healthcare activities section.
- **Employment:** List all jobs (paid work experience) held since graduating from high school, including military service. Paid healthcare activities may be listed here in addition to the healthcare activities section.
- **Research Activities:** List any significant research activities (paid or volunteer) you have participated in since graduating high school. (Veterinary applicants should list activities since beginning high school.)
- **Healthcare Activities:** List all direct healthcare-related activities you have participated in since graduating high school. For example, these may include: shadowing, scribing, clinical research, serving or working as a patient care tech, a nurse, and any direct

observation or participation in patient care in a clinic, hospital, or with a physician or dentist.

- **Community Service:** List any non-healthcare-related community service or volunteer activities you have participated in since beginning college. (Veterinary applicants should list activities since beginning high school.)
- **Extracurricular Activities:** List any significant extracurricular, leisure activities, or hobbies you have participated in since beginning college. (Veterinary applicants should list activities since beginning high school.)
- **Top Meaningful Activities:** Here you will talk about which of your previously listed activities (from each of the [Activities] sections) were most meaningful and why. You are required to identify the most meaningful activity and may list up to three total (500 character limit, each entry). These should only be activities that have been completed or are on-going. Do not include activities with a future start date.
- **Planned Activities:** Indicate future activities you plan on participating in between the application deadline and August 2024. This should include any future employment as well as any future research, healthcare, community service, or extracurricular activities.

<b>Experience Name:</b>	Enter the name of the experience or the title you held during the experience. If the experience has no explicit name, select a name that you feel best describes the experience.
<b>Experience Type:</b>	There will be a drop down list to select from. Pick the Experience Type that best represents the experience you wish to include.
<b>Organization Name:</b>	Enter the name of the organization where the experience occurred.
<b>City/State/Country:</b>	Select the country and state/province where the experience occurred, in addition to entering the name of the city in which the organization is located or where most of your time was spent during the experience.
<b>Contact Person Name &amp; Title:</b>	Enter the information (title and first and last names) for a person whom medical schools may contact to verify that the experience occurred. For example, you may enter your supervisor or the individual in charge of a particular program. If the experience was a student-organized group and there is no advisor, you may list a staff member in the Student Affairs/Activities Office who can verify your experience

\*Note on character count: Spaces are counted as characters in the TMDSAS portal\*

<b>Contact Person Phone and Email:</b>	You are required to provide a phone number and/or email address for the contact person. If a contact is not known, you may enter the name of a person who can verify your participation, including yourself
<b>Start and End Date(s) (can add multiple as needed):</b>	Include the start and end dates for each experience. Some Experience Types, such as Awards, Presentations/Posters, and Publications, require only one date. Given that medical schools want information about experiences that began before application submission, your start date must be the current month or earlier. Similarly, medical schools require the experience end date to coincide with the start of medical school; therefore, the latest end date is August of the current application cycle.
<b>Total Hours (List total hours per date):</b>	<p>Enter the total number of hours that you completed (or expect to complete) for the experience during the date range you indicated. If you have a nontraditional schedule, use the Experience Description field for any explanation.</p> <p>If you participated in an experience more than once, select Yes under the Repeated field for that particular entry. You may enter up to three additional date ranges; you must include the number of hours completed for each of those date ranges.</p> <p>You may enter zero (0) hours for publications for Honors/Awards/Recognitions entries. Use the description to provide more information about the nature of the award or the number of times you earned it.</p>

*Experience #1:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #2:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

\*Note on character count: Spaces are counted as characters in the TMDSAS portal\*

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #3:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #4:*

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #5:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	

\*Note on character count: Spaces are counted as characters in the TMDSAS portal\*

<b>Total Hours (List total hours per date):</b>	
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Experience Description (300 characters, with spaces):

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Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

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*Experience #6:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

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Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

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*Experience #7:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

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Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

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*Experience #8:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	

\*Note on character count: Spaces are counted as characters in the TMDSAS portal\*

<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #9:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #10:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #11:*

<b>Experience Name:</b>	
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**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #12:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #13:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

*Experience #14:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #15:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #16:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #17:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #18:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #19:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #20:*

<b>Experience Name:</b>	
<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

*Experience #X: Copy and paste if you have more than 20 activities*

<b>Experience Name:</b>	
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\*Note on character count: Spaces are counted as characters in the TMDSAS portal\*

<b>Experience Type:</b>	
<b>Organization Name:</b>	
<b>City/State/Country:</b>	
<b>Contact Person Name &amp; Title:</b>	
<b>Contact Person Phone and Email:</b>	
<b>Start and End Date(s) (can add multiple as needed):</b>	
<b>Total Hours (List total hours per date):</b>	

Experience Description (300 characters, with spaces):

Most Meaningful Description (500 characters, with spaces) (Only if Most Meaningful, for up to 3 activities)::

## Personal Statement and Other Essays

You are required to submit an essay in the Personal Comments Essay section.

Consider and write your Personal Comments Essay carefully; many admissions committees place significant weight on the essay. Here are some questions that you may want to consider while writing the essay:

- Why have you selected the field of medicine?
- What motivates you to learn more about medicine?
- What do you want medical schools to know about you that has not been disclosed in other sections of the application?

