

FULLY LICENSED THERAPIST - JOB DESCRIPTION

Position Overview: A licensed therapist will provide outpatient therapy to patients of Tabula Rasa Psychology, PLLC, with a focus on reproductive mental health. Clinical therapy services include treatment across the full reproductive spectrum—fertility, infertility, pregnancy loss, terminations for medical reasons (TFMR), termination for any reason, perinatal mood and anxiety disorders (PMADs), perimenopause, and menopause. Our clients are primarily cisgender women, nonbinary individuals, and transmen. We are seeking a fully licensed therapist who is trauma-informed, affirming of all gender identities, anti-racist, social justice minded, and ready to be part of a dynamic, fun, and collaborative team.

About Tabula Rasa Psychology: Founded on inclusivity, strong ethics, and a commitment to reducing mortality and morbidity rates for birthing persons in Texas, our practice values authenticity and comprehensive care. We believe in creating the best atmosphere for our patients and staff while giving back to our community. Our mission is to help members of our communities reconnect with what's truly important and thrive, both in their own lives and relationships. We strive to make wellness a down-to-earth practice. Our vision is to eliminate mental health stigma by creating awareness of, appreciation for, and acceptance of mental health self-care.

We are not interested in short-term goals that grind the life force out of ourselves, leading to burnout. We are very interested in taking exquisite care of ourselves, which allows us to care for others. We put the oxygen mask on ourselves first, almost always.

Our Values: Tabula Rasa Psychology lives by values that guide who we are as a team and how we present to our communities. We hire staff who bring these values to life.

Creating strong relationships: Building strong, meaningful relationships is a basic need for all of us. We value building relationships within our community and helping our patients do the same. It's also a hallmark of our business to promote strong, lasting bonds within our team and to work collaboratively both in the office and out in the community.

Serving the community: Part of our mission is to contribute to promoting wellness within the community. We accept most insurance plans and almost every Texas Medicaid plan because we've found that clients are more likely to prioritize and maintain their mental health care when they can budget for it using their insurance coverage. We treat each patient with utmost dignity and provide excellent care regardless of financial status.

Promoting inclusion: We promote hiring clinicians of varying backgrounds, beliefs, and specialties to better serve the diverse and unique experiences of our patients. We show up for the queerdos, marginalized communities, and are working to help reduce the perinatal mortality rate in Houston.

Reports to: Dr. Blythe TwoSisters, PsyD/Licensed Psychologist

Duties/Responsibilities:

- Perform virtual clinical counseling services to patients, as scheduled, and in accordance with company policies.
- Maintain regular and reliable attendance and timely arrival to virtual sessions. If you are scheduled to see patients, you show up and avoid last-minute changes to the best of your ability.
- Be properly licensed and abide by all laws, rules, regulations, and codes of ethics applicable to the services performed.
- Respond to patients' requests for service or calls within 24 hours. Respond to such requests by meeting, evaluating, and providing services to such patients.
- Communicate with a patient's treatment team (i.e., PCP, psychiatrist, midwife, etc.) as necessary.
- Complete written documentation for each patient within 48 hours of sessions or as requested, including intake notes, progress notes, treatment plans, termination notes, and other required forms.
- Provide informed consent to patients regarding payment processes consistent with practice policies.
- Attend mandatory weekly staff/supervision "Rock Talk" meetings on Wednesday mornings (9:30-11:00 AM).
- Present when assigned for didactic learning.
- Conduct services in a professional manner to maintain and increase the goodwill and reputation of the practice.
- Be respectful, cooperative, and collaborative with co-workers of Tabula Rasa Psychology and Preggers Can Be Choosers.

- Participate in the funky company culture that shows up for underrepresented individuals.

Technical Requirements:

- Reliable internet connection (that others in your household don't use during sessions)
- Working computer with webcam and sufficient storage for the necessary software
- Good quality headset (non-negotiable)
- Private workspace
- Professional virtual background
- Proper lighting so clients can see you clearly

Qualifications and Skills:

- Active, unrestricted license (LP, LPC, LCSW, LMFT) in the State of Texas
- Trauma-informed approach to care
- Comfort with full spectrum reproductive care, including abortion services
- Ability to keep up with administrative tasks associated with group practice
- Strong written and verbal communication skills
- Team player who values collaboration
- Organized and detail-oriented
- Ability to work independently while knowing when to ask for help
- Experience in taking insurance (preferred but not required)
- Prior experience in private practice setting (preferred but not required)

Compensation Structure: This is a contract position (1099) with compensation based on a percentage split of insurance payments received. The split ranges from 45-55% based on experience. The position can be part-time, full-time, or a side hustle alongside other professional commitments. Many clinicians start part-time and increase hours as their caseload builds.

Practice Support: Our practice manager handles everything from client inquiries to bookings, insurance billing, and payments. You don't have to do much until the patient shows up on your schedule. This allows you to focus on becoming the clinician you've dreamed of being, with time to write notes, participate in needed training, and actually live a life worth having.

This position is perfect for you if you're:

- Aligned with our mission, vision, and values
- Someone who never thought you would find a place where you could be your whole self at work
- Energized by helping others and contributing to the growth of our practice
- Social justice-oriented and practicing anti-racism work
- Creative and excited by furthering our mission to make wellness accessible
- Fluent in woo, LGBTQIA+, poly, kink, and understand theology as a spectrum
- Able to take direct and constructive feedback and run with it
- Interested in preventing burnout and supporting longevity in our profession
- Looking for schedule autonomy and work-life integration

This Position is NOT Right for You If You're:

- Someone is just looking for a job to clock in and out of
- Someone who doesn't feel passion for our mission, vision, and values
- Someone who's not a team player or prefers not to work collaboratively
- Someone motivated primarily by maximizing income
- Someone is uncomfortable serving LGBTQ+ communities
- Someone not trauma-informed in their approach to care
- Someone uncomfortable with any aspect of full spectrum reproductive care, including abortion services
- Someone who believes burnout is inevitable in mental health work
- Someone who can't keep up with the administrative tasks of group practice
- Someone who believes therapy should only happen in conservative office settings

Application instructions:

For consideration, please apply at

<https://tabularasapsychology/work-here/>