

## SELMA BURKE MIDDLE SCHOOL ATHLETIC INFORMATION FOR 2023 - 2024

Welcome to athletics at Mooresville Middle and Selma Burke Middle Schools.. We are excited for the school year 2023-2024 and the athletic programs that we offer. **Beginning this coming school year 6th graders will be eligible to try out for all sports EXCEPT football.** In this packet you will find very important information on tryout schedules for fall sports, sports offered throughout the year, academic requirements, and enrollment in FinalForms.

### TO PARTICIPATE IN ATHLETICS AT SELMA BURKE MIDDLE SCHOOL:

1. The Mooresville Graded School District's Middle Schools Athletic Department has partnered with **FinalForms**, an online forms and data management service. FinalForms allows you to complete and sign athletic participation forms for your students. The most exciting news is that FinalForms saves data from season-to-season and year-to-year, meaning that you will never need to enter the same information twice! FinalForms also pre-populates information wherever possible, for each of your students, saving you time. You may review your data at any time to verify it is current. You will be required to sign your forms once per year and after any update. This program includes all of the necessary forms you AND your student will need to read and sign for each sport. These include - State required forms, information and signature forms on the Athletic Code of Conduct and the Random Suspicionless Drug Testing Program, Code of Sportsmanship, and Tryout forms for each sport.
2. Click on the Parent Playbook (attached) to get started in FinalForms. If you require any support during the process, scroll to the page bottom and click "Use Support"

**Please have your athletes Registered for the 2023-2024 school year in FF!! Parents MUST do their part BEFORE the athlete can do theirs.**

3. If you have a **high school student** and have already created an account, you do not need to create a second account. Simply log on and add your middle school student.

**Please register at: <https://mooresville-nc.finalforms.com/>**

**Rising 5th and 6th graders MUST select SELMA BURKE MIDDLE SCHOOL**

**PRESENT 7TH GRADERS AT MMS HAVE ALREADY BEEN MOVED TO SELMA BURKE**

and follow the prompts to create your account, create your student(s) and sign your forms. \*When it asks for your child's email address **PLEASE enter their SCHOOL EMAIL ADDRESS - Student number@students.mgsd.k12.nc.us**

**BE SURE TO INCLUDE A PARENT EMAIL AND THE STUDENTS SCHOOL EMAIL**

**\*\*\*\*\*PLEASE MAKE SURE YOU FILL OUT THE INFORMATION REQUESTED AND SIGN ALL OF THE FORMS PERTAINING TO YOUR CHILD'S SPORT. THIS IS REQUIRED BEFORE A STUDENT CAN PARTICIPATE IN TRYOUTS.**

If you need additional help on setting up your account click on this [link](#)

## **MUST HAVE A VALID ATHLETIC PHYSICAL ON THE REQUIRED STATE FORM**

In order to try out for any sport throughout the school year, or attend any summer or optional workout, you **MUST** have a **valid ATHLETIC PHYSICAL**. This physical must be recorded on the State required form. You may print the blank form off of FinalForms or go to the MMS website and there is a link on the Athletic page.

[This is the form you will need for your Physical](#)

On the top of the second page of the Doctor's form it **MUST BE MARKED**

- **ELIGIBLE FOR ALL SPORTS WITHOUT RESTRICTION**  
and it must include the Doctor's name, address, **SIGNATURE** and **DATE OF EXAM** at the bottom of that page.

**Once you enroll your athlete in Final Forms you should upload their physical onto FinalForms. You can also turn the original form into Ann Clark at Mooresville Middle school and she will be sure those attending Selma Burke will get the physical.**

### **ATHLETIC ELIGIBILITY:**

- All Rising 6th and 7th graders will automatically be academically eligible for the **first** semester of the school year 2023-2024.
- Rising 6th & 7th graders will become academically eligible for the **second semester of 2023-2024** (according to NC State regulations) by passing 3 of their 4 core classes and making progress toward being promoted. This will be reviewed at the Semester (January's) report card. This means their SEMESTER grade, NOT the 1st or 2nd Quarter grades, will be used to determine eligibility.
- A student must attend school for 85% of a semester to remain athletically eligible. They cannot miss more than 13 days of school during the first semester.

### **PRACTICE TIMES:**

- In August when school starts practice will start at 3:00 (right after school) and last until about 5:15. Each sport has their own practice schedule. In case of extreme heat we will move practice times to 6:00pm - 8:00pm.
  - Each coach will inform players of exact practice times

### **PLAYERS WHO MAKE A TEAM:**

- A parent and the athlete **MUST** attend a Mandatory Team meeting once they make the team. Each coach will schedule that meeting. Important team expectations, schedules and more will be discussed.
- **MIDDLE SCHOOL SPORTS TEAMS TAKE PRIORITY OVER OUTSIDE SPORTS OR TEAM ACTIVITIES.** Please be sure before you try out that you can commit to the school practice and game schedule.

IF YOU NEED MORE INFORMATION PLEASE EMAIL: [annclark@mgsd.k12.nc.us](mailto:annclark@mgsd.k12.nc.us)

## **SPORTS TEAMS OFFERED AT SELMA BURKE MIDDLE SCHOOL**

There is no charge to participate in the middle school sports program other than personal gear and shoes. We will offer optional apparel sales throughout the year.