In addition, you may wish to include information such as:

- Unique hardships, challenges, or obstacles that may have influenced your educational pursuits.
- Comments on significant fluctuations in your academic record that are not explained elsewhere in your application.

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

**Personal Statement (5,000 characters):**

**Personal Characteristics: Required of All Applicants (2,500 characters)**

Learning from others is enhanced in educational settings that include individuals from diverse backgrounds and experiences. Please describe your personal characteristics (background, talents, skills, etc.) or experiences that would add to the educational experience of others.

**Optional Essay – There is One Optional Essay Available for All Applicants**

The optional essay is an opportunity to provide the admissions committee(s) with a broader picture of who you are as an applicant. The essay is optional; however, you are strongly encouraged to take advantage of this opportunity.

**Prompt: Briefly discuss any unique circumstances or life experiences that are relevant to your application, which have not previously been presented**

**DO/PhD & MD/PhD Program Essays: (Each essay is limited to 5,000 characters)**

- 1. Explain your motivation to seek a MD/PhD or DO/PhD dual degree. Discuss your research interests and career goals as an applicant to a dual degree program.**

- 2. Describe your significant research experiences. Include the name and title of your research mentor as well as your contributions to the project. List any publications that have resulted from your work.**

\*Note on character count: Spaces are counted as characters in the TMDSAS portal\*

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## Letters of Evaluation

Three individual letters of evaluation OR one Health Professions Committee Letter/Packet.  
Option to submit one additional letter.

Letters of Evaluation must include:

- Official Letterhead - personal or professional letterhead is accepted
- Contact information of evaluator – telephone number and/or email address
  - Applicant name
  - Signature of evaluator
- Letter must be dated. Admissions committees will take the date of the letter into consideration during review, with a strong preference for letters written after May 1, 2020.
  - Letter must be written in English

### ***How to Submit your HP Committee Packet to TMDSAS:***

One important note: Unlike with individual letters, automatic email notifications are not sent out to advisors regarding HP Packets. Make sure that you contact your advisor after you've completed this section of the application.

Your HP office can deliver your committee packet several ways:

**Method 1:** They can upload the packet directly to your application using the TMDSAS Advisor Portal.

**Method 2:** They can deliver the packet to TMDSAS electronically using either Virtual Evals or Interfolio.

**Method 3:** They can mail the packet to TMDSAS.

### ***Delivering Individual Letters to TMDSAS:***

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

There are three ways individual letters can be submitted to TMDSAS.

**Method 1:** Evaluator can upload the letter directly to TMDSAS via TMDSAS Evaluator Portal:

- Applicant provides evaluator's name and email address in the [Letters of Evaluation] section.
- Once evaluator's name and email are provided, the evaluator receives an email from TMDSAS directing them to the TMDSAS Evaluator Portal.
- Contact your evaluator to ensure that he/she/they received the email from TMDSAS. › Evaluator will follow instructions provided for submitting the letter of evaluation.
- A confirmation email will be sent once the letter has been successfully uploaded.

**Method 2:** You may deliver letters electronically through Interfolio:

- Applicant contacts evaluator and requests that they upload their letter of evaluation to applicant's Interfolio account. Make sure your TMDSAS ID is on your Interfolio profile and that your name is on your letter(s) so that they are matched to your application properly.
  - Applicant enters evaluator name in [Letters of Evaluation] section.
- Applicant initiates letter delivery from Interfolio to TMDSAS. (NOTE: Letters submitted through Interfolio are not automatically uploaded into the TMDSAS portal. Please allow 7-10 business days for letters to be processed and approved; expect longer wait times during peak season.)
  - Review Interfolio's help page on sending your letters to TMDSAS.

**Method 3:** Evaluator can mail the letter to TMDSAS through regular mail:

- Applicant enters evaluator name in [Letters of Evaluation] section.
- Applicant notifies evaluator to mail in letter to TMDSAS. Make sure your name and TMDSAS ID are on your letter(s) so that they are matched to your application properly.

#### Types of Letters:

Each letter type is considered one letter entry, regardless of the actual number of letters it contains.

1. Committee Letter: A letter authored by a prehealth committee or pre-health advisor and intended to represent your institution's evaluation of you. A Committee Letter may or may not include additional letters written in support of your application. The Committee Letter is sometimes called a Composite Letter.
2. Letter Packet: A packet or set of letters assembled and distributed by your institution, often by the institution's career center. A Letter Packet may include a cover sheet from your prehealth committee or advisor; however, in contrast to a Committee Letter, a Letter Packet does not include an evaluative letter from your prehealth committee or advisor.
3. Individual Letter: A letter written by, and representing, a single letter author. If you have already included an Individual Letter within either a Committee Letter or Letter Packet, you do not need to add a separate entry for that letter.

**\*Note on character count: Spaces are counted as characters in the TMDSAS portal\***

Type of Letter (Committee, Letter Packet, Individual Letter)	Name of Letter Writer	Date of Letter Request	Status of Letter (Completed, In Progress, Request not sent)	Marked as Received on TMDSAS?
1.				
2.				
3.				