Middlesex County/GMC Outdoor Championships Team Champions BOYS

Year	Team
1950	
1951	New Brunswick
1952	New Brunswick
1953	New Brunswick
1954	New Brunswick
1955	New Brunswick
1956	New Brunswick
1957	Highland Park
1958	Highland Park
1959	New Brunswick
1960	New Brunswick
1961	Woodbridge
1962	Woodbridge
1963	New Brunswick
1964	New Brunswick
1965	New Brunswick
1966	St. Joseph's
1967	St. Joseph's
1968	Highland Park

1969	St. Joseph's
1970	Metuchen
1971	Metuchen
1972	St. Joseph's
1973	Edison
1974	Edison
1975	St. Joseph's
1976	St. Joseph's
1977	St. Joseph's
1978	Piscataway
1979	East Brunswick
1980	South Brunswick
1981	Sayreville
1982	Sayreville / Piscataway
1983	St. Joseph's
1984	East Brunswick
1985	Perth Amboy
1986*	St. Joseph's
1987	East Brunswick
1988	St. Joseph's
1989	JFK-Iselin
1990	St. Joseph's
1991	St. Joseph's

1992	St. Joseph's
1993	Piscataway
1994	South Brunswick
1995	Piscataway / Old Bridge
1996	Old Bridge
1997	St. Joseph's
1998	St. Joseph's
1999	Old Bridge
2000	St. Joseph's
2001	Piscataway
2002	Old Bridge
2003	Old Bridge
2004	Old Bridge
2005	Old Bridge
2006	Old Bridge
2007	Old Bridge
2008	Old Bridge
2009	St. Joseph's
2010	Old Bridge
2011	East Brunswick
2012	South Brunswick
2013	South Brunswick
2014	South Brunswick

2015	South Brunswick
2016	South Brunswick
2017	Old Bridge
2018	South Brunswick
2019	South Brunswick
2020	MEET NOT HELD
2021	South Brunswick
2022	South Brunswick
2023	South Brunswick
2024	South Brunswick
2025	North Brunswick

^{*} First year of the Greater Middlesex Conference

Number of Titles won since GMC was formed

Old Bridge	12
South Brunswick	12
St. Joseph's	9
Piscataway	3
East Brunswick	2
JFK-Iselin	1
North Brunswick	1

NOTE: Starting in the 1994-95 season, Madison Central merged with Cedar Ridge to become Old Bridge