

2026 Saints' Summer Volleyball Information

Prepare for the High School Season!

Saints' summer volleyball opportunities are **not mandatory** but are highly encouraged to help Aquinas girls train, improve, and play together before the season.

Players are responsible for knowing the summer schedule and communicating absences to Coach Ikenberry or Johnny Beck.


Information and Tryout Email Distribution List: [Please fill out to get on the email list.](#)

Strength & Agility Training

Option 1: Training with Johnny Beck

 **Location:** Advent Health Sports Park at Bluhawk (16201 Shawnee Drive, Stilwell, KS 66085)

 **Dates:** Jun 2, 2026 - Aug 15, 2026

 **Aquinas VB Training:** Mon/Wed/Fri, 9:00 AM - 11:00 AM

 **Register:** [LINK](#)

 **\$325 for the summer program**

 **Questions?** Contact Johnny Beck at jbeck@bluhawksports.com


Option 2: Strength Training at Saint Thomas Aquinas

STA also offers a great strength program. Details and payment information can be found on the STA website.

Volleyball Camps - High Priority

Coach Ebel's 3-Day Camp


 **June 8-10** |  **6:00-TBD PM** |  **STA Gym**

 **\$100** (Venmo: @Billy-Ebel or bring a check made out to Billy Ebel the first night of camp.)

 **Register:** [Sign Up Here](#)

High School Volleyball Camp

 July 13-16 |  5:00-7:30 PM

 \$100 (Venmo: @Chris-Sarah-Ikenberry or bring a check the first day of camp made out to Sarah Ikenberry)

 Register: [Sign Up Here](#)

Open Gym


 Mondays | 5:30-7:00 PM | Dates June 15, June 22, July 6, July 20 and July 27

JUNE 29 - OFF FOR SUMMER MORATORIUM

- ◆ Open to any potential Saints volleyball player
 - ◆ Focus on fundamentals and team play
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Service Hours Opportunity

Help with Lil' Saints Volleyball Camps to earn **non-corporal service hours!**

 Sessions: June 1-3 & July 6-16 (Various times & age groups)


 Sign Up: [LINK HERE](#)

Physical & Concussion Form

Every player **must** submit a **physical & concussion form** to *PRIVIT* before tryouts.

 Submit Here: [STA Athletics - Physicals](#)


Tryouts

 Monday, August 17


 Times will be posted on our website during the summer

 Questions? Contact Coach Sarah Ikenberry – sikenberry@stasaints.net


For updates, follow:

 Facebook: Saints Volleyball

 **Website:** STA Saints Athletics

 **Instagram:** @stasaintsvball

 **Twitter:** @stasaintsvball

 **Join the GroupMe!** "Saints Summer Volleyball 2026"

You're invited to my new group 'Saints Summer Volleyball 2026' on GroupMe. Click here to join:
https://groupme.com/join_group/112996949/bm1YAM2Z



We're looking forward to an **amazing** summer of volleyball!