



The Sports Parent's Code: 10 Essential Rules

LOVB Parent Council

1. **Unconditional Love Comes First** – Win or lose, your child needs your support
2. **Respect the Coach's Role** – Let them lead; you're there to cheer, not interfere
3. **Fun is Non-Negotiable** – If they're not enjoying it, what's the point?
4. **Be Honest About Their Abilities** – Encourage growth, but stay realistic
5. **Step Up & Help Out** – Volunteer and be part of the team's success
6. **Their Journey, Not Yours** – Don't push your past dreams onto them
7. **No Comparisons** – Every child is unique; measure progress, not others
8. **Stay Grateful** – Appreciate the coaches, the opportunity, and the effort
9. **Cheer for the Whole Team** – Sports are about camaraderie, not just stardom
10. **Keep the Big Picture in Mind** – Lessons learned go far beyond the game