

#1: Walking

(one pair of goggles)

Directions:

1. Put on the drunk goggles as instructed.
2. Stand at the starting point with your feet together.
3. Slowly turn around **three times** in place.
4. After turning, try to **walk heel-to-toe on the line** until you reach the end.
5. Take your time and focus on staying balanced.
6. When finished, remove the goggles and pass them to the next student.

Safety Reminder: Move slowly, keep your hands ready to catch your balance, and stop immediately if you feel unsteady.



#3: Ring Toss

(one pair of goggles)

Directions: While wearing the drunk goggles, take turns tossing the rings toward the cones.

Extra Challenge: Try to land each ring on a cone that matches the ring's color.



#2: Puzzle or Lacing Cards

Directions: Wearing the drunk goggles, complete ONE of the following:

Puzzle:

- Using the provided timer, complete to puzzle before time runs out.
- Please remove the pieces for the next person.

Lacing Cards:

1. Insert the string through the first hole, from the front of the card to the back.
2. Weave Through: Bring the string back to the front by going through the next hole,
3. Keep threading the string in and out, following the perimeter of the shape
4. When finished, remove the goggles and unlace the card for the next person.



#4: Sorting Station

(one pair of goggles)

Directions: While wearing the drunk goggles, place each shape into the correct opening of the sorting box.



#5: Ball Toss

(one pair of goggles)

Directions: Wearing the drunk goggles, try to catch a tennis ball.

**If you're throwing the ball,
be sure to GENTLY TOSS
UNDERHAND.**



#5: Writing

Directions: Wearing the goggles, try to write the following:

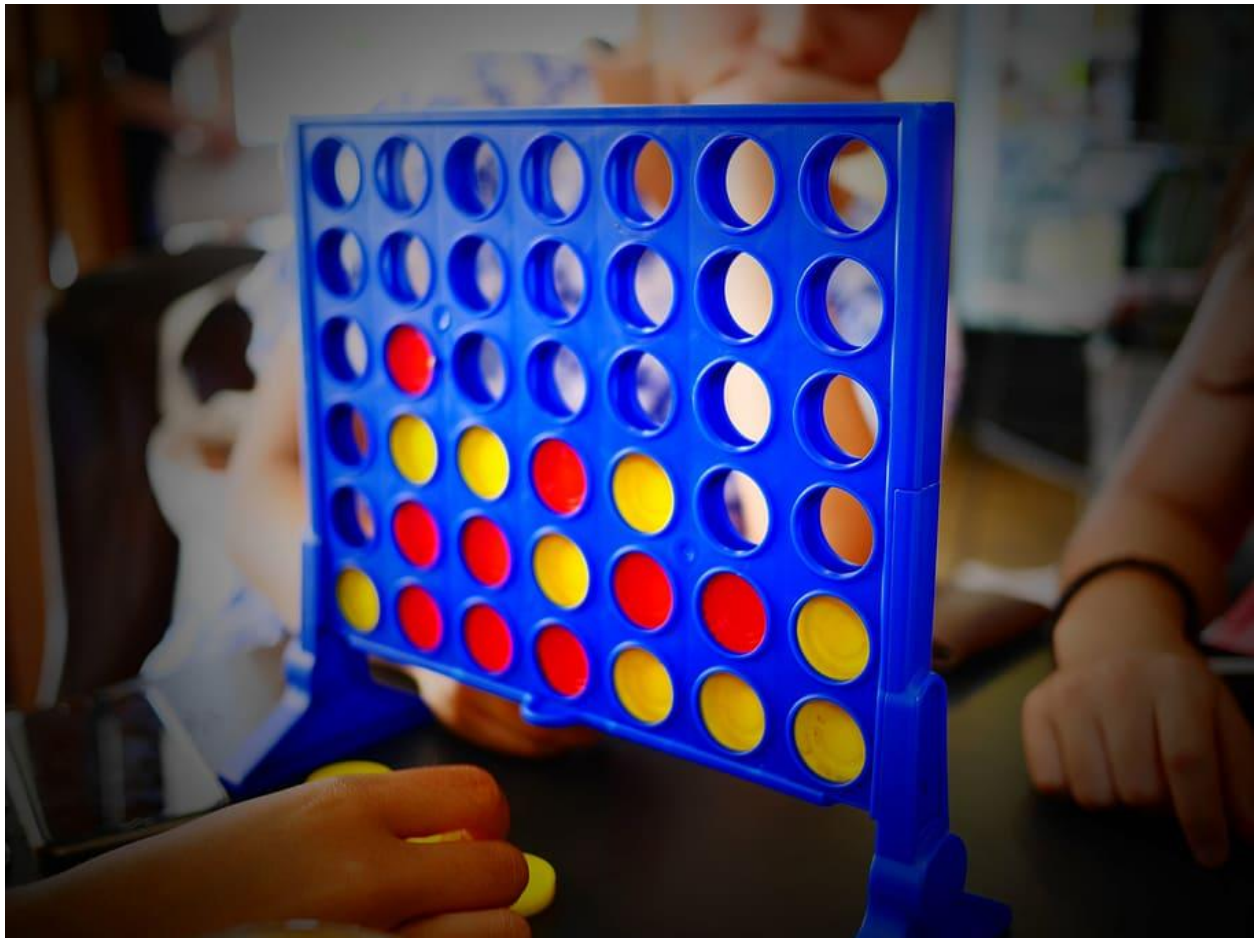
1. **Your first and last name**
2. **Sierra Middle School**
3. **Team Name**



#6: CONNECT FOUR

(two pairs of goggles)

Directions: With another person, play a quick game of Connect Four.



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