- **CHEERLEADING** - Tryouts will be held before school is out this year **MAY 15, 16, 17 & 18 from 3:30 - 5:00 and will be held at EMIS each day**
  - 6th, 7th and 8th graders are eligible to try out. A JV team (6th and 7th graders) and a Varsity team (8th graders) will be chosen. - Information is available on the schools website
  - Practice and learning the cheers will take place on May 15, 16, 17 from 3:00 - 4:30 and the final tryout on May 18th from 3:00 - 4:30. Please check in at the gym entrance each day.
  - Practice times will be communicated to those that make the team by the coaches
- **IF YOU ARE WANTING TO TRYOUT FOR CHEERLEADING AT SELMA BURKE** CLICK ON THIS [LINK](#) AND READ EVERYTHING AND THEN FILL OUT THE FORM.

## SELMA BURKE FALL SPORTS TRYOUT INFORMATION

**FALL ATHLETICS:** Please note that tryouts for some teams will begin before school starts  
**FOOTBALL - 6th GRADERS ARE NOT ELIGIBLE FOR FOOTBALL**

- Optional Summer Workouts
  - Times and days will be announced on Parent Square, Students Canvas, schools websites and social media.
- Tryouts
  - July 26th, 27th, 28th, and 31st from 5:30pm - 8:00pm Football players (those that make the team) must have 8 days of practice before they can participate in a scrimmage or game (tryout days will count). First 2 days-helmets only, next 3 days full gear no body to body contact, next 3 days - full gear and body to body contact.  
For those that make the football team(s), beginning on Wednesday, August 9th (first day of school) practice will be from 3:00pm - 5:15pm (again this could change day by day to 6:00pm - 8:00pm due to heat)
- **CROSS COUNTRY**
  - Boys and Girls in 6th, 7th & 8th grade
  - Tryouts - Tuesday August 1st - Thursday August 3rd from 3:00 - 4:30pm. ON AUGUST 1st MEET AT THE MIDDLE SCHOOL GYM to check in. Please be running over the summer. The cross country course is just under 2 miles.

### **BOYS AND GIRLS TENNIS**

- Tryouts
  - **Tuesday August 1st - Thursday August 3rd from 3:00 - 4:30pm. ON AUGUST 1st MEET AT THE MIDDLE SCHOOL GYM at 2:30 to check in.. Be prepared for the time to be 6:00pm - 8:00pm due to heat. If so, meet at the gym at 5:30 to check in**
  - For those that make the teams, beginning on Wednesday, August 9th (the first day of school) practice will be from 3:00pm - 5:00pm ( **this could be changed to 6:00pm - 7:30pm due to heat**).

### **SOFTBALL**

- Tryouts **Tuesday August 1st - Thursday August 3rd from 3:00 - 4:30 pm. ON AUGUST 1st MEET AT THE MIDDLE SCHOOL GYM at 2:30 to check in. Be prepared for the time to be 6:00pm - 8:00pm due to heat. If so, meet at the gym at 5:30 to check in.**
- For those that make the team, beginning on Monday, August 9th (first day of school) practice will be from 3:00pm - 5:00pm (**again could be changed to 6:00pm - 8:00pm due to heat**)

**WINTER ATHLETICS:** Tryout information will be available 3-4 weeks before tryouts. The following dates are approximate. Announcements will be made on social media, in the MMS Student Group in Canvas, on the MMS website, and during the morning announcements.

- **WRESTLING**

- 6th, 7th and 8th grade students in a combined team
- Tryouts are usually right at the end of football - late October
- Season runs from late October up until Christmas break

- **VARSITY BASKETBALL**

- 2 teams - Girls and Boys - combined 6th & 7th for JV and 8th grade for Varsity - a 7th grader could make the Varsity team but if they do they **CANNOT** tryout or play for the JV team.
- Tryouts are usually right at the end of football - late October
- Season runs late October up until Christmas break

- **JV BASKETBALL**

- 2 teams - Girls and Boys - **ALL** 6th & 7th graders
- Tryouts will be held in October with the 8th graders but will not start practice until November 10th.
- Season runs January to early March

**SPRING ATHLETICS:** Tryout information will be available 3-4 weeks before tryouts. The following dates are approximate. Announcements will be made on social media, in the MMS Student Group in Canvas, on the MMS website, and during the morning announcements.

- **BASEBALL**

- A combined 6th, 7th and 8th grade team
- Tryouts normally occur in the first two weeks of February (2-3 days)
- Season runs from March to early May

- **SOCCER**

- 2 Teams - Girls and Boys - combined 6th, 7th and 8th graders
- Tryouts normally occur in the first two weeks of February (2-3 days)
- Season runs from March to early May

- **TRACK and FIELD**

- 2 Teams - Girls and Boys - combined 6th, 7th and 8th graders
- Tryouts normally occur in the last two weeks of February (2-3 days)
- Season runs from March to early May

- **VARSITY & JV VOLLEYBALL**

- Varsity - a girls team of 8th graders JV - a girls team of 6th and 7th graders Tryouts are usually in the first two weeks of February (2-3 days)
- Season runs from March to early May