



RISE, LEAD, AND THRIVE BY DESIGN NOT BY DEFAULT

Request For Support: **Leadership/Executive Coaching**

Hi [Name],

As you know, one of the aspects I deeply admire about _____ (your organization) is our shared commitment to continuous learning and professional growth. It is this culture of development that has inspired me to seek out opportunities to further enhance my skills and effectiveness in my role. Recently, I have discovered a program that I believe will significantly enhance my leadership, communication, and confidence skills, thereby improving my effectiveness in building relationships, delivering results, and leading people and projects within our organization. I was wondering if you would be willing to support me in this professional development opportunity by covering some or all of the investment for this professional coaching program?

This private leadership coaching program is a four-month one-on-one coaching program uniquely designed for emerging leaders. It aims to empower leads to step into their authentic leadership power so that they can lead with clarity, connection, and confidence. The program is backed by evidence-based strategies that combine leadership development, behavioral psychology, and communication competencies.

The program is structured around three key phases: self-awareness, other awareness, and systems awareness. These phases are designed to help participants understand their core leadership gifts, create a balanced work-life environment, construct a personalized leadership development plan, and implement sustainable changes in their leadership approach.

The benefits of this program are multifaceted. Participants will learn to:

- Embrace their role as a confident leader, leading change with clarity, creativity, and confidence.
- Understand their unique Enneagram type, boosting self-awareness, emotional intelligence, and leadership skills.
- Overcome self-doubt and imposter syndrome, enabling them to meet and exceed organizational goals.
- Develop strategies to achieve work-life balance through energy management and boundary-setting, allowing them to feel more resourceful and empowered.
- Identify their zone of genius and use it to contribute their best talents to the organization.
- Strengthen their intuitive intelligence to make more confident decisions and take action.
- Create sustainable habits that will increase their productivity and help them feel more resourceful, centered, and empowered.
- Advance their career goals, and the organization's goals, one small, brave step at a time.



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Recently, I read an article that [16% of women](#) are given access to a coach at work versus 22% of men. What's particularly fascinating is that studies show [70% of individuals who engage in coaching](#) experience enhancements in performance, relationships, and communication skills, while, [80% report an increase](#) in their overall confidence. I believe that this program will not only benefit me personally but will also have a positive impact on our organization.

I am writing to ask if you would consider supporting me in this professional development opportunity by covering the \$_____ (contract price) investment required to participate in this program. I am confident that the skills and insights I will gain from this program will be invaluable in my current role and future growth within our organization.

Thank you for considering my request. I am more than willing to discuss this further and answer any questions you may have.

Best regards,
[Your Name]



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Meet Coach: Dr. Brandy Stamper



Dr. Brandy Stamper has dedicated over 15 years to higher education, serving as an organizational development and communication teaching professor. Her journey into entrepreneurship began with her role as a research associate and 360 assessment coordinator, where she helped organizations maximize their personnel investment through leadership training and human relations consulting.

As a Leadership and Executive Coach, Dr. Stamper specializes in Neuro-Linguistic Programming (NLP) and Enneagram coaching. She works closely with ambitious leaders in one-on-one and group coaching programs, helping them to lead with clarity, connection, and confidence in their personal and professional lives.

Dr. Stamper is an Associate Teaching Professor and Director of the Professional Studies Program at the University of North Carolina at Charlotte. Holding a doctorate in Educational Leadership, a master's in Communication Studies, and a Bachelor of Arts in I/O Psychology and Organizational Communication—all from UNC Charlotte—Dr. Stamper is a deeply knowledgeable academic and an accredited Executive, Communication, and Success Coach. As a Professional Certified Coach (PCC) with the International Coaching Federation (ICF) and a certified Enneagram practitioner, she brings a specialized toolkit to her diverse coaching and consulting practices.

With over 15 years of experience, Dr. Stamper specializes in executive and leadership coaching, focusing on enhancing leadership effectiveness and organizational communication. She has extensive experience in administering and conducting 360 assessments and debriefs, enabling her to offer nuanced feedback and strategic guidance. Her coaching approach integrates the Enneagram, among other leadership assessments, to significantly enhance relationships within workplaces and communities. This powerful method forms the core of her leadership coaching, tailored for individuals, executives, team facilitators, and business owners, focusing on conflict resolution, strengthening organizational culture, boosting productivity, enhancing communication, and managing stress effectively.

Outside of her professional life, Dr. Stamper enjoys gardening, soaking up the beauty of nature, and is an avid podcast and audiobook listener. She is a proud member of the 5 o'clock club, rising early to exercise both her body and mind through meditation. Her favorite roles are being a wife to Greg and a mother to their two children.