

Self-Administration of Asthma and Anaphylaxis Medications

Asthma is an inflammatory disease of the respiratory tract. Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment and follow-up care by an allergist/immunologist.

Students with asthma or anaphylaxis may be afforded the opportunity to self-administer prescribed medications. The student's parent/guardian shall submit a written request and other documentation required by the cooperative or program administrator. The student's prescribing health care provider must also provide a written treatment plan.

The student shall demonstrate competence to possess and self-administer prescribed medications during ESD 123 sponsored learning opportunities to ESD 123's or cooperating member district's professional registered nurse.

The Superintendent is directed to establish procedures that implement this policy and follow emergency rescue procedures outlined in the most recent edition of AMES: Asthma Management in Educational Settings, in cases of suspected asthma and the emergency rescue procedures outlined in the Office of the Superintendent of Public Instruction's Guidelines for the Care of Students with Anaphylaxis (2009) in cases of suspected anaphylaxis.

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Second Reading: 09/30/21
Adoption: 9/30/21

Reference:

42 U.S.C. 280, Section 399
[Chapter 462, Laws of 2005 Asthma](#)
42 U.S.C. 12212, Section 512
[34 CFR Part 104 Nondiscrimination on the basis of handicap in programs or activities receiving federal financial assistance](#)
[RCW 28A.210.370 Students with asthma.](#)
[RCW 28A.210.380 Anaphylaxis—Policy guidelines—Procedures—Reports.](#)